

## Programme Specification

Part 1: Basic Data			
<b>Primary Programme Title</b>	BSc (Hons) Sport and Exercise Sciences		
<b>Target Award Titles</b>	<b>Mode and Typical Duration of Study</b>	<b>Professional Accrediting Body Links</b>	<b>Study Abroad / Exchange / Credit Recognition</b>
<b>BSc (Hons) Sport and Exercise Sciences</b>	Stage 0 Entry: Full time, 4 years, Part time, 8 years Stage 1 Entry: Full time, 3 years, Part time, 6 years	<b>None</b>	<b>None</b>
<b>BSc (Hons) Sport and Exercise Sciences with integrated placement year</b>	Stage 0 Entry: Full time, 5 years, Part time, 9 years Stage 1 Entry: Full time, 4 years, Part time, 7 years	<b>None</b>	<b>None</b>
<b>Interim Award Titles</b>	BSc Sport and Exercise Sciences BSc Sport and Exercise Sciences with integrated placement year BSc Sport Studies BSc Sport Studies with integrated placement year Diploma of Higher Education in Sport Studies Certificate of Higher Education in Sport Studies Undergraduate Certificate in Sport Studies Undergraduate Award in Sport Studies Higher Education Foundation Certificate in Academic Skills Higher Education Foundation Award in Academic Skills		
<b>Teaching Delivery Method</b>	On-site		
<b>Awarding Institution</b>	Hartpury University		
<b>Teaching Institution</b>	Hartpury University		
<b>Delivery Location</b>	Hartpury		
<b>Department Responsible for Programme</b>	Sport		
<b>Unit-E Code</b>	<b>BSHSSESX</b>		
<b>Entry Criteria Information</b>	Applicants will have achieved entry criteria appropriate for the stage of entry, which can be found through the Hartpury website ( <a href="http://www.hartpury.ac.uk">www.hartpury.ac.uk</a> ).		
<b>Most Recent Validation Date</b>	13 February 2025	<b>Due for Re-validation By</b>	01 September 2030
<b>Amendment Approval Date</b>		<b>Approved With Effect From</b>	V11.0 - 01 September 2025

Part 1: Basic Data			
<b>Professional Accrediting Body Approval Date</b>	N/A	<b>Date For Re-accreditation</b>	N/A
<b>Version</b>	11.0		

## Part 2: Programme Overview

BSc (Hons) Sport and Exercise Sciences graduates have a theoretical understanding of the physiological, psychological, and biomechanical principles of sport and exercise. Graduates can practically apply their knowledge to specific sport and exercise disciplines. Graduates demonstrate the skills required to engage in an inter-disciplinary approach to support performance and exercise engagement. On completion of the programme, graduates exhibit the skills necessary to interact with athletes and clients when communicating information in support of performance and exercise prescription. Graduates are ideally placed to work in a range of sport and exercise settings. Moreover, graduates possess the skills to pursue further postgraduate development in sport and exercise sciences.

BSc (Hons) Sport and Exercise Sciences with integrated placement year graduates have a theoretical understanding of the physiological, psychological, and biomechanical principles of sport and exercise. During the integrated placement year, graduates had an opportunity over an extended period to practically apply their discipline-specific knowledge to sport and exercise scenarios that are generated by interaction with their placement. Graduates demonstrate the skills required to engage in an interdisciplinary approach to support performance and exercise engagement. On completion of the programme graduates exhibit the skills necessary to interact with athletes and clients when communicating information in support of performance and exercise prescription. Graduates are ideally placed to work in a range of sport and exercise settings. Moreover, graduates possess the skills to pursue further postgraduate development in sport and exercise sciences.

### Part 3: Programme Structure

This structure diagram demonstrates the student journey from enrolment through to graduation for a typical **full time student on the primary programme**, including:

- level and credit requirements
- award requirements that are in addition to those described in the Hartpury University Academic Regulations
- module diet, including core and optional modules.

