
BSc (Hons) Sports Coaching (with Foundation Year)

UCAS Code: CF00

Award on completion of programme: BSc (Hons) Sports Coaching

Professional body accreditation: None

Location of study: Hartpury University.

Length of programme: Four years full-time. Part-time options are available.

Language of the programme: This programme is taught in English.

Entry Requirements:

General: A minimum of 5 GCSE A* to C, (or 9 to 4 where numeric grades are being awarded), including English Language and Mathematics.

A-levels: Typical offer is DD to EE, which should include a minimum of one A level.

Vocational Award: Typical offer is a PPP in an Extended Diploma or equivalent.

International Baccalaureate: We welcome students with the International Baccalaureate Diploma qualification. Typical offer is 48 UCAS tariff points in an IB Diploma, to include a minimum of one Higher at H3 or above. This must also include Maths and English Language at a minimum of Standard Level S3 if equivalent GCSE's have not been obtained. Please contact the admissions team for more information.

Access: We welcome students with Access qualifications. Typical offer is 32-48 UCAS tariff points in an Access to Higher Education Diploma. Please contact the admissions team for more information.

Mature and international applicants: Mature and international applicants are welcomed. Mature applicants that are not applying for a programme straight from formal education will be expected to demonstrate suitability for the course.

In the case of international applications, we will attempt to establish the equivalency of qualifications and the same criteria and assessment is used as for home students. An IELTS English qualification is expected for international applicants without a GCSE Grade C or above (or 9 to 4 where numeric grades are being awarded) in English Language.

If you have completed learning towards a university level qualification, perhaps at another institution or with a professional body or have relevant work experience then you may be able to gain credit for this and/or enter the course at a later point than standard year one entry. For further information please contact our Admissions team, who will be pleased to help you.

Personalised offers will be made to each applicant based on their own merits. Non-academic and academic achievement will be considered.

Timetables: Both full-time and part-time students on the programme will start in September 2019. This programme is taught over two semesters, normally consisting of 12 weeks of scheduled teaching and then

assessment weeks. The academic calendar can be found at: <http://www.hartpury.ac.uk/uni-termdates/>. During scheduled teaching you will have a day without timetabled sessions to support you in managing your workload, gaining valuable volunteering and work experience and completing part-time work. For the 2018/19 year that day is a Wednesday. Timetables are normally available during registration. Please note that while we make every effort to ensure that timetables are as student-friendly as possible, scheduled teaching can take place at any time between 8:30 to 20:30 Monday to Friday, although Wednesday afternoons are normally reserved for sports and cultural activities. Work placements may entail working on different days and different hours, depending on the opportunity you identify. Part-time students should be advised that as their route is dependent on the full-time course's timetable there is the possibility depending on the modules chosen that the student could be required to attend five days a week.

Programme Composition: This programme is comprised of different modules, which focus on specific subjects. The modular structure of the programme gives you flexibility and choice and you can attend introductory sessions for optional modules before having to finally decide which ones you wish to study. We usually offer all optional modules available to students however if we believe that we are unable to offer a high quality student experience (which can be particularly affected by low student demand) then we may make the decision not to offer it. If an optional module will not be run, we will advise you as soon as possible and help you choose an alternative module. Our teaching is informed by research, and modules change periodically to reflect developments in the discipline. These changes are informed by both industry and student consultation.

On completion and passing of these modules you gain academic credit that accumulates towards your award. The marks you gain for these modules in your second and third year may contribute towards your overall award mark and outcome. The modules contain mixture of scheduled learning, independent learning and sometimes learning whilst on work placement. Students will receive a minimum of 15 hours scheduled contact per week in lectures, seminars and practicals in their first year. In subsequent years scheduled contact will vary depending on the modules you select but is typically around 12 hours per week. Students are expected to dedicate at least two to three hours of independent study per contact hour. This programme offers an optional study abroad programme. The programme is intended to match national sport governing body frameworks as far as possible. All staff in this programme have significant experience within the sports industry. Some modules may bring in guest lecturers to provide topical and industry-relevant talks.

