

# **Programme Specification**

	Part 1: Bas	ic Data	
Primary Programme Title	BSc (Hons) Sport and	Exercise Sciences	
Target Award Titles	Mode and Typical Duration of Study	Professiona Accrediting Bo Links	Evchange /
BSc (Hons) Sport and Exercise Sciences	Stage 0 Entry: Full time, 4 years, Part time, 8 years Stage 1 Entry: Full time, 3 years, Part time, 6 years	None	None
BSc (Hons) Sport and Exercise Sciences with integrated placement year	Stage 0 Entry: Full time, 5 years, Part time, 9 years Stage 1 Entry: Full time, 4 years, Part time, 7 years	None	None
Interim Award Titles	BSc Sport and Exerci BSc Sport and Exerci BSc Sport Studies BSc Sport Studies wi Diploma of Higher Ed Certificate of Higher Undergraduate Certif Certificate in Academ Higher Education Fou	se Sciences with int th integrated placen lucation in Sport Stu Education in Sport S icate in Sport Studionic Skills	idies Studies es
Teaching Delivery Method	On-site		
Awarding Institution	Hartpury University		
Teaching Institution	Hartpury University		
Delivery Location	Hartpury		
Department Responsible for Programme	Sport		
Unit-E Code	BSHSSESX		
Entry Criteria Information	Applicants will have ac stage of entry, which (www.hartpury.ac.uk)	can be found throug	a appropriate for the h the Hartpury website
Most Recent Validation Date	21 March 2022	Due for Re- validation By	01 September 2027
Amendment Approval Date	V9.2 - 7 Sept 2022 V9.3 - 30 Nov 2022 V9.4 - 6 March 2023 V10.0 - 10 Jan 2024	Approved With Effect From	V9.2 - 01 September 2022 V9.3 - 30 November 2022

	V10.1 - 20 March 2024		V9.4 - 01 September 2023 V10.1 - 01 September 2024
Professional Accrediting Body Approval Date	N/A	Date For Re- accreditation	N/A
Version	10.1		

# **Part 2: Programme Overview**

BSc (Hons) Sport and Exercise Sciences graduates have a theoretical understanding of the physiological, psychological and biomechanical principles of sport and exercise. They are able to practically apply their knowledge to specific sport and exercise disciplines. Graduates demonstrate the skills required to engage in an interdisciplinary approach to support performance and exercise engagement. On completion of the programme graduates exhibit the skills necessary to interact with athletes and clients when communicating information in support of performance and exercise prescription. Graduates are ideally placed to work in a range of sport and exercise settings. Moreover, graduates possess the skills to pursue further postgraduate development in sport and exercise.

BSc (Hons) Sport and Exercise Sciences with integrated placement year graduates have a theoretical understanding of the physiological, psychological and biomechanical principles of sport and exercise. During the integrated placement year, graduates had an opportunity over an extended period to practically apply their discipline-specific knowledge to sport and exercise scenarios that are generated by interaction with their placement. Graduates demonstrate the skills required to engage in an interdisciplinary approach to support performance and exercise engagement. On completion of the programme graduates exhibit the skills necessary to interact with athletes and clients when communicating information in support of performance and exercise prescription. Graduates are ideally placed to work in a range of sport and exercise settings. Moreover, graduates possess the skills to pursue further postgraduate development in sport and exercise.

# **Part 3: Programme Structure**

This structure diagram demonstrates the student journey from enrolment through to graduation for a typical **full time student on the primary programme**, including:

- level and credit requirements
- award requirements that are in addition to those described in the Hartpury University Academic Regulations
- module diet, including core and optional modules.

# Please note:

- \*PAB these modules are subject to additional and variant regulations as part of an accreditation by a professional accrediting body
- + core modules marked + are not eligible for compensation

	Core Modules	Optional Modules	Target and Interim Awards
Stage 0	HANVRD-30-3 Professional Development in Practice OR HANV8B-30-3 Academic Skills in Practice pre-2024 only  HSPVSG-30-3 Business Enterprise and Management OR HANV8E-30-3 Foundation Biological Principles pre-2024 only  HANVQX-15-3 Academic Literacy for University Studies OR HANVG4-15-3 Foundation Skills Development pre-2024 only OR HANV8A-30-3 Foundation Skills Development pre-2022 only  HSPVRY-30-3 Principles of Sports Science OR HANVG3-30-3 Foundation Sports Science pre-2024 only OR HANVG3-30-3 Foundation Sports Science pre-2024 only OR HANV8F-15-3 Foundation Sports Science	None	Higher Education Foundation Certificate in Academic Skills  Certificate in Academic Skills