Please note:

\*PAB these modules are subject to additional and variant regulations as part of an accreditation by a professional accrediting body

+ core modules marked + are not eligible for compensation

<sup>1</sup> these modules are accredited by a professional awarding body, but are not subject to variant regulations

<sup>AV</sup> these modules are subject to additional and variant regulations but are not accredited by a professional awarding body

	Core Modules	Optional Modules	Target and Interim Awards
Stage 0	HANVRD-30-3 Professional Development in Practice OR HANV8B-30-3 Academic Skills in Practice <i>pre-2024 only</i>  HSPVSG-30-3 Business Enterprise and Management OR HANV8E-30-3 Foundation Biological Principles <i>pre-2024 only</i>  HANVQX-15-3 Academic Literacy for University Studies OR HANVG4-15-3 Foundation Skills Development <i>pre-2024 only</i>  HSPVRY-30-3 Principles of Sports Science OR HANVG3-30-3 Foundation Sports Science <i>pre-2024 only</i>  HANVRR-15-3 Exploring Current Concepts OR HANV8C-15-3 Reviewing Literature <i>pre-2024 only</i>	None	<u>Higher Education Foundation Award in Academic Skills</u>  <u>Higher Education Foundation Certificate in Academic Skills</u>

	To progress to Stage 1 you must achieve at least 90 credits.		
<b>Stage 1</b>	<p>HSPVSU-15-4 Academic Skills for Sport and Exercise Scientists</p> <p>HSPVSW-15-4 Fundamentals of Sport and Exercise Biomechanics</p> <p>HSPXL7-15-4 Introduction to Exercise Physiology</p> <p>HSPVVG-15-4 Introduction to Functional Anatomy</p> <p>HSPXLE-15-4 Introduction to Sport and Exercise Psychology</p> <p>HSPVU7-15-4 Introduction to Sport and Exercise Sciences</p> <p>HSPXM3-15-4 Principles of Strength and Conditioning</p> <p>HSPVTA-15-4 Research and Data Skills in Sport</p>	None	<p><u>Certificate of Higher Education in Sport Studies</u></p> <p><u>Undergraduate Award in Sport Studies</u></p> <p><u>Undergraduate Certificate in Sport Studies</u></p>
	To progress to Stage 2 you must achieve at least 90 credits.		
<b>Stage 2</b>	<p>HSPV5X-15-5 Applied Biomechanics in Sport</p> <p>HSPXSB-15-5 Exercise Physiology</p> <p>HSPVUK-15-5 Professional Development in Sport and Exercise Sciences</p> <p>HSPXRV-15-5 Sport and Exercise Psychology</p> <p>HSPVTB-15-5 The Sport and Exercise Researcher</p> <p>HSPVSV-15-5 The Sport and Exercise Scientist</p>	<p>HSPVC5-15-5 Applied Performance Analysis</p> <p>HSPXS5-15-5 Health Related Exercise</p> <p>HSPVUX-15-5 Injuries in Sport and Exercise</p> <p>HSPXS9-15-5 Sport and Exercise Nutrition</p>	<p><u>Diploma of Higher Education in Sport Studies</u></p>

Optional Year	HANVK6-15-5 Integrated Placement Year		
	To progress to Stage 3 you must achieve at least 210 credits from Stages 1 and 2.		
Stage 3	<p>HSPVU8-15-6 Professional Practice for Applied Sport Scientists</p> <p>HSPVQA-45-6 Sport Research Project</p> <p>Students must pick at least two of the following three modules:</p> <p>HSPV3T-15-6 Applied Sport and Exercise Physiology</p> <p>HSPV4A-15-6 Applied Sport Psychology</p> <p>HSPVA6-15-6 Biomechanics in Sport Practice</p>	<p>HSPVA9-15-6 Performance Analysis in Practice</p> <p>HSPVU4-15-6 Performance Nutrition</p> <p>HSPV5G-15-6 Recovery and Monitoring for Sports Performance</p> <p>HSPV55-15-6 Special Populations</p>	<p><u>BSc Sport Studies</u></p> <p><u>BSc Sport Studies with integrated placement year</u> Must include the Integrated Placement Year module.</p> <p><u>BSc Sport and Exercise Sciences</u> Must include all core modules except Sport Research Project.</p> <p><u>BSc Sport and Exercise Sciences with integrated placement year</u> Must include all core modules except Sport Research Project and must include the Integrated Placement Year module.</p> <p><u>BSc (Hons) Sport and Exercise Sciences</u> Must include all core modules.</p> <p><u>BSc (Hons) Sport and Exercise Sciences with integrated placement year</u> Must include all core modules and must include the Integrated Placement Year module.</p>

**Part time:**

The part time student journey from entry through to graduation is individually negotiated with the student.

