

## **Programme Specification**

| Part 1: Basic Data                                    |  |                                 |  |  |  |  |
|---|--|---------------------------------|--|--|--|--|
| Awarding Institution                                  | Hartpury University  |                                 |  |  |  |  |
| Teaching Institution                                  | Hartpury   |                                 |  |  |  |  |
| Delivery Location                                     | Hartpury   |                                 |  |  |  |  |
| Study abroad /<br>Exchange / Credit<br>recognition    | None   |                                 |  |  |  |  |
| Department responsible for programme                  | Sport  |                                 |  |  |  |  |
| Programme Title                                       | BSc (Hons) Sports Thera  | ру                              |  |  |  |  |
| Professional Statutory<br>or Regulatory Body<br>Links | The Society of Sports The  | erapists (SST)                  |  |  |  |  |
| Highest Award Title                                   | BSc (Hons) Sports Therapy<br>BSc (Hons) Sports Therapy with Integrated Placement Year  |                                 |  |  |  |  |
| Default Award Title                                   | None   |                                 |  |  |  |  |
| Interim Award Titles                                  | BSc Sport Studies<br>BSc Sport Studies with Integrated Placement Year<br>Diploma of Higher Education in Sport Studies<br>Certificate of Higher Education in Sport Studies<br>Certificate in Sport Studies<br>Higher Education Foundation Certificate |                                 |  |  |  |  |
| Mode(s) of Study                                      | Full Time / Part Time  |                                 |  |  |  |  |
| Codes   | UCAS: C612   | UN                              | IT-e: BSHSSTXX   |  |  |  |
| Relevant QAA Subject<br>Benchmark Statements          | Events, Hospitality, Leisu   | re, Sport and T                 | ourism   |  |  |  |
| Most recent Validation<br>Date                        | v6.0 – 01 September 2017<br>V7.0 – 12 March 2019   | Due for re-<br>validation<br>by | 01 September 2025  |  |  |  |
| Amendment Approval<br>Date                            | V1.0 - 1 September 2017<br>V2.0 - 13 February 2018<br>V4.0 - 02 May 2018<br>V6.0 - 31 August 2018<br>V7.1 - 6 August 2019<br>V7.2 - 5 March 2020<br>V7.3 - 10 September 2020   | Amended<br>with effect<br>from  | V6.0 – 01 Sept 2018<br>V7.1 – 01 Sept 2019<br>V7.2 – 01 Sept 2019<br>V7.3 – 01 Sept 2020 |  |  |  |
| Version   | 7.3  |                                 |  |  |  |  |

## Part 2: Educational Aims of the Programme

The fundamental educational aim of the BSc (Hons) Sports Therapy programme is to produce graduates who are able to practice as Sports Therapists. In order to achieve this, students will need to develop core competencies and how they relate to injury. They are:

- 1. Prevention.
- 2. Recognition.
- 3. Management, treatment and referral.
- 4. Rehabilitation.
- 5. Education and professional practice issues.

The core competencies are underpinned by knowledge development in key disciplines. For example, students will have the opportunity to develop advanced knowledge of functional anatomy together with an integrated understanding of the biomechanical and physiological functioning of the body. Once these fundamentals are achieved, students will be able to develop a deep understanding of the pathophysiology of sports injury and the role of biomechanics in the aetiology and rehabilitation of sporting injury.

As the programme progresses further, students will have the opportunity to learn how to make clinical impressions and treat a range of sports injuries. Students will learn how to treat sports related emergency injuries as well as how to develop and administer prolonged treatment plans for sports injuries. The programme will also provide an opportunity to learn how to rehabilitate sports injuries throughout the various phases of rehabilitation and apply sports conditioning principles during late-stage rehabilitation to achieve return to play. Furthermore, the programme aims to provide students with an opportunity to understand the key role Sports Therapists play in injury prevention. A key component of the programme will be evaluating critically established practices and techniques as well as contemporary research. Students will have many opportunities to develop their practice skills in vocational settings and this will be an important aspect throughout study of the programme. Upon graduation with the Honours degree, graduates will be appropriately prepared to practice as Graduate Sports Therapists, however, they will need to secure professional indemnity insurance in order to practice or seek accreditation by an accrediting body such as the Society of Sports Therapists.