	HANVRR-15-3 Exploring Current Concepts OR HANV8C-15-3 Reviewing Literature pre-2024 only		
	To progress to Stage 1 you r	must achieve at least 90 credits	5.
Stage 1	HSPXL7-15-4 Introduction to Exercise Physiology  HSPXL8-30-4 Introduction to Functional Anatomy and Sports Biomechanics  HSPXLE-15-4 Introduction to Sport and Exercise Psychology  HSPXM9-15-4 Introduction to the Sports Industry OR HSPXM5-15-4 Sport Development and Leadership pre-2022 only  HSPXM3-15-4 Principles of Strength and Conditioning OR HSPXM4-15-4 Skill Acquisition pre-2022 only  EITHER HSPVC4-30-4 + The Sport and Exercise Professional OR HSPXKY-15-4 Academic Skills for Sport pre-2022 only AND HSPXLR-15-4 Introduction to Sports Coaching pre-2022 only	None None	Certificate of Higher Education in Sport Studies  Undergraduate Certificate in Sport Studies
	10 progress to Stage 2 you i	must achieve at least 90 credits	5.

Stage 2	HSPV5X-15-5 Applied Biomechanics in Sport  HSPXSB-15-5 Exercise Physiology  HSPXRV-15-5 Sport Psychology  HSPV5Y-30-5 + The Sport and Exercise Scientist	HSPVC5-15-5 Applied Performance Analysis  HSPXS5-15-5 Health Related Exercise  HSPVSP-15-5 Independent Report OR HANXRX-15-5 Independent Report pre-2024 only  HSPXS9-15-5 Sports Nutrition  HSPVB6-15-5 Strength and Conditioning in Practice  HSPXSD-15-5 The Injured Athlete pre-2022 only	Diploma of Higher Education in Sport Studies
Optional Year	Integrated Placement Year HANVK6-15-5	pre-2022 omy	
	To progress to Stage 3 you r	must achieve at least 210 credi	ts from Stages 1 and 2.
Stage 3	HSPVQA-45-6 Sport Research and Knowledge Exchange Project OR HANV3R-45-6 Undergraduate Dissertation pre-2022 only Students must pick at least two of the following three modules: HSPV3T-15-6 Applied Sport and Exercise Physiology HSPVA6-15-6 Biomechanics in Sport Practice HSPV4A-15-6 Sport Psychology in Action	HSPV3V-15-6 Contemporary Issues in Sports Education  HSPVA7-15-6 High Performing Teams  HSPVA9-15-6 Performance Analysis in Practice  HSPV5G-15-6 Recovery and Monitoring for Sports Performance  HSPV55-15-6 Special Populations  HSPV4C-15-6 Sports Conditioning and Return to Play	BSc Sport Studies with integrated placement year Must include the Integrated Placement Year module.  BSc Sport and Exercise Sciences Must include all core modules except Sport Research and Knowledge Exchange Project / Undergraduate Dissertation.  BSc Sport and Exercise Sciences with integrated placement year Must include all core modules except Sport Research and Knowledge Exchange Project / Undergraduate Dissertation and Knowledge Exchange Project / Undergraduate Dissertation and must include the Integrated Placement Year module.  BSc (Hons) Sport and Exercise Sciences Must include all core modules.  BSc (Hons) Sport and Exercise Sciences with integrated placement year Must include all core modules and the Integrated Placement Year module.

# Part time:

The part time student journey from entry through to graduation is individually negotiated with the student.

# **Part 4: Programme Learning Outcomes**

Modules in bold are core modules and modules not emboldened are optional modules. A denotes a module that assesses a learning outcome and B denotes a module aligned with a learning outcome.

Learning Outcomes:	Introduction to Functional Anatomy and Sports Biomechanics	The Sport and Exercise Professional	Introduction to the Sports Industry	Introduction to Exercise Physiology	Introduction to Sport and Exercise Psychology	Principles of Strength and Conditioning	Applied Biomechanics in Sport	Exercise Physiology	The Sport and Exercise Scientist	Sport Psychology	Sports Nutrition	Strength and Conditioning Practice	Health Related Exercise	Independent Report	Applied Performance Analysis	Integrated Placement Year	Sport Research and Knowledge Exchange Project / Undergraduate Dissertation	Applied Sport and Exercise Physiology	Sport Psychology in Action	Biomechanics in Sport Practice	Contemporary Issues in Sports Education	Performance Analysis in Practice	High Performing Teams	Special Populations	Recovery and Monitoring Performance	Sports Conditioning and Return to Play
A) Knowledge and Understanding of:																										
1. The theoretical basis of sport and exercise science principles including the disciplines of anatomy, physiology, sport psychology, and sport biomechanics.	Α			Α	В	Α	Α	Α		В	В	Α	В				_	В	В	Α				В	В	В
2. Principles that relate theory to practice in the sport and exercise sciences and wider disciplines that inform industry.	Α	В	Α	В		Α	Α	Α			В	В	Α	В	Α		Α	В		Α	В	Α	Α	Α	В	Α
3. Awareness of current academic, research, and sustainability developments in the sport and exercise sciences and related disciplines.	Α	Α	Α		В	В	Α	В	В		В	В	Α	Α	В		Α		В	Α	В	В		Α		В