## Part 4: Programme Learning Outcomes

Modules in bold are core modules and modules not emboldened are optional modules.

**A denotes a module that assesses a learning outcome and B denotes a module aligned with a learning outcome.**

<b>Learning Outcomes:</b>	<b>Academic Skills for Sport and Exercise Scientists</b>	<b>Research and Data Skills in Sport</b>	<b>Introduction to Sport and Exercise Sciences</b>	<b>Introduction to Functional Anatomy</b>	<b>Fundamentals of Sport and Exercise Biomechanics</b>	<b>Introduction to Exercise Physiology</b>	<b>Introduction to Sport and Exercise Psychology</b>	<b>Principles of Strength and Conditioning</b>	<b>The Sport and Exercise Scientist</b>	<b>The Sport and Exercise Researcher</b>	<b>Professional Development in Sport and Exercise Sciences</b>	<b>Applied Biomechanics in Sport</b>	<b>Exercise Physiology</b>	<b>Sport and Exercise Psychology</b>	Sport and Exercise Nutrition	Injuries in Sport and Exercise	Health Related Exercise	Applied Performance Analysis	Integrated Placement Year	<b>Sport Research Project</b>	<b>Professional Practice for Applied Sport Scientists</b>	Biomechanics in Sport Practice	Applied Sport and Exercise Physiology	Applied Sport Psychology	Performance Nutrition	Recovery and Monitoring Performance	Special Populations	Performance Analysis in Practice
<b>A) Knowledge and Understanding of:</b>																												
1. The theoretical concepts of anatomy and biomechanics sport and exercise science principles.				A	B	B		B				A	B			B												
2. The theoretical concepts of physiology sport and exercise science principles.				B				B				B	A			B												
3. The theoretical concepts of psychology sport and exercise science principles.							B							A	B	B	B	B										
4. Contemporary understanding and learning of core concepts of sport and exercise science principles.																						A	A	A	A	B	B	
5. The theoretical concepts of wider sport and exercise science principles and how they interact.			B					B			B				B	A	B	B	B			B				A	A	A
6. Principles that link theory to practice and inform sports industry, sports science, and related disciplines.			B	B	B	B	A	B			B	A	A	B	B	B	B	B	B		A	A	A	A	A	B	B	B
7. Current academic enquiry sustainability, inclusivity, and practitioner developments in the sport and exercise sciences and related disciplines.		B		B	B	B	B	B	B	B	A	B	B	B	B	B	A	A	B		A	B	A	A	A	A	B	B

B) Intellectual Skills																													
1. Synthesise information from multiple sources to build a coherent evidence-based understanding of the complex challenges found in the sport and exercise sciences.	B		B	B	B		B	B		A		B	B	B		B	B	B	B	B	A	A	A		A	A			A
2. Critically evaluate, appraise, and challenge research that underpins the core disciplines and evidence-based practice of sport and exercise sciences.		B		B	B	B	B	B				B	B	B			B	B	B			A	A		A	B	A		A
3. Analyse, and interpret research data, and disseminate findings using appropriate methods to support evidence-based arguments.	B	B		B	B	A		B	B	B		B	B				B	B	B	B	A		A	A	A	A	A		A
4. Develop, design, and execute an independent research project utilising recognised research designs and techniques.		B			B	B			B	B		B	B		B						A								
C) Performance and Practice																													
1. Understand how sport and exercise science disciplines interact to enhance sports performance, increase exercise participation, and promote health related outcomes.				B	B	B		B				A		B						B							B		B
2. The multi- and inter-disciplinary role, contribution, and significance of sport and exercise scientists in sport performance and exercise for health contexts.				A	B	B	B	B				B	B	B				B	B	B	B		A	A	B	A	A	B	A
3. Understand the purpose and relevance of technological applications that can be utilised by the modern sport and exercise scientist.			A		B	B	B		B	A	B	B	A	B		B	B			B	B	B	B	A	A		B		B
4. Design, implement, and evaluate effective and inclusive programmes of intervention that can be operationalised in sport, exercise, and health contexts.				B	B	B		B					A			A	B	B	B				A	A	B	A	A	A	
D) Setting, Personal, and Enabling Skills																													
1. Develop undergraduate academic study skills including structure of written work, referencing, and competence across a range of ICT platforms.	A	B			B	A	B	A	B	A	B		B		B	B	B	A	A	B			A	A	A	A	A	A	A
2. Engage in academic enquiry, qualitative and quantitative research methods, and the ability to identify, develop, and implement strategic empirically based problem-solving strategies.			B		B	B				A	A		B	B				B	B			A		A	A			A	B
3. Demonstrate ongoing development of academic and sector relevant competencies and skills, including reflection and appreciation of wellbeing and inclusivity. This will be informed by empirical research and can facilitate entry and engagement with potential sport and exercise sector.	B	A	B	B	B	B		A		A		A	B	B		B	B	B	B	B	A	B	A	A	A	B	B	B	A