Programme requirements for the purposes of the Higher Education Achievement Record (HEAR)

The knowledge and practical skills that BSc (Hons) Sports Therapy graduates acquired during their studies enables them to assess, evaluate, and treat injuries typical to sport and exercise participation. Sports Therapy graduates also have the knowledge and skills to devise rehabilitation plans that will facilitate reintegration back to full participation. In addition, graduates are able to offer advice and plan programmes designed to reduce the incidence of injury. The related industry settings may have included the elite, professional sporting environment, the health, fitness and leisure industry and the diverse clinics and rehabilitation centres which cater for the various special populations that use exercise as a full or part intervention for return to health. From working within a multidisciplinary team alongside other sports science and medical professionals, the graduate Sports Therapist has a clear understanding of their role delineation and practice.

## Part 3: Programme Structure for:

## **BSc (Hons) Sports Therapy**

This structure diagram demonstrates the student journey from Entry through to Graduation for a typical **full time student**, including:

- 1 level and credit requirements
- 2 award requirements that are additional to the regulatory credit requirements
- 3 module diet, including compulsory and optional modules

The programme includes some professional practice modules, indicated in the table below with a star, and these are subject to variant academic regulations (see part 6).

|                  | Compulsory Modules   | <b>Optional Modules</b> | Awards   |
|------------------|--|-------------------------|--|
| 5                | Academic Skills in Practice (HANV8B-30-3)                                | Not applicable          | Higher Education Foundation                                    |
| Үеа              | Foundation Biological Principles (HANV8E-30-3)                           |                         | Certificate  |
| ation            | Foundation Skills Development (HANV8A-30-3)                              |                         | Cert Sport Studies   |
| Foundation Year  | Foundation Sports Science (HANV8F-15-3)                                  |                         | Cert HE Sport Studies  |
| БО               | Reviewing Literature (HANV8C-15-3)                                       |                         | Dip HE Sport Studies   |
|                  | Functional Anatomy and Biomechanics for Sports Therapists (HSPVC8-30-4)* | Not applicable          | BSc Sport Studies  |
| <del>~</del>     | Fundamental Skills for Sports Therapists (HSPVC9-30-4)*                  |                         | BSc Sport Studies (IP)<br>This must include the Integrated     |
| Year 1           | Introduction to Exercise Physiology (HSPXL7-15-4)*                       |                         | Placement Year module  |
| <u>۲</u>         | Principles of Strength and Conditioning (HSPXM3-15-4)*                   |                         | BSc (Hons) Sports Therapy                                      |
|                  | The Sport and Exercise Professional (HSPVC4-30-4)                        |                         | This must include all compulsory<br>modules                    |
|                  | Applied Skills for Sports Therapists (HSPXTK-30-5)*                      | Not applicable          | BSc (Hons) Sports Therapy (IP)                                 |
|                  | Joint Mobilisations (HSPV9W-30-5)*                                       |                         | This must include all compulsory<br>modules and the Integrated |
| Year 2           | Sports Nutrition (HSPXS9-15-5)*  |                         | Placement Year module  |
| ž                | Sports Rehabilitation (HSPXTM-15-5)*                                     |                         |  |
|                  | The Sport and Exercise Scientist (HSPV5Y-30-5)                           |                         |  |
| Optional<br>Year | Integrated Placement Year (HANVK6-15-5)*                                 |                         |  |
|                  | Complete Injury Management (HSPV4U-15-6)*                                | Not applicable          | -  |
|                  | High Performing Teams (HSPVA7-15-6)*                                     |                         |  |
| 3                | Professional Practice in Sports Therapy (HSPVAU-15-6)*                   |                         |  |
| Year 3           | Screening and Prevention (HSPV49-15-6)*                                  |                         |  |
| ·                | Sports Conditioning and Return-to- Play (HSPV4C-15-6)*                   |                         |  |
|                  | Undergraduate Dissertation (HANV3R-45-6)*                                |                         |  |

#### Part time:

The part time student journey from Entry through to Graduation is individually negotiated with the student.

