

**MSc, Postgraduate Diploma and Postgraduate Certificate**

# Sports Coaching

**This programme will support you to take your coaching to the next level by becoming a theoretically informed and evidence-based coaching practitioner.**

You'll benefit from a range of academically stimulating and industry-relevant modules, delivered by lecturers and professors who are also coaching practitioners for international, national and local clubs, as well as our own performance Sports Academy teams.

## Key Information

**Course Duration:** 1 year full-time; part-time options available

**Level of Study:** Master's and PhDs

**Typical Offer:** 2:1 honours degree (2:2 applicants considered individually)

# Course information

## Overview

The course is ideal for recent graduates, as well as coaching practitioners in high-performance sport and those in development coaching roles, who want to develop in an academic environment, whilst applying theory to practice in real-world employment or extra-curricular settings.

As an MSc student, you'll undertake a significant piece of research in your final year, contributing new knowledge to an area of your own work or wider coaching environment.

With both full and part-time learning options, you could study alongside existing employment or other commitments.

## Entry requirements

## **Academic**

2:1 honours degree in a relevant subject. Students with 2:2 and relevant experience will be considered on a case by case basis.

## **Non-academic**

Students with non-relevant qualifications but with sufficient work experience or professional experience will be considered on an individual basis.

## **International**

In addition to the academic qualification an IELTS 6.5 or equivalent is required.

Please contact us for further information.

## **Employability**

To support you to apply theory to practice, we recommend you to be working in a coaching role alongside your studies. Students sometimes secure voluntary roles with our own performance and development sports teams on campus to support their learning, but this cannot be guaranteed.

Career destinations for the degree include:

- Professional sports coach
- PhD study
- School sport coach
- University or college lecturer
- Community or developmental coach

## **How you'll study**

We're committed to supporting you to fulfil your unique potential while you're here so that you can achieve your personal and professional goals.

## **Duration**

### **One year, full-time**

You can study each of these qualifications full-time and subsequently complete each within one year.

### **Two-three years, part-time**

Alternatively, we offer flexible part-time options to help students to manage their studies alongside other commitments. These options can be tailored to suit your own needs, enabling

you to complete your qualification in two or three years. Please enquire for further details.

## **Your support network**

You'll benefit from a strong support network from day one. This will range from your lecturers, supervisors and personal tutor to our specialist academic (Achievement and Success Centre), employability (Innovation, Careers and Enterprise) and wellbeing teams.

## **Your learning experiences**

You'll experience a range of teaching methods to strengthen your understanding of topics, including lectures, workshops and practical sessions.

# **Qualifications and modules**

## **MSc degree**

The course has been designed to engage you in the process of applying theoretical principles to your practice, enabling you to develop as an academically informed reflective practitioner.

Industry-informed and relevant modules will support you to develop a deeper understanding of coaching, coach education and high-performing coaching environments, focusing on the practical nature of the discipline.

You'll be encouraged to focus on your existing coaching context, with opportunities to tailor your assessments to help meet the demands of your professional role.

## **Postgraduate Certificate and Postgraduate Diploma**

These qualifications form part of and are at the same level as the full master's degree. They provide the ideal opportunity for you to develop your professional expertise via shorter part-time qualifications to fit around commitments, whilst allowing flexibility to progress each qualification through to the next level, including the full master's degree.

### **Postgraduate Certificate**

The Postgraduate Certificate includes the initial group of core modules.

### **Postgraduate Diploma**

The Postgraduate Diploma includes these core modules alongside focused research in a coaching context that could reflect your current role or future ambitions.

## **Modules**

Explore the compulsory modules for this course. You'll also be able to choose from a range of optional modules to suit your interests and career goals.

Optional modules change each year in line with student, industry and research demands.

## Module credits

Upon successful completion of your modules you'll gain academic credit that accumulates towards your award. The marks you gain may contribute towards your final master's degree differential award (pass, merit or distinction).

### Compulsory modules

#### **Postgraduate Dissertation (MSc)**

Students will develop and undertake a research project of their choosing.

#### **Professional Development Portfolio (all levels)**

You'll reflect your personal learning needs, potential future mentors and peak coach experiences to date.

#### **Coaching Craft (all levels)**

Understand coaching philosophy and coaching behaviours and decision-making.

#### **Reflective Practice (all levels)**

Developing reflective practices and their use in coaching.

#### **The Scientific Coach (PGDip, MSc)**

Prepares students to review current research and conduct their own research projects in the area of coaching.

### Optional modules

#### **Coach Education in Context**

Students will consider current knowledge on how to develop coaches, through a range of coach education strategies.

#### **Coaching Work Based Learning Portfolio 3**

This module allows postgraduate students to complete a work-based project defined by a learning contract and negotiated between the learner themselves, a university tutor-facilitator and often the student's employer.

#### **High Performing Environments**

Students will develop a critical understanding and appreciation of how to work effectively within industry and multi-disciplinary/inter-disciplinary teams.