## Part 5: Learning, Teaching and Assessment

### Learning, Teaching and Assessment Journey:

The BSc (Hons) Sport and Exercise Sciences programme is designed to develop a theoretical understanding of the physiological, psychological, and biomechanical demands of sport and exercise. The inclusion of industry-specific practical skills is a key aspect of the programme, allowing students to contextualise the theory learnt and work towards becoming knowledgeable and proficient sport and exercise scientists. In addition, the programme facilitates students' understanding and development of how to communicate effectively with athletes or clients and operationalise discipline specific practitioners to work together and deliver optimal performance or exercise behaviour. A mixture of taught sessions and the promotion of work-related learning will facilitate these aspects of the journey and contribute extensively to the student experience.

Having entry points in both Foundation Stage and at Stage One enables the programme experience to facilitate the development of a successful undergraduate supporting a wide range of study backgrounds. The Foundation Stage prepares students with general study skills and opportunities to develop subject specific skills and knowledge. Additionally, the Foundation Stage includes professional development activities enabling students to put their skills into practice and develop an early appreciation of employment opportunities and attributes necessary for enhanced employability.

During each stage of their programme a student will be allocated an academic personal tutor. Within the Foundation stage, students are supported to adjust to studying at university through spiral induction and embedded academic personal tutoring activities that facilitate the development of skills essential to academic study and professional success.

A variety of optional modules in combination with compulsory aspects of the programme presents students with an opportunity to focus and specialise in specific areas of study within sports and exercise science. Specific areas of focus include strength and conditioning, nutrition, performance analysis, and physical activity and exercise. The inclusion of optional modules focusing on key principles affords the students opportunities to learn basic skills in preparation for self-employment.

Students are presented with a variety of learning environments during the programme including lectures, seminars, practicals, guest speakers from industry, and industry visits. These are intended to enhance student knowledge and develop necessary skills for employment. A diverse range of assessments are aligned with taught content, which determine theoretical understanding and industry standard practical skills and competencies.

The University prioritises student support. Key to that support is the tutorial system that complements study skills sessions operated throughout the institution. Study skills sessions afford students the opportunity to enhance their academic ability through individual and group tutorials, with Stage 1 provision focusing on the development of academic skills. Stage 2 includes support on research development in preparation for the third-year research project. Stage 3 students are assisted with their career choices and development thereof. Each student has an academic personal tutor who guides the student throughout their study and will be key for the students when choosing modules. Students are strongly encouraged to utilise and engage with face-to-face tutorials with either their allocated personal tutor or their subject-specific module leaders in order to support their academic development.

## **Part 5: Learning, Teaching and Assessment**

The University Library is highly supportive of the academic disciplines within the sports industry field and provides an extensive range of paper (textbooks and periodicals) and electronic (e-book, periodicals and database) resources relevant to the subject area. The Library and the programme team are in constant contact to ensure that up-to-date, relevant material which supports students' academic journey is provided.

This programme will be assessed according to the approved Academic Regulations.

Students registered on this programme will have access to the Hartpury University support services.

The distinctive module used by the Programme Examination Board to inform recommending differential awards for students when considering borderline performance profiles will be:

Sport Research Project

Professional Accrediting Body documents to which this programme is mapped and or aligned:

Programme is aligned with the British Association of Sport and Exercise Sciences (BASES).