## Part 4: Learning Outcomes of the Programme

The award route provides opportunities for students to develop and demonstrate knowledge and understanding, qualities, skills and other attributes in the following areas:

|     |  | -   |  |                                     |   |                                    |                                      | _                   |                       |                  |                                  |                           |                                   | -                     |                            |                                    |  |                          |
|-----|--|---|--|-------------------------------------|---|------------------------------------|--------------------------------------|---------------------|-----------------------|------------------|----------------------------------|---------------------------|-----------------------------------|-----------------------|----------------------------|------------------------------------|--|--------------------------|
| Lea | rning Outcomes:  | nanics for Sports Therapists                              | erapists                                 | gy                                  | ioning                                  | nal                                | its                                  |                     |                       |                  |                                  |                           |                                   |                       |                            | [herapy                            | o-Play                                 |                          |
|     | A) Knowledge and understanding of:   | Functional Anatomy and Biomechanics for Sports Therapists | Fundamental Skills for Sports Therapists | Introduction to Exercise Physiology | Principles of Strength and Conditioning | The Sport and Exercise Professiona | Applied Skills for Sports Therapists | Joint Mobilisations | Sports Rehabilitation | Sports Nutrition | The Sport and Exercise Scientist | Integrated Placement Year | <b>Complete Injury Management</b> | High Performing Teams | Undergraduate Dissertation | Professional Practice in Sports TI | Sports Conditioning and Return-to-Play | Screening and Prevention |
| 1   | The disciplines underpinning Sports Therapy<br>and their interrelated nature.  | $\checkmark$  |  | $\checkmark$                        | $\checkmark$                            | $\checkmark$                       | $\checkmark$                         |                     | $\checkmark$          | $\checkmark$     | $\checkmark$                     | $\checkmark$              | V                                 | $\checkmark$          | √                          | $\checkmark$                       | $\checkmark$                           | $\checkmark$             |
| 2   | The aetiology and pathophysiology of a range of sports injuries.   |   | V  |                                     |   |                                    | $\checkmark$                         | $\checkmark$        | $\checkmark$          |                  |                                  | √                         | V                                 |                       | $\checkmark$               | V                                  | V                                      | $\checkmark$             |
| 3   | Well-established techniques for clinical assessment and treatment and how to evaluate their efficacy critically.                                 |   |  |                                     |   |                                    | V                                    | V                   | $\checkmark$          |                  |                                  | $\checkmark$              | V                                 |                       | V                          | V                                  | V                                      | V                        |
| 4   | How to interpret the results of clinical<br>assessments and formulate appropriate<br>treatment options using advanced<br>disciplinary knowledge. |   | V  |                                     |   |                                    | V                                    | V                   |                       |                  |                                  | V                         | V                                 |                       | V                          | V                                  | V                                      | V                        |
| 5   | The underpinning theoretical basis of injury treatment and rehabilitation.   |   | V  |                                     |   |                                    | V                                    | V                   | V                     |                  |                                  | $\checkmark$              | V                                 |                       | √                          | √                                  | √                                      | $\checkmark$             |
| 6   | The role of the Sports Therapist in injury prevention  |   |  |                                     | √                                       |                                    | V                                    |                     |                       |                  |                                  | $\checkmark$              | V                                 |                       | √                          | V                                  |  | $\checkmark$             |
| 7   | How sports science disciplines interact to<br>improve performance  |   |  |                                     |   | $\checkmark$                       |                                      |                     |                       |                  | $\checkmark$                     |                           | $\checkmark$                      | V                     |                            |                                    |  |                          |
|     | B) Intellectual Skills   |   |  | -                                   |   |                                    |                                      | -                   |                       |                  |                                  | _                         |                                   |                       |                            |                                    | -                                      |                          |
| 1   | Demonstrate problem solving to diagnose injuries from clinical assessments.  |   | $\checkmark$                             |                                     |   |                                    | $\checkmark$                         | $\checkmark$        |                       |                  |                                  | $\checkmark$              | $\checkmark$                      |                       | $\checkmark$               | $\checkmark$                       |  | $\checkmark$             |
| 2   | Clear decision making in emergency situations to underpin appropriate action.  |   | V  |                                     |   |                                    |                                      |                     |                       |                  |                                  | $\checkmark$              | V                                 |                       |                            |                                    |  |                          |
| 3   | Synthesis of a range of information sources<br>in devising appropriately structured<br>treatment plans.  |   | V  |                                     |   |                                    | V                                    | V                   | V                     |                  |                                  | $\checkmark$              | V                                 |                       | V                          | V                                  | V                                      | V                        |
| 4   | Self-reflect critically to ensure excellence and on-going professional development.  |   |  |                                     |   |                                    | V                                    | V                   | $\checkmark$          |                  | $\checkmark$                     | $\checkmark$              | V                                 |                       | √                          | √                                  |  |                          |
| 5   | Critical appraisal of research underpinning<br>injury assessment, treatment, rehabilitation<br>and injury prevention.                            |   |  |                                     |   |                                    | V                                    | V                   | V                     |                  |                                  | $\checkmark$              | V                                 |                       | V                          | V                                  | V                                      | $\checkmark$             |

