




## Module Specification

Part 1: Identification					
Module Title	Advanced Sports Therapy				
Module Code	HSPX64-30-7	Level	7	Version	2.1
Department	Sport	Credit Rating	30	ECTS Credit Rating	15
Contributes towards	MSci Sports Therapy (Equestrian)				
Pre-requisites	None		Module Type	Standard	
Excluded Combinations	None		Module Entry requirements	None	
Last Major Approval Date	V1.0 1 <sup>st</sup> September 2017		Valid from	1 <sup>st</sup> September 2018	
Amendment Approval Date	V2.1 31 August 2018		Revised with effect from	V2.1 01 September 2018	

Part 2: Learning and Teaching	
Learning Outcomes	<p>On successful completion of this module students will be able to:</p> <ol style="list-style-type: none"> <li>1. Critically evaluate and review current research and underpinning theory of rehabilitation and treatment modalities (A &amp; B)</li> <li>2. Be able to compose, apply and defend safe, effective and appropriate pre and post-surgical treatment and rehabilitation according to the literature (A &amp; B).</li> <li>3. Apply advanced sports therapy treatment techniques with clear clinical reasoning (B)</li> <li>4. Demonstrate advanced clinical reasoning skills and diagnostic techniques through evidence based practise (A &amp; B)</li> <li>5. Understand and appraise the roles of a multi-disciplinary team (A&amp;B)</li> <li>6. Validate biomechanical assessments and its role with injury prevention (B).</li> </ol>
Syllabus Outline	<ul style="list-style-type: none"> <li>• Treatment techniques include (but not limited to): Mulligan mobilisations, Neural mobilisations, Myofascial release, Soft tissue release instruments</li> <li>• Pre/post-surgical interventions of all common sporting related injuries</li> <li>• Diagnostic techniques- including the theory diagnostic imaging, and additional practical diagnostic tests.</li> <li>• Multi-disciplinary team: strength and conditioning coaches, doctors, surgeons, coaches, physiotherapists, osteopaths, chiropractors, nutritionists, podiatrist, etc.</li> </ul>

	<ul style="list-style-type: none"><li>Strength and conditioning: clear understanding of technical training techniques for upper and lower limb. Advanced assessment of strength, power, agility testing. Enhanced biomechanical assessment of walking, jogging and running gait.</li></ul>																																								
Teaching and Learning Methods	<p><b>Scheduled learning</b> includes lectures, seminars, tutorials, project supervision, demonstration, practical classes and workshops; fieldwork; external visits; work based learning; supervised time in studio/workshop.</p> <p><b>Independent learning</b> includes hours engaged with essential reading, case study preparation, assignment preparation and completion etc. These sessions constitute an average time per level as indicated in the table below. This learning will not be scheduled and will not appear on your timetable.</p> <p><b>Voluntary Work</b> Students are strongly encouraged to engage in relevant volunteering to enhance the theory to practice relationship, and their employability.</p>																																								
Key Information Sets Information	<p>HEFCE require Unistats information to be produced at programme level for all undergraduate programmes of more than one year in length. These are comparable sets of standardised information about undergraduate courses allowing prospective students to compare and contrast between programmes they are interested in applying for.</p> <table><tr><th colspan="5">Key Information Set - Module data</th></tr><tr><td colspan="5">Number of credits for this module</td></tr><tr><td colspan="4"></td><td>30</td></tr><tr><td>Hours to be allocated</td><td>Scheduled learning and teaching study hours</td><td>Independent study hours</td><td>Placement study hours</td><td>Allocated Hours</td></tr><tr><td>300</td><td>72</td><td>228</td><td>0</td><td>300</td></tr><tr><td colspan="5"></td></tr></table> <p>The table below indicates as a percentage the total assessment of the module which constitutes a -</p> <p><b>Written Exam:</b> Unseen written exam, open book written exam, In-class test <b>Coursework:</b> Written assignment or essay, report, dissertation, portfolio, project <b>Practical Exam:</b> Oral Assessment and/or presentation, practical skills assessment, practical exam</p> <p>Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:</p> <table><tr><td colspan="2">Total assessment of the module:</td></tr><tr><td>Written Exam assessment percentage</td><td>0%</td></tr><tr><td>Coursework assessment percentage</td><td>0%</td></tr><tr><td>Practical exam assessment percentage</td><td>100%</td></tr><tr><td></td><td>100%</td></tr></table>	Key Information Set - Module data					Number of credits for this module									30	Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours	Allocated Hours	300	72	228	0	300						Total assessment of the module:		Written Exam assessment percentage	0%	Coursework assessment percentage	0%	Practical exam assessment percentage	100%		100%
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Reading Strategy	<p>Core material will be indicated to the student via pre-course material, module guides and through their accessing a dedicated VLE programme presence.</p> <p>Students are expected to identify all other reading relevant to their chosen topic for themselves. They will be required to read widely using the library catalogue, a variety</p>																																								