Assessment Map									
		Type of Assessment*							
		Coursework	Report	Portfolio	Written Examination	Written Test	Practical Skills Examination	Practical Skills Assessment	Oral Assessment
Core Modules Stage 0	Academic Literacy for University Studies							A (100) Graduate Skills Logbook	
	Professional Development in Practice			A (100) Industry Experience Portfolio					
	Exploring Current Concepts	A1 (20) Coursework A2 (80) Essay Based on a Case Study							
	Business Enterprise and Management	A (50) Essay							B (50) Group Oral Presentation with Questions, individually marked
	Principles of Sport Science				A (60) Written Examination				B (40) Group Oral Presentation with Questions, individually marked

Core Modules Stage 1	Introduction to Exercise Physiology							A (100) Practical Skills Logbook	
	Introduction to Functional Anatomy					A (100) Test Series			
	Introduction to Sport and Exercise Psychology	A (100) Essay							
	Fundamentals of Sport and Exercise Biomechanics	A (100) Coursework Series							
	Principles of Strength and Conditioning				A (100) Open-Material Written Examination				
	Academic Skills for Sport and Exercise Scientists	A (30) Coursework							B (70) Oral Presentation
	Research and Data Skills in Sport							A (100) Practical Skills Logbook	
	Introduction to Sport and Exercise Sciences								A (100) Group Oral Presentation with Questions, individually marked

<b>Core Modules Stage 2</b>	Applied Biomechanics in Sport		A (100) Case Study Report						
	Exercise Physiology		B (50) Case Study Report			A (50) Unseen Fixed-Time Test			
	Sport and Exercise Psychology	A (100) Essay							
	Professional Development in Sport and Exercise Sciences								A (100) Oral Presentation with Questions
	The Sport and Exercise Scientist							A (100) Practical Skills Logbook	
	The Sport and Exercise Researcher		A (100) Report						
<b>Optional Modules Stage 2</b>	Applied Performance Analysis							A (100) Practical Skills Assessment	
	Health Related Exercise			A (100) Coursework Portfolio					
	Injuries in Sport and Exercise				A (100) Unseen Closed-Material In-Class Test				
	Sport and Exercise Nutrition		A (100) Case Study Report						
<b>Optional Year</b>	Integrated Placement Year			A (100) Industry Experience Portfolio					

<b>Core Modules Stage 3</b>	Sport Research Project		A (75) Project Report						B (25) Oral Presentation
	Professional Practice for Applied Sport Scientists							A (100) Practical Assessment Series	
	Applied Sport and Exercise Physiology							A (100) Practical Skills Assessment	
	Biomechanics in Sport Practice							B (30) Group In-Class Practical Skills Assessment, with a group mark	A (70) Group Oral Presentation with Questions, individually marked
	Applied Sport Psychology	A (100) Essay							
<b>Optional Modules Stage 3</b>	Performance Analysis in Practice								A (100) Poster Defence
	Recovery and Monitoring for Sports Performance							A (100) Practical Skills Assessment	
	Special Populations		A (100) Case Study Report						
	Performance Nutrition		A (100) Case Study Report						

\*Indicative assessment types for new students enrolling on this programme after the date this specification takes effect (Part 1) are shown in terms of either **Coursework**, **Written Examination**, or **Practical Examination** as indicated by the colour coding above.

This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if they take full advantage of the learning opportunities that are provided. More detailed information on the learning outcomes, content and teaching, learning and assessment methods of individual modules can be found through Hartpury's website ([www.hartpury.ac.uk](http://www.hartpury.ac.uk)).

## Approved Programme Amendment Log

<b>Primary Programme Title:</b>	BSc (Hons) Sport and Exercise Sciences
<b>Programme Code:</b>	BSHSSESX
<b>Initial Approval Date:</b>	01 September 2017

**Changes:** *Most recent at the top of the page*

### 11/06/2025: correction to document

Part 3: Programme Structure - 'by exception' note removed. Following a review of the approach, it has been decided that this category of module will not be used.