|   | C) Subject/Professional/Practical Skills  |              |   |   |              |              |              |              |              |              |              |              |              |              |              |              |              |              |
|---|---|--------------|---|---|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|--------------|
| 1 | Assessment and treatment of a range of sports injuries.   |              | V |   |              |              | $\checkmark$ | $\checkmark$ |              |              |              | $\checkmark$ | $\checkmark$ |              |              | $\checkmark$ |              |              |
| 2 | Designing and delivering structured<br>rehabilitation programmes for a range of<br>sports injuries.   |              | V |   |              |              |              |              | V            |              |              | V            | V            |              |              | V            | V            |              |
| 3 | Devise and implement emergency action<br>plans to deal effectively with a range of<br>emergency sports injuries.  |              | V |   |              |              | V            |              |              |              |              | V            | V            |              |              | V            |              |              |
| 4 | Application of manual therapies and other relevant treatment modalities.  |              | V |   |              |              |              | V            |              |              |              | $\checkmark$ | V            |              | V            | V            |              |              |
| 5 | Demonstrate the highest professional standards of care.   |              | V |   |              |              | $\checkmark$ | V            | V            | V            |              | $\checkmark$ | V            |              | V            | V            | V            | V            |
| 5 | Evidence continued professional<br>development activities   |              | V |   |              | $\checkmark$ | $\checkmark$ |              |              |              | $\checkmark$ |              |              |              |              | V            |              |              |
|   | eet the competency requirements of the<br>ety of Sports Therapists  | $\checkmark$ | V | V | $\checkmark$ |              | V            | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ | $\checkmark$ |
|   | D) Transferable skills and other attributes   | s            |   | - |              |              |              | -            | •            | •            |              |              |              |              | -            | -            | -            |              |
|   | Develop undergraduate study skills including<br>core research techniques, reporting data,<br>structure of written work and competence<br>across a range of ICT platforms.       |              |   |   |              | $\checkmark$ | $\checkmark$ | V            | $\checkmark$ | V            | $\checkmark$ | $\checkmark$ | V            | V            | V            | $\checkmark$ |              | V            |
| 2 | Engage in academic enquiry, advanced<br>research skills and the ability to identify,<br>develop and implement discipline specific<br>evidence-based problem-solving strategies. |              |   |   |              |              | V            | V            | V            | V            | $\checkmark$ |              | V            |              | V            | V            | V            | V            |
| 3 | Critical appraisal of current practice and research with the purpose of synthesising information from a range of sources.   |              |   |   |              |              | 1            | V            | V            | V            |              | V            | V            | V            | V            | V            | V            | V            |
|   | Professional and graduate skills enhanced through industry knowledge, and a reflective  |              | V | √ | √            |              | V            | V            | V            | V            |              | $\checkmark$ | V            | V            | V            | V            | V            | V            |

## Part 5: Student Learning and Student Support

# Teaching and learning strategies to enable learning outcomes to be achieved and demonstrated

There is a policy for a minimum average requirement of 15 hours / week in the Foundation Year and Year One and 12 hours / week contact time over the course of the full undergraduate programme. This contact time encompasses a range of face: face activities as described below. In addition a range of other learning activities will be embedded within the programme which, together with the contact time, will enable learning outcomes to be achieved and demonstrated.

The BSc (Hons) Sports Therapy programme is accredited by the Society of Sports Therapists. Completion of the programme ensures that professional standards are met and that graduates can practice as graduate sports therapists as well as being eligible for insurance. Programme accreditation also provides access to relevant learning materials, employment opportunities and international scholarships.

## Scheduled Learning

May include, seminars, tutorials, project supervision, demonstration and practical classes; work based learning. Scheduled sessions may vary slightly depending on the module choices made.

## Independent Learning

Will include hours engaged with essential reading, case study preparation, assignment preparation and completion etc. Scheduled sessions may vary slightly depending on the module choices made.

## Placement Learning

By the end of the programme the student will benefit by having completed a minimum of 200 hours of placement opportunities. The student will have had the chance to learn new skills, to confidently put them into practice under the supervision of pre-approved providers, and then to move on to improve their level of competency. These experiences will have given each student a valuable insight into different aspects of the industry and may have helped formulate ideas of possible careers open to the new graduate.