	Scheduled Contact Learning (%)	Placement Learning (%)	Independent Learning (%)
Year 0	30	0	70
Year 1	24	0	76
Year 2	24	0	76
Year 3	18	0	82

Compulsory Modules

Year 0:

- **Foundation skills development**
The module aims to give students an understanding of the scientific method and enquiry, team working, research skills and effective time management.
- **Academic skills in practice (internship)**
The module aims to develop reflective, practical and transferable skills in preparation for level 4 study based on an internship role at Hartpury linked to the student's programme of study.
- **Reviewing literature**
The aim of the module is to develop student understanding and knowledge of literature reviews including constructing a rationale, summarising and presenting relevant information to suit a purpose, subject and audience.
- **Foundation biological principles**
The study of fundamental biological aspects to provide a clear understanding of how organisms come about and how they function and operate for survival and performance.
- **Foundation in sports science**
The introduction of central human anatomy and physiology and its adaption to sport training together with external and intrinsic factors that impact on the performance of the athlete.

Year 1:

- Coaching and Teaching Portfolio – Theory
 - Students will apply coaching theory to evaluate their own abilities and illustrate personal development through their first year.
- The Sport and Exercise Professional
 - Students will be introduced to academic and research skills whilst working with students from other sports science disciplines and will determine professional needs in preparation for a career in sport and exercise.
- Introduction to Sport and Exercise Psychology
 - Learn the key theories in sport and exercise psychology to understand behaviours.
- Introduction to the Sport Industry
 - Investigate how participation is influenced by the structure, leadership and organization of sport.
- Introduction to Sport Exercise Physiology
 - Learning the biological systems used during exercise.
- Comparative Sports Study
 - Studying the historical and political influences that have shaped the organization, rules and coaching practice in a chosen sport as well as how this is influenced by performance profiling.

Year 2 modules may include:

- Coaching and Teaching Portfolio –Pedagogy
 - Students will evaluate their own ability to educate others and develop learning strategies
- Coaching Children
 - Study methods and theories of coaching practice and identify their appropriateness for children
- The Sport and Exercise Scientist
 - Understand how multidisciplinary teams work together in sport and exercise whilst providing opportunity to evidence continued professional development. In addition, this module introduces students to the methods of research and analysis required for projects in the future.

Optional modules: These are generally designed to develop students' understanding of leadership and sports theories, becoming more focused on independent study and reflection. This programme also usually offers an optional module that allows students to study abroad.

Year 3 modules will include:

- Undergraduate Dissertation
 - Students will partake in independent research and analysis in a related area of their choice
- Coaching and Teaching Portfolio – Reflective Coaching
 - Students will critically reflect on their own coaching abilities and how they have developed over the duration of their programme.
- High Performing Athletes
 - Students will evaluate the leadership and management of Sport science support within the performance environment

Optional modules: Students can select to study subjects such as performance, inclusivity, and contemporary issues in sport.

Assessment Method: You will be assessed through a mixture of written exams, practical exams, and written assignments. Many of the modules will be marked based on a mixture of assessment types, whilst others will be based solely on one type of assessment.

	Written Examination (%)	Coursework (%)	Practical Examination (%)
Year 0	12	44	44
Year 1	19	31	50
Year 2	6	46	48
Year 3	13	56	31

Discounts and special support associated with enrolling on the programme: Hartpury also subsidises optional short courses for a reduced cost that give students the opportunity to gain relevant experience and qualifications prior to graduation. These are in addition to the discounts Hartpury usually offers to its students, such as free Wi-Fi on site and Microsoft Office packages etc. There is lots of support available to you whilst you study including allocation of a personal academic tutor that you will meet for 1:1 sessions and other services detailed at <https://www.hartpury.ac.uk/university/facilities/life-at-hartpury/student-support>

Costs associated with the programme: The cost of the programme will be £9250 per year for UK and EU students subject to government approval. We will only increase our fees in accordance with guidelines laid down by OFFA. Whilst not essential to purchase all kit, it is recommended coaching students obtain a polo shirt, jogging bottoms, hoody and/or waterproof jacket, which are available on Hartpury's online shop. Throughout their degree students will also have the opportunity to engage in a number of CPD opportunities arranged through Hartpury. These will run at an additional cost however they are not compulsory.