Approved by CVC Chair's action 2025 11 06

<b>Current version number: 10.1</b>
<p><b>Outline Change Details:</b></p> <p>Part 1: interim awards updated in line with current regulations - Undergraduate Award in Sport Studies and Higher Education Foundation Award added, Certificate in Academic Skills removed.</p> <p>Part 2: Programme Overview – reworded slightly.</p> <p>Parts 3, 4 and 5 updated to reflect programme structure changes and module amendments:</p> <p>Stage 1: new modules HSPVVG-15-4 Introduction to Functional Anatomy and HSPVSW-15-4 Fundamentals of Sport and Exercise Biomechanics replace HSPXL8-30-4 Introduction to Functional Anatomy and Sports Biomechanics; HSPVSU-15-4 Academic Skills for Sport and Exercise Scientists and HSPVTA-15-4 Research and Data Skills in Sport replace HSPVC4-30-4 The Sport and Exercise Professional; HSPVU7-15-4 Introduction to Sport and Exercise Sciences replaces HSPXM9-15-4 Introduction to the Sports Industry.</p> <p>Stage 2: HSPVSV-15-5 The Sport and Exercise Scientist and HSPVTB-15-5 The Sport and Exercise Researcher replace HSPV5Y-30-5 The Sport and Exercise Scientist; HSPXRV-15-5 Sport Psychology name changed to Sport and Exercise Psychology; new module HSPVUK-15-5 Professional Development in Sport and Exercise Sciences added as core module; optional module HSPXS9-15-5 Sports Nutrition name changed to Sport and Exercise Nutrition; new module HSPVUX-15-5 Injuries in Sport and Exercise added as optional module; HSPVSP-15-5 Independent Report and HSPVB6-15-5 Strength and Conditioning in Practice removed as optional modules.</p> <p>Stage 3: HSPVQA-45-6 Sport Research and Knowledge Exchange Project name changed to Sport Research Project; HSPV4A-15-6 Sport Psychology in Action named changed to Applied Sport Psychology; HSPVU8-15-6 Professional Practice for Applied Sport Scientists added as core module; new module HSPVU4-15-6 Performance Nutrition added as optional module; HSPV3V-15-6 Contemporary Issues in Sports Education, HSPVA7-15-6 High Performing Teams and HSPV4C-15-6 Sports Conditioning and Return to Play removed as optional modules.</p> <p>Part 3: Programme Structure - 'transition' modules removed as no longer needed:</p> <p>Stage 1 HSPXM5-15-4 Sport Development and Leadership; HSPXM4-15-4 Skill Acquisition; HSPXKY-15-4 Academic Skills for Sport and HSPXLR-15-4 Introduction to Sports Coaching. Stage 2: HSPXSD-15-5 The Injured Athlete and HANXRX-15-5 Independent Report. Stage 3: HANV3R-45-6 Undergraduate Dissertation.</p> <p>Part 3: Programme Structure - Stage 0 pre-2022 'transition modules' removed, as no longer needed.</p> <p>Part 5: Learning, Teaching and Assessment – amended slightly to update terminology.</p> <p>Part 5: Assessment Map updated to reflect module amendments.</p> <p>Stage 1: Introduction to Exercise Physiology changed from Test, Written Exam and Practical Skills Assessment to Practical Skills Logbook; Introduction to Sport and Exercise Psychology - Test removed.</p> <p>Stage 2: Applied Biomechanics in Sport changed from Case Study Test to Case Study Report; Sport and Exercise Nutrition - Test removed.</p> <p>25/02/2025: correction of typographical error in change log. Module title for HSPVUK-15-5 corrected from Applied Practice in Sport and Exercise Sciences (as originally presented at CVC) to Professional Development in Sport and Exercise Sciences (as finally approved).</p>
<p><b>Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? Yes</b></p> <p><b>If yes, please provide the details of the changes:</b></p> <p>HAF has been updated to reflect the positive changes made within this programme. Module changes include the streamlining of the programme (i.e., reduction in options) and programme only industry</p>

facing modules to support students to develop the skill, knowledge and confidence to enter the world of work. This includes the addition of L4 Introduction to Sport and Exercise Sciences, L5 Professional Development in Sport and Exercise Sciences, and L6 Professional Development in Sport and Exercise Sciences.