Students will have the opportunity to engage in an integrated placement year between level two and three if they so wish. It is envisaged that those that do not choose to do this, will be required to do a practical placement within their third year.

## Virtual Learning Environment (VLE)

This programme is supported by a VLE where students will be able to find all necessary module information. Direct links to information sources will also be provided from within the VLE.

#### Careers

To support learner's career preparations, careers personnel visit the institution on a regular basis and the students can use all the on line resources. Tutors will also offer subject specific careers advice through module sessions or individual tutorials. Careers Fairs are arranged periodically to allow students to engage directly with employers from the industry sector.

## **Description of any Distinctive Features**

The BSc (Hons) Sports Therapy programme will enable students to develop knowledge and skills in the assessment and treatment of a range of sports injuries. Students will develop competence in the prevention, evaluation, management, and rehabilitation of sports injuries. Whether dealing with high level performers or recreational athletes, students will learn effective treatment strategies to ensure optimal performance.

Having entry points into both a Foundation Year and Level One, enables the programme experience to facilitate the development of a successful undergraduate supporting a wide range of

study backgrounds. The Foundation Year will prepare students with general study skills and opportunities to develop subject specific skills and knowledge. Additionally the Foundation year includes an internship enabling a student to put their skills into practice and develop an early appreciation of employment opportunities and attributes necessary for enhanced employability.

Students will have the opportunity to study with students from cognate programmes, as well as developing key practice-based skills in bespoke modules. For example, for students to meet accreditation requirements, they will develop considerable Sports Therapy clinic experience. At level I, students will work under close supervision, but by level III students are expected to take full responsibility and work with limited supervision. Students will be exposed to the range of sports participants from high performance to recreational participants, in a range of sport and exercise disciplines.

The proposed course is firmly rooted in practice. Students will undertake practice-based modules to develop competencies for professional Sports Therapy practice. In the early stages of their studies, students will work in a closely supervised environment on the campus in small groups. Students will progress to working more autonomously in more challenging environments that may include practice experience away from the campus. Practice experience is already a strong feature of many courses in the institution, so students will benefit from well-established practice placement networks. Students on the programme will also benefit from having an Elite Sports Academy on site. Students will have many opportunities to provide Sports Therapy support – both rehabilitation and pitch-side – to elite student athletes in a range of sporting disciplines including rugby, football, netball, modern pentathlon, rowing and golf amongst others.

Students will be required to reflect on their practical experiences and take responsibility for their own learning. As part of this reflection, students will develop a career action plan in the Professional Practice in Sports Therapy module. Students will have many opportunities to make links and network with relevant professional bodies and their representatives through continuing professional development activities that will be offered at the institution.

The programme has been closely mapped to relevant professional body requirements so that graduates will be well placed to gain accreditation by the time they complete their studies.

## Part 6: Assessment

This programme will be assessed according to the Academic Regulations published for the academic year on the website <u>http://www.hartpury.ac.uk</u>.

The modules denoted with a star (\*) in Part 3 will also be subject to the additional regulations AV3 and AV5.

#### Assessment Strategy

Assessment strategy to enable the learning outcomes to be achieved and demonstrated:

Assessment of knowledge and understanding is through a variety of formative and summative means in accordance with professional body requirements and industry expectations. Assessment is a key part of learning, not least because of the valuable feedback it provides for students and tutors. Students are assessed in a variety of ways, including practical assessments, coursework, written and practical examinations and oral presentations and the majority of modules have more than one point of assessment. Students develop and practice many transferable and specific skills for sports therapy through assessed work. The Sports Therapy specific modules are strongly focused on the practical skills required for Sports Therapy accreditation and those modules have pass/fail assessments to ensure that those going on to practice in sports therapy have demonstrated competence in both knowledge and practical ability. Assessment completed may vary for each student depending on module choices.