#### **Pedagogy in Practice**

This module focuses on the use of learning theories and pedagogic principles as a conceptual lens through which to view practice. It provides practitioners with an opportunity to increase their understanding of the field of pedagogy in order to develop a conceptual base from which to refine and critique their practice. Students enrolled on this module will be required to design and deliver a presentation to provide practitioners with underpinning knowledge that will allow them to develop more pedagogically aware practice.

### **Postgraduate Independent Study**

You will be supported to produce a critical literature review in an area of personal interest.

### **Postgraduate Industry Placement Experience**

This module will bridge the gap between the student's academic preparation and the real world environment. Students are required to source and complete 200 hours of industry- based placement in a pre-approved environment.

## Teaching modes

The modules contain a mixture of scheduled learning – lectures, workshops, practical sessions and online delivery – alongside independent learning. Students are expected to dedicate at least two to three hours of independent study per contact hour.

The course is taught in English.

|                          | Contact learning | Placement learning | Independent learning |
|--------------------------|------------------|--------------------|----------------------|
| MSc degree               | 11%              | 0%                 | 89%                  |
| Postgraduate Diploma     | 15%              | 0%                 | 85%                  |
| Postgraduate Certificate | 14%              | 0%                 | 86%                  |

### **Teaching contact time**

Teaching contact time and method will vary depending on the module that you are studying.

## Assessment and Feedback

You'll be assessed through a mixture of practical exams and written assignments. Many of the modules will be marked based on a mixture of assessment types, whilst others will be based solely on one type of assessment.

Feedback will be given in written form, with the option to discuss all feedback with academic staff.

|  | Written exam | Practical exam | Coursework |
|--|--------------|----------------|------------|
|--|--------------|----------------|------------|

|                          |    |     |     |
|--------------------------|----|-----|-----|
| MSc degree               | 0% | 31% | 69% |
| Postgraduate Diploma     | 0% | 34% | 66% |
| Postgraduate Certificate | 0% | 19% | 81% |

## Timetables

This master's course is made up of two semesters, within which you'll study compulsory and optional modules on different topics.

Semesters normally consisting of 12 weeks of scheduled teaching and then assessment weeks, with an overview below:

- Scheduled teaching takes place on a Monday and Tuesday 10:30-12:30 and 13:30-15:30.
- This condensed tailored timetable allows students to study flexibly around existing work-life and sporting commitments, coach/play in the morning via our Sports Academy and/or allow for those students who are required to travel.

 **View term dates**

## Fees and funding

Please visit our [student finance page](#) for information on tuition fees and student loans, as well as non-repayable grants, bursaries and scholarships, eligible to different groups, to support with study costs.

### Studentship scheme

Our [Postgraduate Studentship Scheme](#) provides a fantastic development opportunity, enabling you to complement your postgraduate study with important real-world research within a paid position at Hartpury.

### Performance Sports Academy membership

Find out costs and details for joining one of our performance Sports Academy teams.

[Explore Sports Academies](#)

### Hartpury gym

Find out about [costs and details for joining the Hartpury gym](#).

[Discover more](#)

### Accommodation and living costs

Please [visit our student accommodation page](#) for details.

## Further course details

Our [\*\*\*Resource Library\*\*\*](#) is where you'll find all the essential details about Hartpury University's courses. It includes *Programme* and *Module Specifications*, along with *Course Information Sheets* for every course. You can easily download a complete revision history for each of these, clearly showing the dates changes were made.

**Course Information Sheets:** These are PDF versions of the course webpages. They provide an overview of the course, what to expect during your studies, and the topics covered.

**Programme Specifications:** These are detailed, validated documents containing academic specifics for each programme. They include descriptions of the programme, its aims, learning outcomes, year and module structure, as well as teaching, learning, and assessment strategies.

**Module Specifications:** Each Programme consists of several Modules. Our Module Specifications outline the topics covered and the expected outcomes for students studying each Module.

 **Resource library**

**Discuss this course with an Academic Programme Manager**

## Book an appointment

Prospective students can book an online appointment with one of our programme managers to discuss our courses and options for postgraduate study at Hartpury University.









## World-class facilities

Develop hands-on expertise and undertake research in our over £10 million Sports Academy, enabling our students to learn using some of the most advanced technologies in the UK.

Develop your practical skills using industry-standard equipment that's utilised by professional coaches to enhance strength, power, speed and injury prevention qualities.

**Watch via YouTube**

Ask us a question about postgraduate study at Hartpury University or enter your contact details to receive updates on news, events and updates on opportunities to visit us.

Full Name \*

First name

Last name

Email address \*

Home country \*

Select an Option

▼

Which subject area are you interested in? \*

Select an Option

▼

What year are you planning to start your studies? \*

## Get in touch

Whether you're looking for more details with regards to a specific course, or information on your own academic options or life at Hartpury, please don't hesitate to get in touch with our friendly and knowledgeable Admissions team.

### Important information

Every effort has been made to ensure the accuracy of our published course information, however our programmes are reviewed and developed regularly. Changes or cancellation of courses may be necessary to ensure alignment with emerging employment areas, to comply with accrediting body requirements, revisions to subject benchmark statements or as a result of student feedback. We reserve the right to make necessary changes and will notify all offer-holders of changes as and when they occur.