**Material Alteration: Yes and is accompanied by the relevant course information document.**

**Rationale:**

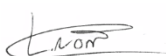
- Programme specific module included at stage 1 (Introduction to Sport and Exercise Sciences) to provide students with an opportunity to consider collaboration of core science topics (biomechanics, psychology, and physiology).
- Programme specific module included at stage 2 (Professional Practice in Sport and Exercise Sciences) to provide students with an opportunity to consider early practitioner and career skills specific to the programme. Also helps to increase help increase programme identity.
- Splitting the 30 credit modules at Stage 1 into four smaller 15 credits gives students an increased opportunity to achieve 60 credits by the end of semester 1 which means that students can withdraw with an interim award. Also allows for more balanced semesters at Stage 1.
- The Sport and Exercise Scientist stage 2 modules split from 30 credits to two 15 credits modules to give students an increased opportunity to achieve 60 credits by the end of semester 1, meaning they can withdraw with an interim award.
- Stage 2 Sport psychology name change to incorporate more exercise information to scaffold from stage 1 and based off industry feedback.
- Module name change to Sport Psychology in Action to make it more concise and emphasise the practical nature of the module.
- Performance Nutrition added at Stage 3 to give students an opportunity to explore the topic before the potential new Nutrition Masters programme. Also based on student feedback asking for more nutrition provision when they would like to do nutrition for their research project.
- The Professional Practice for Sport and Exercise Scientists module, in conjunction with Sport Nutrition and Strength and Conditioning programmes, will aim to provide students with development of employability skills before leaving for Masters or employment. Merging programmes will also assist with timetable and costing.
- Optionality reduced at Stages 2 and 3 by adding in professional practice modules as core in Sport and Exercise Science and removal of other modules. This provides options at Stage 2 and Stage 3 having clear pathways: nutrition, analysis, health and exercise, and strength and conditioning / injuries.
- Assessment changes made with majority of modules reduced to 1 assessment point. This provides more effective and efficient assessments as well as better student and staff workload.

**Change requested by: Luke Norris**

I can confirm that student representatives have been consulted about this change

I can confirm that colleagues impacted by this change have been consulted

I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

**Signature:** 

**Date:** 11.12.24

**Name of Head of Department: Sarah Lee**

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

**Signature:** Sarah Lee

**Date:** 16.12.24

<b>Approval Committee and Date:</b>	CVC Chair's action (LD) 2025 02 13 (from CVC 2025 01 30)
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<b>Change approved with effect from:</b>	01 September 2025
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<b>Resulting new version number:</b>	11.0 (2025 intake onwards)
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**Current version number: 10.0**


**Outline Change Details:**

Part 3: Programme Structure – Stage 2 / Level 5 optional module Independent Report updated from HANRX-15-5 to HSPVSP-15-5, in line with module amendment.

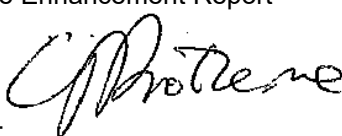
**Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No**



<b>Material Alteration: No</b>	
<b>Rationale:</b> Due to changes in which programmes take the Independent Report module the overseeing department was revised to ensure they could act effectively when managing it.	
<b>Change requested by: Ben Brilot</b> I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Signature:</b> B Brilot	<b>Date:</b> 05/03/24
<b>Name of Head of Department: Sarah Lee</b> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department; OR;	
<b>Signature:</b> Sarah Lee	<b>Date:</b> 06.03.24
<b>Approval Committee and Date:</b>	CSP Chair's Action 2024 03 20
<b>Change approved with effect from:</b>	01 September 2024
<b>Resulting new version number:</b>	10.1 (2021 intake onwards)

<b>Current version number: 9.4</b>	
<b>Outline Change Details:</b> Parts 3 and 5 updated to reflect changes to Stage 0 / Level 3 modules: HANVQX-15-3 Academic Literacy for University Studies replaces HANVG4-15-3 Foundation Skills Development; HANVRD-30-3 Professional Development in Practice replaces HANV8B-30-3 Academic Skills in Practice; HANVRR-15-3 Exploring Current Concepts replaces HANV8C-15-3 Reviewing Literature; HSPVSG-30-3 Business Enterprise and Management replaces HANV8E-30-3 Foundation Biological Principles; HSPVRY-30-3 Principles of Sports Science replaces HANVG3-30-3 Foundation Sports Science. Part 5: Learning, Teaching and Assessment - text regarding academic personal tutoring added. Part 5: Assessment Map – element weighting A1 figure for Stage 1 core module Introduction to Exercise Physiology corrected from 15 to 10. Stage 3 / Level 6 optional module Performance Analysis in Practice corrected from Poster Presentation to Poster Defence.	
<b>Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No</b>	
<b>Material Alteration: Yes and is accompanied by the relevant course information document.</b>	
<b>Rationale:</b> to ensure accuracy following review of Level 3 modules.	
<b>Change requested by: Lucy Ractliffe</b> I can confirm that student representatives have been consulted about this change NO I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report 	
<b>Signature:</b>	<b>Date:</b> 15/11/2023
<b>Name of Head of Department: Sarah Lee</b> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
<b>Signature:</b> Sarah Lee	<b>Date:</b> 29.11.23
<b>Approval Committee and Date:</b>	CVC Chair's action 2024 01 10
<b>Change approved with effect from:</b>	01 September 2024

