



HARTPURY
UNIVERSITY

Programme Information Sheet for 2020 entry

FdSc Sport Performance and Coaching

UCAS Code: C607

Award on completion of programme: FdSc Sport Performance and Coaching

Professional body accreditation: None

Location of study: Hartpury University. Work placements can be undertaken in the UK or abroad.

Length of programme: Two years full time. Part time options are available.

Language of the programme: This programme is taught in English.

Entry Requirements

General: A minimum of 5 GCSE A* to C, (or 9 to 4 where numeric grades are being awarded), including English Language and Mathematics.

A-levels: Typical offer is CC or equivalent. This must include a minimum of one A Level preferably in a Biological science, Sports Studies or PE subject and excludes General Studies.

Vocational Award: Typical offer is a MPP in an Extended Diploma or equivalent in a relevant subject

International Baccalaureate: We welcome students with the International Baccalaureate Diploma qualification. Offers will be based upon the constituent components preferably to include a grade 3 at higher level biological science. Please contact the admissions team for more information.

Access: We welcome students with Access qualifications. Certain programmes require a pass at level 3 in specific units. Please contact the admissions team for more information.

Mature and international applicants: Mature and international applicants are welcomed. Mature applicants that are not applying for a programme straight from formal education will be expected to demonstrate suitability for the course.

In the case of international applications, we will attempt to establish the equivalency of qualifications and the same criteria and assessment is used as for home students. An IELTS English qualification of 6.0 is expected for international applicants without a GCSE Grade C or above (or 9 to 4 where numeric grades are being awarded) in English Language.

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Personalised offers will be made to each applicant based on their own merits. Non-academic and academic achievement will be considered.

Timetables: Both full-time and part-time students on the programme will start in September 2020. This programme is taught over two semesters, normally consisting of 12 weeks of scheduled teaching and then assessment weeks. The academic calendar can be found at: <http://www.hartpury.ac.uk/uni-termdates/>. During scheduled teaching you will have a day without timetabled sessions to support you in managing

your workload, gaining valuable volunteering and work experience and completing part-time work. Timetables are normally available during registration. Please note that while we make every effort to ensure that timetables are as student-friendly as possible, scheduled teaching can take place at any time between 08:30 to 20:30 Monday to Friday, although Wednesday afternoons are normally reserved for sports and cultural activities. Work placements may entail working on different days and different hours, depending on the opportunity you identify. Part-time students should be advised that as their route is dependent on the full-time course's timetable there is the possibility depending on the modules chosen that the student could be required to attend five days a week.

Programme Composition: This programme is comprised of different modules, which focus on specific subjects. The modular structure of the programme gives you flexibility and choice and you can attend introductory sessions for optional modules before having to finally decide which ones you wish to study. We usually offer all optional modules available to students however if we believe that we are unable to offer a high quality student experience (which can be particularly affected by low student demand) then we may make the decision not to offer it. If an optional module will not be run, we will advise you as soon as possible and help you choose an alternative module. Our teaching is informed by research, and modules change periodically to reflect developments in the discipline. These changes are informed by both industry and student consultation.

On completion and passing of these modules you gain academic credit that accumulates towards your award. The marks you gain for these modules in your second year contribute towards your overall award mark and outcome. The modules contain mixture of scheduled learning, independent learning and sometimes learning whilst on work placement. Students will receive a minimum of 15 hours scheduled contact per week in lectures, seminars and practicals in their first year. In subsequent years scheduled contact will vary depending on the modules you select but is typically around 12 hours per week. Students are expected to dedicate at least two to three hours of independent study per contact hour. Students also currently complete 220 mandatory hours of work placement within the sports industry across their two years of study. Much of this programme was designed based on the input of employers and industry professionals to give students a better understanding of what is expected of them as professionals. Some modules may bring in guest lecturers to provide topical and industry-relevant talks.

	Scheduled Contact Learning (%)	Placement Learning (%)	Independent Learning (%)
Year 1	20	7	73
Year 2	20	12	68

Year 1

Compulsory modules

- Learning in the Performance Environment
Students undertake 80 hours of pre-approved work placement and consider how their experience links to the themes of their programme.
- The Sport and Exercise Professional
Students will be introduced to academic and research skills whilst working with students from other sports science disciplines and will determine professional needs in preparation for a career in sport and exercise.
- Introduction to Sports and Exercise Psychology
Learn the key theories in sport and exercise psychology to understand athlete behaviour.
- Introduction to Exercise Physiology
Learning the biological systems used during exercise.
- Comparative Sports Study
Studying the historical and political influences that have shaped the organization, rules and coaching practice in a chosen sport as well as how this is influenced by performance profiling.
- Introduction to Sports Coaching
Discuss leadership theories and types of coaching processes and practices.

Year 2

Compulsory modules

- Developing the Performance Environment
Students undertake 140 hours of pre-approved work placement and analyse the needs of the clients, management practices and overall performance environment effectiveness.
- The Sport and Exercise Scientist
Understand how multidisciplinary teams work together in sport and exercise whilst providing opportunity to evidence continued professional development. In addition, this module introduces students to the methods of research and analysis required for projects in the future.
- Pedagogy in Action
Students will explore pedagogical theories and learn how to apply these in practical contexts.