|                                  |   |                        | Asses                     | smer                  | nt Map         |                                       |  |                    |                |              |           |
|----------------------------------|---|------------------------|---------------------------|-----------------------|----------------|---------------------------------------|--|--------------------|----------------|--------------|-----------|
|                                  | amme encompasses a r<br>assessment map:<br>Assessmer            | _                      |                           |                       |                |                                       |  |                    | are de         | etailec      | l in the  |
|                                  |   |                        |                           |                       |                | ype of As                             | -                                      | -                  |                |              |           |
|                                  |   |                        | c                         | st                    | -              | , , , , , , , , , , , , , , , , , , , | 1                                      |                    |                |              |           |
|                                  |   | Unseen Written<br>Exam | Open Book Written<br>Exam | In-class Written Test | Practical Exam | Practical Skills<br>Assessment        | Oral assessment<br>and/or presentation | Written Assignment | Report/Project | Dissertation | Portfolio |
| Compulsory                       | Foundation Skills Development                                   | A(25)                  |                           |                       |                | B (75)                                |  |                    |                |              |           |
| Modules<br>Foundation            | Academic Skills in Practice                                     |                        |                           |                       |                |                                       | A (25)                                 |                    | B (75)         | ,            |           |
| Year                             | Reviewing Literature  |                        |                           |                       |                |                                       |  | A<br>(100)         |                |              |           |
|                                  | Foundation Biological Principles                                |                        |                           |                       | A (50)         |                                       |  |                    |                |              | B (50)    |
|                                  | Foundation Sports Science                                       |                        |                           | B (50)                |                |                                       | A (50)                                 |                    |                |              |           |
| Compulsory<br>Modules<br>Level 4 | Functional Anatomy and<br>Biomechanics for Sports<br>Therapists | A<br>(40)              |                           | -<br>-                |                | B (60)                                | -                                      |                    |                |              | -         |
|                                  | Introduction to Exercise<br>Physiology                          | A<br>(100)             |                           |                       | 1              |                                       |  |                    |                |              |           |
|                                  | Fundamental Skills for Sports<br>Therapists                     |                        |                           |                       |                | A (P/F)                               |  | B<br>(100)         |                |              |           |
|                                  | Principles of Strength<br>and Conditioning                      |                        |                           |                       | A (100)        |                                       |  |                    |                |              |           |
|                                  | The Sport and Exercise<br>Professional                          |                        |                           |                       |                | B (75)                                | A (25)                                 |                    |                |              |           |
| Compulsory<br>Modules            | Applied Skills for Sports<br>Therapists                         |                        |                           |                       | A (P/F)        | B1<br>(60)                            |  | B2<br>(40)         |                |              |           |
| Level 5                          | Joint Mobilisations   |                        |                           |                       |                | B(P/F)                                |  | A<br>(100)         |                |              |           |
|                                  | Sports Rehabilitation   |                        |                           |                       | A (60)         |                                       |  | B (40)             |                |              |           |
|                                  | Sports Nutrition  | A<br>(40)              |                           | ,                     |                |                                       |  | B (60)             |                |              |           |
|                                  | The Sport and Exercise<br>Scientist                             |                        |                           |                       |                | B (75)                                | A (25)                                 |                    |                |              |           |
| Optional<br>Modules<br>Level 5   | Integrated Placement Year                                       |                        |                           |                       |                |                                       |  |                    |                |              | A (100)   |
| o                                | Complete Injury Management                                      |                        |                           |                       |                | A (60)                                |  | B (40)             |                |              |           |
| Compulsory<br>Modules<br>Level 6 | High Performing Teams   |                        | A<br>(100)                |                       |                |                                       |  |                    |                |              |           |
|                                  | Undergraduate Dissertation                                      |                        |                           |                       |                |                                       |  |                    |                | A<br>(100)   |           |
|                                  | Professional Practice in Sports<br>Therapy                      |                        |                           |                       |                |                                       |  |                    |                |              | A (100)   |
|                                  | Sports Conditioning and Return-<br>to-Play                      |                        |                           |                       | A (50)         |                                       |  | B (50)             |                |              |           |
|                                  | Screening and Prevention  |                        |                           |                       | A (50)         |                                       |  | B (50)             |                |              |           |

\*Assessment should be shown in terms of either Written Exams, Practical exams, or Coursework as indicated by the colour coding above.

## Part 7: Entry Requirements

Applicants will have achieved entry criteria appropriate for the year of entry, which can be found through the Hartpury website (<u>www.hartpury.ac.uk</u>).

Applicants must provide evidence which demonstrates that they can benefit from study on this programme and are likely to achieve the required standard. We will require students who accept a place on this programme to engage in a process to ensure that they are fit for professional practice and eligible for registration with the Society of Sports Therapists.