	<p>of bibliographic and full text databases, and Internet resources. Many resources can be accessed remotely. The purpose of this further reading is to ensure students are familiar with current research, classic works and material specific to their interests from the academic literature and wider professional sources.</p> <p><b>Access and skills</b></p> <p>Formal opportunities for students to develop their library and information skills are provided within the induction period and student skills sessions. Additional support is available through online resources. This includes interactive tutorials on finding books and journals, evaluation information and referencing. Sign up workshops are also offered.</p>
Indicative Reading List	<p><i>The following list is offered to provide the Curriculum Approval Committee/accrediting bodies with an indication of the type and level of information students may be expected to consult. As such, its currency may wane during the life span of the module specification. However, as indicated above, CURRENT advice on readings will be available via other more frequently updated mechanisms.</i></p> <p>Hing, W., Hall, T., Rivett, D., Vicenzino, B. and Mulligan, B. (Current Edition) <i>The Mulligan Concept of Manual Therapy: Textbook of Techniques</i>. Edinburgh: Churchill Livingstone.</p> <p>Manske, R., C. (Current Edition) <i>Postsurgical Orthopaedic Sports Rehabilitation: Knee &amp; Shoulder</i>. St. Louis. Mosby Elsevier.</p> <p>Masciocchi, C. (Current Edition) <i>Radiological Imaging of Sports Injuries</i>. London: Springer.</p> <p>Myers, T. (Current Edition) <i>Anatomy Trains: Myofascial Meridians for Manual and Movement Therapist</i>. Edinburgh: Churchill Livingstone.</p> <p>Neumann, D. and Kelly, E.R. (Current Edition) <i>Kinesiology of the Musculoskeletal System: Foundations for Rehabilitation</i>. St. Louis, USA: Mosby</p> <p>Journals</p> <p>British Journal of Sports Medicine</p> <p>Journal of Orthopedic and Sports Physical Therapy</p> <p>Journal of Sports Rehabilitation</p>

Part 3: Assessment	
Assessment Strategy	<p>The assessment of knowledge and understanding is through a variety of formative and summative means in relation to professional body requirements and industry expectations. Students are assessed on their clinical reasoning skills. The examinations are focused on developing a greater depth of knowledge of the five core competencies for the Society of Sports Therapists.</p> <p>Presentation; students will need to critically evaluate the literature on a randomly selected injury, review the assessment (including diagnostic techniques), rehabilitation and treatment (including surgical interventions) and role of other disciplines in this management. The students will also be required to defend their presentation and it will also be peer reviewed.</p> <p>Practical; students will have to practical demonstrate the skills/techniques taught in class for a given case study. Following this a discussion on clinical reasoning and referral will be performed.</p> <p>In line with the Institution's commitment to facilitating equal opportunities, a student may apply for alternative means of assessment if appropriate. Each application will be considered on an individual basis taking into account learning and assessment needs. For further information regarding this please, refer to the VLE.</p> <p>Formative feedback and guidance can be gained in the module delivery, on the VLE, in tutorials and in revision sessions. Summative feedback can be gained on assignment scripts, on the practical examination feedback forms and on the VLE.</p> <p><b>Students are required to gain a minimum of 50% in each component and element. In addition no compensation may be applied.</b></p>


Identify final assessment component and element	Practical Exam	
% weighting between components A and B (Standard modules only)	A:	B:
	40%	60%
Component A (controlled conditions) Description of each element	Element weighting (as % of component)	
1. Presentation (30mins)	40%	
Component B Description of each element	Element weighting (as % of component)	
1. Practical Exam (35mins)	60%	

Resit (further attendance at taught classes is not required)	
Component A (controlled conditions) Description of each element	Element weighting (as % of component)
1. Presentation (30mins)	40%
Component B Description of each element	Element weighting (as % of component)
1. Practical Exam (35mins)	60%
If a student is permitted a retake of the module under the Academic Regulations and Procedures, the assessment will be that indicated by the Module Specification at the time that retake commences.	

## Module Approval Log

<b>Module Title:</b>	Advanced Sports Therapy
<b>Module Code:</b>	HSPX64-30-7
<b>Initial Approval Date:</b>	01 September 2017
<b>Approved by:</b>	Hartpury Curriculum Approval Committee

**Changes:** *Most recent at the top of the page*

<b>Current version number:</b> v.2.0	
<b>Outline Change Details:</b> Adopting new naming system for programmes	
<b>Material Alteration:</b> No	
<b>Rationale:</b> To reflect the Hartpury Academic Regulations	
<b>Change requested by:</b> Academic Registrar	
<div style="display: flex; justify-content: space-between;"> <div><b>Signature:</b> </div> <div><b>Date:</b> 01 August 2018</div> </div>	
<b>Approval Committee and Date:</b>	Curriculum Validation Committee 2018 08 31
<b>Change approved with effect from:</b>	01 September 2018
<b>Resulting new version number:</b>	v.2.1

<b>Current version number:</b> 1	
<b>Outline Change Details:</b> 1. Update of valid to and from dates	
<b>Material Alteration:</b> No	
<b>Rationale:</b> 1. The Sport Periodic Curriculum Review (PCR) on 2 <sup>nd</sup> May 2018 confirmed revalidation of the module.	
<b>Change requested by:</b> PCR 02 May 2018	
<div style="display: flex; justify-content: space-between;"> <div><b>Signature:</b></div> <div><b>Date:</b></div> </div>	
<b>Approval Committee and Date:</b>	PCR 02 May 2018
<b>Change approved with effect from:</b>	01 September 2018
<b>Resulting new version number:</b>	2