Optional modules:

These generally enable students to delve further into themes covered during their first year including topics such as coaching, sport science and health-related areas. Students will develop the research skills necessary to go on to a top-up degree.

Assessment Method: You will be assessed through a mixture of written exams, practical exams, written assignments, lab reports, practical portfolios and case studies. Many of the modules will be marked based on a mixture of assessment types, whilst others will be based solely on one type of assessment.

	Written Examination (%)	Coursework (%)	Practical Examination (%)
Year 1	19	31	50
Year 2	0	44	56

Discounts and special support associated with enrolling on the programme: Hartpury also subsidises optional short courses for a reduced cost that give students the opportunity to gain relevant experience and qualifications prior to graduation. These are in addition to the discounts Hartpury usually offers to its students, such as free Wi-Fi on site and Microsoft Office packages etc. There is lots of support available to you whilst you study including allocation of a personal academic tutor that you will meet for 1:1 sessions and other services detailed at:

www.hartpury.ac.uk/university/facilities/life-at-hartpury/student-support

Costs associated with the programme: The cost of the programme will be £9250 per year for UK and EU students subject to government approval. We will only increase our fees in accordance with guidelines laid down by the Office for Students (OfS).

Students are required to purchase sports kits which can be bought as a bundle via Hartpury's website for approximately £150.00. Students are encouraged to engage in various trips and visits as part of the programme. A comprehensive package of non-repayable financial support is available to facilitate engagement with placements and study tours / trips where additional costs are involved.

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How do I join a Sports Academy?

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This Course Information Sheet is accurate as at 1 July 2020



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Length of programme: Two years full time. Part time options are available.

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Year 2	20	68	12

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Compulsory modules

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- Introduction to Sports and Exercise Psychology
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- Introduction to Exercise Physiology
Learning the biological systems used during exercise.
- Comparative Sports Study
Studying the historical and political influences that have shaped the organization, rules and coaching practice in a chosen sport as well as how this is influenced by performance profiling.
- Introduction to Sports Coaching
Discuss leadership theories and types of coaching processes and practices.

Year 2

Compulsory modules

- Developing the Performance Environment
Students undertake 140 hours of pre-approved work placement and analyse the needs of the clients, management practices and overall performance environment effectiveness.
- The Sport and Exercise Scientist
Understand how multidisciplinary teams work together in sport and exercise whilst providing opportunity to evidence continued professional development. In addition, this module introduces students to the methods of research and analysis required for projects in the future.
- Pedagogy in Action
Students will explore pedagogical theories and learn how to apply these in practical contexts.

Optional modules:

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Assessment Method: You will be assessed through a mixture of written exams, practical exams, written assignments, lab reports, practical portfolios and case studies. Many of the modules will be marked based on a mixture of assessment types, whilst others will be based solely on one type of assessment.

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This Course Information Sheet is accurate as at 30 April 2020

This version was valid until 30 April 2020



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	Scheduled Contact Learning (%)	Placement Learning (%)	Independent Learning (%)
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Year 2	20	9	71

Year 1

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Discuss leadership theories and types of coaching processes and practices.

Year 2

Compulsory modules

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Students will explore pedagogical theories and learn how to apply these in practical contexts.

Optional modules:

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- Introduction to Functional Anatomy and Sports Biomechanics
Students learn the basic anatomical structures and functions of the musculoskeletal system, mechanical principles and apply these to sport and exercise.
- Introduction to Sports and Exercise Psychology
Learn the key theories in sport and exercise psychology to understand athlete behaviour
- Introduction to Exercise Physiology
Learning the biological systems used during exercise

Year 2

Compulsory modules

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Costs associated with the programme: The cost of the programme will be £9250 per year for UK and EU students subject to government approval. We will only increase our fees in accordance with guidelines laid down by the Office for Students (OfS).

Students are required to purchase sports kits which can be bought as a bundle via Hartpury's website for approximately £150.00. Students are encouraged to engage in various trips and visits as part of the programme. A comprehensive package of non-repayable financial support is available to facilitate engagement with placements and study tours / trips where additional costs are involved.

For part-time costs and information about financial support please refer to the Hartpury Fee policy:

<http://www.hartpury.ac.uk/about-us/governance-and-policies/governance-and-policies/>

How do I join a Sports Academy?

If you would like to represent one of the Academy sports at Hartpury in the 2020/21 season then you must become a member of the Sports Academy.

The cost of the Sports Academy Membership fee for a HE student is currently £220 a year (this also includes a free student gym membership for the year).

How do I purchase Hartpury Sports kit?

Visit the Hartpury online shop which you can access via the Hartpury website at: <http://estore.hartpury.ac.uk/>. You can then purchase the kit which is relevant to your course or sport.

For more information on the admissions policy, please visit:

<http://www.hartpury.ac.uk/about-us/governance-and-policies/governance-and-policies/>

This Course Information Sheet is accurate as at 1 September 2020.