We also welcome applicants from a diverse range of backgrounds who do not have the entry requirements outlined above. Applicants will be considered on the basis of evidence of personal, professional and educational experience which indicates an applicant's ability to meet the demands of an undergraduate degree programme. Applicants with non-standard entry criteria may be reviewed on an individual basis. This may take the form of an individual interview with members of the programme team and possibly the completion of a set task such as a written assignment.

Where appropriate experience or learning has been gained prior to enrolment on the programme, Hartpury will consider applications for advanced entry, e.g. into year two or three of a programme. More details on how to apply for this can be found through the Hartpury website.

Applicants whose first language is not English must also gain a minimum IELTS score of 6.0 prior to entry onto the programme.

This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if he/she takes full advantage of the learning opportunities that are provided. More detailed information on the learning outcomes, content and teaching, learning and assessment methods of individual modules can be found in module specifications, available on the Institution's website.

# **()** HARTPURY

## Programme Approval Log

| Programme Title:         | BSc (Hons) Sports Therapy              |
|--------------------------|--|
| Programme Code:          | C612/BSHSSTXX                          |
| Initial Approval Date:   | 01 September 2017                      |
| Approved by:             | Hartpury Curriculum Approval Committee |
| Approved until:          | 01 September 2023                      |
| Original version number: | 1.0                                    |

Changes:

#### **Current version number: 7.2**

#### **Outline Change Details:**

Part 3: programme structure: module code for Professional Practice in Sports Therapy corrected from HSPV5J-15-6 to HSPVAU-15-6

Parts 3, 4, 5 & 6: Module HANVK6-15-5 name changed from Year Work Placement to Integrated Placement Year, in line with module amendment.

Part 6: assessment for Joint Mobilisations changed to written assignment (100%) and practical skills assessment (pass/fail), in line with module amendment.

Part 5: Professional practice – placement learning Paragraph changed from:

#### Placement Learning

By the end of the programme the student will benefit by having completed a minimum of 200 hours of work placement. The student will have had the chance to learn new skills, to confidently put them into practice under the supervision of the work provider, and then to move on to improve their level of competency. This experience will have given each student a valuable insight into different aspects of the industry and may have helped formulate ideas of possible careers open to the new graduate.

#### To:

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#### **Placement Learning**

By the end of the programme the student will benefit by having completed a minimum of 200 hours of placement opportunities. The student will have had the chance to learn new skills, to confidently put them into practice under the supervision of pre-approved providers, and then to move on to improve their level of competency. These experiences will have given each student a valuable insight into different aspects of the industry and may have helped formulate ideas of possible careers open to the new graduate.

#### Material Alteration: Yes and is accompanied by the relevant course information sheets.

**Rationale:** Students to have the opportunity to accrue hours over the 3 years, with emphasis on level 6 to allow a wider skills development and consolidation.

## Change requested by: Claire Farquharson

- I can confirm that student representatives have been consulted about this change
- I can confirm that colleagues impacted by this change have been consulted
  - I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

'A~

## Signature:

## Date:18/06/2020

## Name of Head of Department:

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

Sarah Lee

| Signature:                        | Date 18/06/2020                      |
|-----------------------------------|--------------------------------------|
| Approval Committee and Date:      | CVC Chair's action 10 September 2020 |
| Change approved with effect from: | 1 September 2020                     |
| Resulting new version number:     | 7.3 (2019 intake)                    |

| Current version number: 7.1                                     |                  |  |  |  |  |  |  |
|---|------------------|--|--|--|--|--|--|
| Outline Change Details: interim awards updated in Parts 1 and 3 |                  |  |  |  |  |  |  |
| Rationale: To improve clarity.                                  |                  |  |  |  |  |  |  |
| Approval Committee and Date: CSP Chair's action 2020 03 05      |                  |  |  |  |  |  |  |
| Change approved with effect from:                               | 1 September 2019 |  |  |  |  |  |  |
| Resulting new version number:                                   | 7.2              |  |  |  |  |  |  |

## Current version number: 7.0

**Outline Change Details**: PSRB involvement – review of modules with asterisk in programme structure and addition of the wording 'The programme includes some professional practice modules, indicated in the table below with a star, and these are subject to variant academic regulations (see part 6)'.

Rationale: To improve clarity.

| Approval Committee and Date:      | CVC 2019 08 06   |
|-----------------------------------|------------------|
| Change approved with effect from: | 1 September 2019 |
| Resulting new version number:     | 7.1              |

## Current version number: 6.0

#### **Outline Change Details:**

#### Part 1

Interim awards updated

## Part 2

'Graduate' added to paragraph Wording changed.