4. The role, contribution, and significance of sport and exercise	1	I	l			l		1	1									l		1				1 1		
scientists in sport performance and exercise for health contex		Α			В	В	В	В	В	В		В	В	В	Α	В	В	В	Α	Α		Α	В	В		
5. How sport and exercise science disciplines interact to																										
enhance sports performance, increase exercise participation,		Α	В	В		В		В	В			В		В									В		В	Α
and promote health related outcomes.		Α.	Ь	Ь		В		Ь	Ь			Ь		Ь									Ь		Ь	А
B) Intellectual Skills																										
1. Critically evaluate research that underpins the core	_																^		_							^
disciplines of sport and exercise sciences.	В	Α			Α		Α	Α	Α	Α		Α	Α				Α		Α	Α				Α	Α	Α
2. Analyse, and interpret research data, and disseminate																										
findings using appropriate methods to support evidence-	В			Α		В	Α	Α	Α	Α	Α	В	Α	Α	Α		Α	Α	Α	Α	Α	Α	Α	Α	Α	
based arguments.																										
3. Synthesise information from multiple sources to build a																										
coherent evidence-based understanding of the complex	Α	Α	Α	В	Α	Α	Α	Α	Α	Α		Α	Α	Α	Α	В	Α		Α	Α	В	Α	Α	Α		Α
challenges found in the sport and exercise sciences.																										
4. Evaluate and challenge empirical research, concepts, and																										
evidence of practice from a range of sources to present	Α	Α	Α	Α	Α	В	Α	Α	Α	Α	Α	Α	В	Α	Α		Α	В	Α	Α	Α	Α	Α	Α	В	Α
coherent arguments, applying theory to practice.																										
5. Adopt an inter-disciplinary approach in relation to								_																		
supporting sport performance and exercise participation.		Α				В		В	Α																	Α
6. Develop, design, and execute an independent research							1										^									
project utilising recognised research designs and techniques.		Α					В		Α								Α									
C) Performance and Practice																										
1. Plan, design, implement, and evaluate effective																										
programmes of intervention that can be operationalised in						Α	Α					В	В					В	Α	Α					Α	Α
sport, exercise, and health contexts.																										
2. Understand the purpose and relevance of technological																										
applications that can be utilised by the modern sport and	В			В		В	Α	В				В			Α		В			Α		В				
exercise scientist.																										
3. Demonstrate practical skills and competencies that can																										
facilitate entry and engagement with potential sport and	В		Α	Α	В	Α	В	В			В	В	Α	Α	Α	В	Α	В	Α	Α	В	Α	В	Α	В	Α
exercise sector employers.																										
4. Evidence continued professional development and / or																										
reflection on progress and factors influencing wellbeing.		Α	В				В						В	В	В	В				Α	Α			В		
D) Setting, Personal, and Enabling Skills																										
Setting, Fersonal, and Enabling Skins																										
1. Develop undergraduate academic study skills including																										
		1	l	1		۱.					_			_	_			١.	_	١.				ا ؞ ا	Α	Α
research techniques, reporting of data, structure of written	٨	٨	٨	Λ	Λ		_ ^		_ ^	_ ^	_ ^ '	_ ^ I	_ ^	Λ.	Λ.		^								-	А
	Α	Α	Α	Α	Α	Α	Α		Α	Α	Α	Α	Α	Α	Α		Α	Α	Α	Α	Α	Α	Α	Α	, ,	
research techniques, reporting of data, structure of written work, referencing, and competence across a range of ICT platforms.	Α	Α	Α	Α	Α	Α	Α		Α	Α	Α	Α	Α	Α	Α		Α	А	А	А	А	А	А	А		
research techniques, reporting of data, structure of written work, referencing, and competence across a range of ICT	A B		A B	A B	Α	В	A	A	A	Α	A	A A	В	Α	Α		А —	А	A	A	А	В	А	В	Α	

implement strategic empirically based problem-solving strategies.																							
<ol><li>Critical appraisal of empirical research and evidence-based practice.</li></ol>	В	Α	В	Α	В	Α	Α	Α	Α	В	Α	В	Α	Α		Α	Α	Α	Α	Α	Α	Α	F
4. Academic and sector relevant competencies and skills that are informed by empirical research and adopted by key industry stakeholders.	В					В		Α			В	Α	В	Α	В	В	В	Α	Α	Α	Α	Α	F

# Part 5: Learning, Teaching and Assessment

Learning, Teaching and Assessment Journey:

The BSc (Hons) Sport and Exercise Sciences programme is designed to develop a theoretical understanding of the physiological, psychological, and biomechanical demands of sport and exercise. The inclusion of industry specific practical skills is a key aspect of the programme, allowing students to contextualise the theory learnt and work towards becoming knowledgeable and proficient sport and exercise scientists. In addition, the programme facilitates students' understanding and development of how to communicate effectively with athletes and operationalise discipline specific sports scientists to work together and deliver optimal performance. A mixture of taught sessions and the promotion of work-related learning will facilitate these aspects of the journey and contribute extensively to the student experience.