Opportunities for students can require a Disclosure and Barring Service (DBS) check that is paid for by the student.

How do I join a Sports Academy?

If you would like to represent one of the Academy sports at Hartpury in the 2019/20 season then you must become a member of the Sports Academy.

The cost of the Sports Academy Membership fee for a HE student is currently £220 a year (this also includes a free student gym membership for the year).

How do I purchase Hartpury Sports kit?

Visit the Hartpury College online shop which you can access via the Hartpury website, at <http://estore.hartpury.ac.uk/>. You can then purchase the kit which is relevant to your course or sport.

For Part Time costs please refer to the Hartpury Fee policy <http://www.hartpury.ac.uk/about-us/governance-and-policies/governance-and-policies/>

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This Course Information Sheet is accurate as at 12 March 2019.



Programme Information Sheet for 2019 entry

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Year 2	24	0	76
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Compulsory Modules

Year 0:

- **Foundation skills development**
The module aims to give students an understanding of the scientific method and enquiry, team working, research skills and effective time management.
- **Academic skills in practice (internship)**
The module aims to develop reflective, practical and transferable skills in preparation for level 4 study based on an internship role at Hartpury linked to the student's programme of study.
- **Reviewing literature**
The aim of the module is to develop student understanding and knowledge of literature reviews including constructing a rationale, summarising and presenting relevant information to suit a purpose, subject and audience.
- **Foundation biological principles**
The study of fundamental biological aspects to provide a clear understanding of how organisms come about and how they function and operate for survival and performance.
- **Foundation in sports science**
The introduction of central human anatomy and physiology and its adaption to sport training

together with external and intrinsic factors that impact on the performance of the athlete.

Year 1:

- Coaching Practice Portfolio – Coaching Theory
Students will apply coaching theory to evaluate their own abilities and illustrate personal development through their first year.
- Academic Skills for Sport
Helps students develop skills to be successful in university.
- Introduction to Sport and Exercise Psychology
Learn the key theories in sport and exercise psychology to understand behaviours.
- Sport Development and Leadership
Investigate how participation is influenced by the structure, leadership and organization of sport.
- Introduction to Exercise Physiology
Learning the biological systems used during exercise.
- Skill Acquisition
Study motor control and its relation to the principles of sport and exercise behaviours.
- Comparative Sports Study
Studying the historical and political influences that have shaped the organization, rules and coaching practice in a chosen sport as well as how this is influenced by performance profiling.

Year 2 modules may include:

- Coaching Practice Portfolio – Coaching Pedagogy
 - Students will evaluate their own ability to educate others and develop learning strategies
- Coaching Children
 - Study methods and theories of coaching practice and identify their appropriateness for children
- Undergraduate Research Process
 - This module introduces students to the methods of research and analysis required for their dissertation

Optional modules: These are generally designed to develop students' understanding of leadership and sports theories, becoming more focused on independent study and reflection. This programme also usually offers an optional module that allows students to study abroad.

Year 3 modules will include:

- Undergraduate Dissertation
 - Students will partake in independent research and analysis in a related area of their choice
- Coaching Practice Portfolio – Reflective Coaching
 - Students will critically reflect on their own coaching abilities and how they have developed over time

Optional modules: In the past, these have focused on performance, communication, and contemporary issues in sports but the offer is variable.

Assessment Method: You will be assessed through a mixture of written exams, practical exams, and written assignments. Many of the modules will be marked based on a mixture of assessment types, whilst others will be based solely on one type of assessment.

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This Course Information Sheet is accurate as at 13th September 2018.