#### Part 3

Removed modules: Level 4 Academic Skills for Sport Introductory Skills for Sports Therapists **Emergency Care for Sports Therapists** Sports Massage Introduction Functional Anatomy and Biomechanics for Sports Therapists Level 5 Exercise Physiology Peripheral Mobilisation Vertebral Mobilisation **Undergraduate Research Process** Level 6 Undergraduate Dissertation for Sports Therapists New modules: Level 4 The Sport and Exercise Professional Fundamental Skills for Sports Therapists Functional Anatomy and Biomechanics for Sports Therapists Level 5 Joint Mobilisations The Sport and Exercise Scientist Level 6 Undergraduate Dissertation **High Performing Teams** Credit changes Introductory Skills for Sports Therapists from 15 to 30 credits (level 4) Professional Practice in Sports Therapy 30 credits to 15 credits (Level 6) Awards section: Addition of Cert Sport Studies 'Applied' removed from other interim awards Part 4 Modules updated A7 – new learning outcome C6 – new learning outcome C7 – new Learning outcome Part 5 Paragraph outlining benefits of SST to students included. Part 6 Assessment Map Assessment Matrix revised to reflect module changes detailed in part 3. Part 7: Re-written to reflect current practice Part 8: removed in line with current template Material Alteration: Yes and is accompanied by the relevant course information sheets. Rationale: Changes have been implemented following the sport Periodic Curriculum Review Change requested by: Gareth Knox

I can confirm that student representatives have been consulted about this change

I can confirm that colleagues impacted by this change have been consulted

Ζ I have retained evidence of these consultations, which will be summarized within the Programme **Enhancement Report** 

| Signature: G J Knox                | <b>Date</b> : 30/1/19   |
|------------------------------------|---|
| present or planned for by the depa | ot require additional resources beyond the scope of those already<br>rtment |
| Signature:                         | <b>Date</b> :30/01/19   |
| Approval Committee and Date:       | CVC 2019 03 12  |
| Change approved with effect from:  | 1 September 2019  |

Version 6.0

**Resulting new version number:** 

Rationale: After the successful application for University Title, amendments were required to all specifications. . .

7.0

| Material Alteration: Yes and Course Information Sheet amended appropriately: Not required   |                    |  |  |  |  |  |  |  |
|---|--------------------|--|--|--|--|--|--|--|
| <b>Outline Change Details:</b> 1. Part 1: Basic Data requires the Awarding Body to be amended from Hartpury College to Hartpury University. 2. Award Titles amended to replace (SW) with (IP) |                    |  |  |  |  |  |  |  |
| Change requested by:  | Academic Pegistrar |  |  |  |  |  |  |  |

| Change requested by:              | Academic Registrar |
|-----------------------------------|--------------------|
| CVC approval date:                | 31 August 2018     |
| Change approved with effect from: | 01 September 2018  |
| New version number:               | 6.0                |

## Version 4.0 (intake 2017) Periodic Curriculum Review

Outline Change Details: Update of valid to/from dates.

Rationale: The Sport Periodic Curriculum Review (PCR) on 2<sup>nd</sup> May 2018 confirmed revalidation of the programme.

| Change requested by:              | PCR 02 May 2018   |
|-----------------------------------|-------------------|
| PCR approval date:                | 02 May 2018       |
| Change approved with effect from: | 01 September 2018 |

Version 2.1

| Outline Change Details: Changes to assessments for HSPV4U-15-6 Complete Injury Management                 |                   |  |
|---|-------------------|--|
| Rationale: Assessment changes are a recommendation from both external examiners and student consultation. |                   |  |
| Change requested by:  | Richard Mack      |  |
| CVC approval date:  | 13 February 2018  |  |
| Change approved with effect from:   | 01 September 2018 |  |

#### Version 2.0

Outline Change Details: Additon of foundation year as an entry point on to programme and therefore this has been reflected in the appropriate sections.

| Rationale: To increase access and widening participation opportunities for this programme. |                  |
|--|------------------|
| Change requested by:   | Sarah Lee        |
| CVC approval date:   | 13 February 2018 |

| Change approved with effect from: | 01 September 2018 |
|-----------------------------------|-------------------|
|-----------------------------------|-------------------|