Having entry points in both a Foundation Year and at Stage One enables the programme experience to facilitate the development of a successful undergraduate supporting a wide range of study backgrounds. The Foundation Year prepares students with general study skills and opportunities to develop subject specific skills and knowledge. Additionally, the Foundation year includes professional development activities enabling a student to put their skills into practice and develop an early appreciation of employment opportunities and attributes necessary for enhanced employability.

During each stage of their programme a student will be allocated an academic personal tutor.

Within the Foundation stage students are supported to adjust to studying at University through spiral induction and embedded academic personal tutoring activities that facilitate the development of skills essential to academic study and professional success.

A variety of optional modules in combination with compulsory aspects of the programme presents students with an opportunity to focus and specialise in specific areas of study within sports science. The inclusion of optional modules focusing on key business principles affords the students opportunities to learn basic skills in preparation for self-employment.

Students are presented with a variety of learning environments during the programme including lectures, seminars, practicals, guest speakers from industry, and industry visits. These are intended to enhance student knowledge and develop necessary skills for employment. A diverse range of assessments are aligned with taught content, which determine theoretical understanding and industry standard practical skills and competencies (see assessment map for accurate breakdown across Stages 1, 2 and 3)

The institution prioritises student support. Key to that support is the tutorial system that complements study skills sessions operated throughout the institution. Study skills sessions afford students the opportunity to enhance their academic ability through individual and group tutorials with Stage 1 provision focusing on the development of academic skills. In Stage 2 students are assisted with their career choices and development thereof. Each student has a year tutor who guides the student throughout their study and will be key for the students when choosing modules. Students are strongly encouraged to utilise and engage with face-to-face tutorials with either their allocated personal tutor or their subject specific module tutors in order to support their academic development.

# Part 5: Learning, Teaching and Assessment

The institution's University Learning Centre is highly supportive of the academic disciplines within the sports industry field and provides an extensive range of paper (textbooks and periodicals) and electronic (e-book, periodicals and database) resources relevant to the subject area. The University Learning Centre and the programme team are in constant contact to ensure that up-to-date, relevant material which supports students' academic journey is provided.

This programme will be assessed according to the approved Academic Regulations.

Students registered on this programme will have access to the Hartpury University support services.

The distinctive module used by the Programme Examination Board to inform recommending differential awards for students when considering borderline performance profiles will be:

Sport Research and Knowledge Exchange Project or Undergraduate Dissertation

Professional Accrediting Body documents to which this programme is mapped and or aligned:

None

				Assessr	nent Map				
					Type of A	ssessment*			
		Coursework	Report	Portfolio	Written Examination	Written Test	Practical Skills Examination	Practical Skills Assessment	Oral Assessment
Core Modules Stage 0	Academic Literacy for University Studies							A (100) Graduate Skills Logbook	
	Professional Development in Practice			(A (100) Industry Experience Portfolio					
	Exploring Current Concepts	A1 (20) Coursework A2 (80) Essay Based on a Case Study							
	Business Enterprise and Management	A (50) Essay							B (50) Group Oral Presentation with Questions individually marked
	Principles of Sport Science				A (60) Written Examination				B (40) Group Oral Presentation with Questions individually marked

Core Modules Stage 1	Introduction to Exercise Physiology			A2 (40) Written Examination	A1 (10) In-Class Test	B (50) Group Practical Skills Assessment individually marked	
	Introduction to Functional Anatomy and Sports Biome chanics				B (50) Test Series		A (50) Group Poster Defence individually marked
	Introduction to Sport and Exercise Psychology	B (50) Essay		A (50) Unseen Fixed- Time Test			
	Introduction to the Sports Industry		B (75) Project Report				A (25) Group Oral Presentation with Questions individually marked
	Principles of Strength and Conditioning			A (100) Open-Material Written Examination			
	The Sport and Exercise Professional					B (75) Practical Assessment Series	A (25) Group Oral Presentation with Questions individually marked
Core Modules Stage 2	Applied Biomechanics in Sport				A (100) Case Study Test		
	Exercise Physiology		B (50) Case Study Report		A (50) Unseen Fixed- Time Test		
	Sport Psychology	A (100) Essay					

	The Sport and Exercise Scientist	A (50) Coursework					B (50) Practical Assessment Series	
Optional Modules	Applied Performance Analysis						B (60) Practical Skills Assessment	A (40) Oral Presentation with Questions
Stage 2	Health Related Exercise			B (50) Coursework Portfolio	A (50) Written Examination			
	Independent Report		A (100) Literature Review					
	Sports Nutrition		B (60) Case Study Report			A (40) Unseen Fixed- Time Test		
	Strength and Conditioning in Pr actice	A (100) Coursework						
Optional Year	Integrated Placement Year			A (100) Industry Experience Portfolio				
Core Modules Stage 3	Sport Research and Knowledge Exchange Project		A (75) Project Report					B (25) Oral Assessment
	Applied Sport and Exercise Physiology						A (100) Practical Skills Assessment	
	Biomechanics in Sport Practice						B (30) Group In-Class Practical Skills Assessment with a group mark	A (70) Group Oral Presentation with Questions individually marked
	Sport Psychology in Action	A (100) Essay						

Optional Modules Stage 3	Contemporary Issues in Sports Education High Performing Teams		B (50) Report		A (100) Case Study			A (50) Poster Presentation
	Performance Analysis in Practice				Test			A (100) Poster Defence
	Recovery and Monitoring for Sports Performance						A (100) Practical Skills Assessment	
	Special Populations		A (100) Case Study Report					
	Sports Conditioning and Return to Play	B (60) Poster Coursework				A (40) Practical Examination		

\*Indicative assessment types for new students enrolling on this programme after the date this specification takes effect (Part 1) are shown in terms of either Coursework, Written Examination, or Practical Examination as indicated by the colour coding above.

This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if they take full advantage of the learning opportunities that are provided. More detailed information on the learning outcomes, content and teaching, learning and assessment methods of individual modules can be found through Hartpury's website (www.hartpury.ac.uk).

## **Approved Programme Amendment Log**

Primary Programme Title:	BSc (Hons) Sport and Exercise Sciences
Programme Code:	BSHSSESX
Initial Approval Date:	01 September 2017

Changes: Most recent at the top of the page

**Current version number: 10.0** 

#### **Outline Change Details:**

Part 3: Programme Structure – Stage 2 / Level 5 optional module Independent Report updated from HANXRX-15-5 to HSPVSP-15-5, in line with module amendment.

Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No

Material Alteration: No

#### Rationale:

Due to changes in which programmes take the Independent Report module the overseeing department was revised to ensure they could act effectively when managing it.

# Change requested by: Ben Brilot

I can confirm that student representatives have been consulted about this change

I can confirm that colleagues impacted by this change have been consulted

I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Signature: B Brilot Date: 05/03/24

# Name of Head of Department: Sarah Lee

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department; OR;

Signature: Sarah Lee Date: 06.03.24

Approval Committee and Date:	CSP Chair's Action 2024 03 20
Change approved with effect from:	01 September 2024
Resulting new version number:	10.1 (2021 intake onwards)

**Current version number: 9.4** 

#### **Outline Change Details:**

Parts 3 and 5 updated to reflect changes to Stage 0 / Level 3 modules:

HANVQX-15-3 Academic Literacy for University Studies replaces HANVG4-15-3 Foundation Skills Development; HANVRD-30-3 Professional Development in Practice replaces HANV8B-30-3 Academic Skills in Practice; HANVRR-15-3 Exploring Current Concepts replaces HANV8C-15-3 Reviewing Literature; HSPVSG-30-3 Business Enterprise and Management replaces HANV8E-30-3 Foundation Biological Principles; HSPVRY-30-3 Principles of Sports Science replaces HANVG3-30-3 Foundation Sports Science.

Part 5: Learning, Teaching and Assessment - text regarding academic personal tutoring added. Part 5: Assessment Map – element weighting A1 figure for Stage 1 core module Introduction to Exercise Physiology corrected from 15 to 10. Stage 3 / Level 6 optional module Performance Analysis in Practice corrected from Poster Presentation to Poster Defence.

Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No

Material Alteration: Yes and is accompanied by the relevant course information document.

#### Rationale:

to ensure accuracy following review of Level 3 modules.

## Change requested by: Lucy Ractliffe

I can confirm that student representatives have been consulted about this change NO

I can confirm that colleagues impacted by this change have been consulted

I have retained evidence of these consultations, which will be summarized within the Programme **Enhancement Report** 

Signature: **Date**: 15/11/2023

#### Name of Head of Department: Sarah Lee

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

Signature: Sarah Lee Date: 29.11.23

Approval Committee and Date:	CVC Chair's action 2024 01 10
Change approved with effect from:	01 September 2024
Resulting new version number:	10.0 (2021 intake onwards)

#### **Current version number: 9.3**

#### **Outline Change Details:**

Part 5: Assessment Map updated to reflect module amendment - Stage 1 / Level 4 core module Introduction to Functional Anatomy and Sports Biomechanics Component B changed from Practical Skills Logbook to Test Series.

Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No

### If yes, please provide the details of the changes:

Material Alteration: Yes

Rationale: to ensure accuracy following change to module.

nother e

### Change requested by: Laurence Protheroe

I can confirm that student representatives have been consulted about this change

I can confirm that colleagues impacted by this change have been consulted

I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Signature:

**Date**: 15/02/23

# Name of Head of Department: Sarah Lee

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

Signature: Sarah Lee Date: 14.02.23

Approval Committee and Date:	CVC Chair's action 2023 03 06
Change approved with effect from:	01 September 2023
Resulting new version number:	9.4 (2021 intake onwards)

**Current version number: 9.2** 

### **Outline Change Details:**

Part 5 Assessment Map – assessment for Stage 2 / Level 5 core module Applied Biomechanics in Sport changed from Seen Case Study Written Examination to Case Study Test.

**Material Alteration: No** 

#### Rationale:

To reflect module amendment.

#### Change requested by: Alice Tocknell

I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted

I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Signature: A.Tocknell Date:28.11.22

# Name of Head of Department: Sarah Lee

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department;

Signature: Sarah Lee Date: 16.11.22

Approval Committee and Date:	CVC 2022 11 30
Change approved with effect from:	30 November 2022
Resulting new version number:	9.3 (2020 intake onwards)

#### 22/09/2022

Part 3 Programme Structure - Stage 0 / Level 3 transition modules added, as previously omitted in error. Part 5: Assessment Map - Assessment for Level 6 optional module High Performing Teams amended from Seen Case Study Written Examination to Case Study Test, in line with module amendment. Approved by CSP Chair's action 2022 09 22

#### **Current version number: 9.1**

### **Outline Change Details:**

Part 3: programme structure – transition modules added as alternatives ('OR') to Stages 1 and 2. Part 5: Sport Research and Knowledge Exchange Project as distinctive module, as previously omitted in error.

Material Alteration: No

#### Rationale:

To accommodate part-time students who started on the pre-2019 curriculum structure.

### Change requested by: L Dumbell

N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted

N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Signature: L Dumbell Date: 26/08/2022

# Name of Head of Department: Sarah Lee

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

Signature: Sarah Lee Date: 06.09.22

Approval Committee and Date:	CSP Chair's action 2022 09 07
Change approved with effect from:	01 September 2022 (2020 intake onwards)
Resulting new version number:	9.2

### **Current version number: 9.0**

#### Outline Change Details:

Part 5: Assessment Map – Introduction to Exercise Physiology assessment changed from two inclass tests and a written examination (all Component A) to in-class test (10%) and written examination (40%) (Component A) and Group Practical Skills Assessment individually marked (50%) (Component B), in line with module amendment.

Material Alteration: Yes

Rationale: to reflect module amendment.

Change requested by: CVC

N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted

N/A I have retained evidence of these consultations, which will be summarized within the

Programme Enhancement Report

Date: 21/07/2022

Approval Committee and Date:	CVC 2022 07 21
Change approved with effect from:	01 September 2022
Resulting new version number:	9.1 (2020 intake onwards)

Current version number: 8.1

# Outline Change Details:

Document amended to meet requirements of new 2022 template.

Parts 3, 4 and 5: HSPVQA-45-6 Sport Research and Knowledge Exchange Project added as Level 6 core module.

Parts 1 and 3 – interim awards updated, including addition of new 30 credit Certificate in Academic Skills.

Part 5 - assessment for Level 5 core module The Sport and Exercise Scientist changed from 100% practical exam to 50% coursework, 50% practical.

Foundation Biological Principles Component A changed from written report to practical skills logbook, Component B changed from coursework to written exam (test series); Level 4 core module Principles of Strength and Conditioning changed from practical exam to open material written examination; Level 6 optional module Recovery and Monitoring for Sport Performance changed from portfolio to practical skills assessment; Level 6 optional module Sports Conditioning and Return to Play changed to 60% coursework and 40% practical

Material Alteration: Yes and is accompanied by the relevant course information document.

#### Rationale:

Revised as part of the Refresh 22 process

Change requested by: Sarah Lee

I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted

I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Signature: S Lee Date: 18/01/2022

# Name of Head of Department: Sarah Lee

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

Signature: S Lee Date: 18/01/2022

Approval Committee and Date:	Refresh Approval Panel action 2022 03 21
Change approved with effect from:	01 September 2022 (2020 intake onwards)
Resulting new version number:	9.0

Current version number: 8.0

## **Outline Change Details:**

Part 6: Assessment Map - Principles of Strength and Conditioning (HSPXM3-15-4) assessment changed from oral assessment (presentation) to practical examination, to reflect the module change.

Material Alteration: No

Rationale: to ensure accuracy

# Change requested by: CSP

N/A I can confirm that student representatives have been consulted about this change

N/A I can confirm that colleagues impacted by this change have been consulted

N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Approval Committee and Date:	CSP Chair's action 2021 05 19
Change approved with effect from:	01 September 2021
Resulting new version number:	8.1 (2021 intake onwards)

#### **Current version number: 7.4**

#### **Outline Change Details:**

Parts 3 and 6 updated in line with module amendments:

HANVG4-15-3 Foundation Skills Development

Module code changed from HANV8A-30-3 to HANVG4-15-3 - reduced to 15 credits.

Assessment component A changed from written exam to in class test.

HANVG3-30-3 Foundation Sports Science

Module code changed from HANV8F-15-3 to HANVG3-30-3 - increased to 30 credits.

Assessment component B changed from in class test to written examination.

Part 5 has been amended to include the following sentence:

As part of the 15 hours / week average contact time at Level 4, BSc Sport and Exercise Science students will receive 12 hours of scheduled sport science experience.

Parts 1 and 3: Foundation interim award updated to Higher Education Foundation Certificate in Academic Skills.

Part 6: Assessment map – Level 6 optional module 'Special Populations' corrected to coursework (report) to reflect module amendment due to come into effect in 2021.

#### Material Alteration: No

#### Rationale:

Updated to reflect module changes: modules amended in response to students' request for more subjectspecific content in the Foundation year second semester.

Part 5 updated as part of the formalisation of 15 hrs scheduled contact / week at Level 4 amendments. Interim award - after a review of the interim award titles, it was agreed this revised title provided better clarity.

# Change requested by: Thomas Legge

I can confirm that student representatives have been consulted about this change

I can confirm that colleagues impacted by this change have been consulted

I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Signature: TJLEGGE Date: 23/02/2021

### Name of Head of Department: Sarah Lee

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

Signature: Marah Lee Date: 4.3.21

Approval Committee and Date:	CVC Chair's action 2021 04 26
Change approved with effect from:	01 September 2021
Resulting new version number:	8.0 (2021 intake onwards)

# **Current version number: 7.3**

# Outline Change Details:

Part 6: Principles of Strength and Conditioning (HSPXM3-15-4) assessment changed from practical examination to presentation to reflect the module change.

# **Material Alteration: No**

# Rationale: to ensure accuracy

### Change requested by: CSP

N/A I can confirm that student representatives have been consulted about this change

N/A I can confirm that colleagues impacted by this change have been consulted

N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Signature:

Date: 10/09/2020

Approval Committee and Date:

CSP Chair's action 2020 09 10

Change approved with effect from:

01 September 2020

Resulting new version number:

7.4 (intakes 2020+)

# **Current version number: 7.1**

#### **Outline Change Details:**

Parts 3, 4, 5 & 6: Module HANVK6-15-5 name changed from Year Work Placement to Integrated Placement Year, in line with module amendment.

Part 6: assessment for component A of Foundation Biological Principles amended from practical exam to practical skills assessment; Assessment for Introduction to Exercise Physiology changed from written exam to in class test (A1 and A2) and written exam (A3); Introduction to Sport and Exercise Psychology Component A changed from written exam to open book exam, in line with module amendments. Assessment map was also corrected to B (50) in written assignment for this module.

### Material Alteration: Yes and is accompanied by the relevant course information sheets.

# Rationale: to ensure accuracy

#### Change requested by: CVC

- n/a I can confirm that student representatives have been consulted about this change
- n/a I can confirm that colleagues impacted by this change have been consulted
- n/a I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Date: 30/07/2020

Approval Committee and Date:	CVC Chair's action 2020 08 14
Change approved with effect from:	1 September 2020
Resulting new version number:	7.3 (2020 intake)

16/06/2020 In part 3 and 6 correction of typographical error for HSPXRV-15-5 Sports Psychology amended to Sport Psychology.

Current version number: 7.0
<b>Outline Change Details</b> : Assessment for Level 5 optional module Independent Report (HANXRX-15-5) changed from 25% exam and 75% coursework to 100% coursework, in line with amendment to module.
Interim awards updated in Parts 1 and 3: Higher Education Foundation Certificate added.
Material Alteration: No
Rationale: to ensure accuracy
Change requested by: Ben Brilot  I can confirm that all programme managers have been consulted and support this change  I can confirm that student representatives have been consulted about this change  I have retained evidence of this consultation which has been placed in the Module File
Signature: Date: 28/02/20
Name of Head of Department:  I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

Signature:	Yarah Lee	<b>Date</b> :02/03/2020
Approval Committee and Date:		CVC Chair's action 2020 03 03
Change approv	ed with effect from:	1 September 2020
Resulting new version number:		7.1 (intakes 2019+)

#### **Current version number: 6.0**

#### **Outline Change Details:**

#### Part 1

- Interim awards updated

Part 2 has been updated.

#### Part 3

- Some formatting changes to the foundation year section
- Level 4 removal of:
  - Skill acquisition (15)
  - o Academic skills for sport (15)
  - Introduction to sports coaching (15)
  - Sport development and leadership (15)
- Level 4 insertion of:
  - The sport and exercise professional (30)
  - o Principles of strength and conditioning (15)
  - o Introduction to the sports industry (15)
- Level 5 removal of:
  - Fitness training and testing (15)
  - o The injured athlete (15)
  - o International academic study portfolio (15)
  - International academic study project (30)
  - International academic study extended project (45)
  - Study trip (15)
- Level 5 insertion of:
  - Applied performance analysis (15)
  - Strength and conditioning in practice (15)
- Level 6 removal of:
  - Sports science for coaches (15)
  - Performance analysis (15)
  - Sports injury assessment (15)
  - o Injury prevention and rehabilitation (15)
  - Contemporary practice in sports conditioning (15)
- Level 6 insertion of:
  - Performance analysis in practice (15)
  - High performing teams (15)
  - Recovery and monitoring for sports performance (15)
  - Sports conditioning and return to play (15)

#### Part 4

- Modules have been changes to reflect the changes in part 3
- Insert learning outcome "how sports science disciplines interact to improve performance" under section A
- Removed LO4
- Insert learning outcome " adopt an inter-disciplinary approach in relation to supporting sporting performance" under section B
- Insert learning outcome " evidence continued professional development activities" under section C
- Tick marks have been inserted and removed where appropriate

# Part 5

- Inserted section on placement learning "Placement learning allows students to have the opportunity to engage in an integrated placement year between level 5 and six, if they so wish, and will be supported in identifying potential opportunities"
- Careers section has been edited to "To support learners' career preparations, careers

personnel visit the institution on a regular basis and the students can use all the online resources. Tutors will also offer subject specific careers advice through module sessions or individual tutorials. Careers fairs are arranged periodically to allow students to engage directly with employers from the industry sector." Essentially "Hathe institutions employability team will assist students with their career planning and students will have access to a range of online resources"

- Removal of "or via the SMS text message service with which the institution has engaged with."

#### Part 6

- Assessment map has been edit to reflect module changes in part 3.
- Distinctive module (Undergraduate Dissertation) added in line with new template

#### Part 7

- This section has been re-written to reflect current practice.

### Part 8

- This section has been removed.

**Material Alteration:** Yes and is accompanied by the relevant course information sheets.

#### Rationale:

- The modules included on the programme have been edit to provide a greater provision of sport and exercise sciences core (e.g. biomechanics) and more prominent (e.g. performance analysis, strength and conditioning) type modules.
- Moreover, the therapy type modules have typically been removed. It is unlikely that students will progression onto therapy type jobs after this course. Moreover, the volume of therapy modules means that students couldn't attain a final degree with a therapy leaning profile rather than one that fits the core disciplines.
- Student have been consulted about these changes.

### **Change requested by: John Fernandes**

- I can confirm that student representatives have been consulted about this change
- I can confirm that colleagues impacted by this change have been consulted
- I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Signature:

## Name of Head of Department: Sarah Lee

Manual

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department.

Signature:

Garah Lee

**Date**: 11.02.19

**Date**: 9/2/2019

Approval Committee and Date:	CVC 2019 02 27
Change approved with effect from:	01 September 2019 (for 2019 intake)
Resulting new version number:	7.0

# Version 6.0 (2017+)

Rationale: After the successful application for University Title, amendments were required to all specifications.				
Material Alteration: Yes and Course Information Sheet amended appropriately: Not required				
Outline Change Details: 1. Part 1: Basic Data requires the Awarding Body to be amended from Hartpury College to Hartpury University. 2. Award Titles amended to replace (SW) with (IP).				
Change requested by:	Academic Registrar			
CVC approval date:	31 August 2018			
Change approved with effect from:	01 September 2018			
New version number:	6.0			

# Version 4 (2017+) Periodic Curriculum Review

Outline Change Details: Update of valid to/from dates.				
<b>Rationale: The</b> Sport Periodic Curriculum Review (PCR) on 2 <sup>nd</sup> May 2018 confirmed revalidation of the programme.				
Change requested by:	PCR 02 May 2018			
PCR approval date:	02 May 2018			
Change approved with effect from:	01 September 2018			

# Version 2

Outline Change Details: Addition of foundation year				
Rationale: As above.				
Change requested by:				
CVC approval date:				
Change approved with effect from:	01 September 2017			