<b>Resulting new version number:</b>	10.0 (2021 intake onwards)
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<b>Current version number: 9.3</b>	
<b>Outline Change Details:</b> Part 5: Assessment Map updated to reflect module amendment - Stage 1 / Level 4 core module Introduction to Functional Anatomy and Sports Biomechanics Component B changed from Practical Skills Logbook to Test Series.	
<b>Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No</b>	
<b>If yes, please provide the details of the changes:</b>	
<b>Material Alteration: Yes</b>	
<b>Rationale:</b> to ensure accuracy following change to module.	
<b>Change requested by: Laurence Protheroe</b> I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report  <b>Signature:</b> _____ <b>Date:</b> 15/02/23	
<b>Name of Head of Department: Sarah Lee</b> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department <b>Signature:</b> Sarah Lee <b>Date:</b> 14.02.23	
<b>Approval Committee and Date:</b>	CVC Chair's action 2023 03 06
<b>Change approved with effect from:</b>	01 September 2023
<b>Resulting new version number:</b>	9.4 (2021 intake onwards)

<b>Current version number: 9.2</b>	
<b>Outline Change Details:</b> Part 5 Assessment Map – assessment for Stage 2 / Level 5 core module Applied Biomechanics in Sport changed from Seen Case Study Written Examination to Case Study Test.	
<b>Material Alteration: No</b>	
<b>Rationale:</b> To reflect module amendment.	
<b>Change requested by: Alice Tocknell</b> I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report <b>Signature:</b> A.Tocknell <b>Date:</b> 28.11.22	
<b>Name of Head of Department: Sarah Lee</b> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department; <b>Signature:</b> Sarah Lee <b>Date:</b> 16.11.22	
<b>Approval Committee and Date:</b>	CVC 2022 11 30
<b>Change approved with effect from:</b>	30 November 2022

<b>Resulting new version number:</b>	9.3 (2020 intake onwards)
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22/09/2022

Part 3 Programme Structure - Stage 0 / Level 3 transition modules added, as previously omitted in error.

Part 5: Assessment Map - Assessment for Level 6 optional module High Performing Teams amended from Seen Case Study Written Examination to Case Study Test, in line with module amendment.

Approved by CSP Chair's action 2022 09 22

<b>Current version number: 9.1</b>	
<b>Outline Change Details:</b> Part 3: programme structure – transition modules added as alternatives ('OR') to Stages 1 and 2. Part 5: Sport Research and Knowledge Exchange Project as distinctive module, as previously omitted in error.	
<b>Material Alteration: No</b>	
<b>Rationale:</b> To accommodate part-time students who started on the pre-2019 curriculum structure.	
<b>Change requested by: L Dumbell</b> N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Signature:</b> L Dumbell	<b>Date:</b> 26/08/2022
<b>Name of Head of Department: Sarah Lee</b> <input type="checkbox"/> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
<b>Signature:</b> Sarah Lee	<b>Date:</b> 06.09.22
<b>Approval Committee and Date:</b>	CSP Chair's action 2022 09 07
<b>Change approved with effect from:</b>	01 September 2022 (2020 intake onwards)
<b>Resulting new version number:</b>	9.2

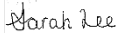
<b>Current version number: 9.0</b>	
<b>Outline Change Details:</b> Part 5: Assessment Map – Introduction to Exercise Physiology assessment changed from two in-class tests and a written examination (all Component A) to in-class test (10%) and written examination (40%) (Component A) and Group Practical Skills Assessment individually marked (50%) (Component B), in line with module amendment.	
<b>Material Alteration: Yes</b>	
<b>Rationale:</b> to reflect module amendment.	
<b>Change requested by: CVC</b> N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Date:</b> 21/07/2022	
<b>Approval Committee and Date:</b>	CVC 2022 07 21
<b>Change approved with effect from:</b>	01 September 2022
<b>Resulting new version number:</b>	9.1 (2020 intake onwards)

<b>Current version number: 8.1</b>
<b>Outline Change Details:</b>

<p>Document amended to meet requirements of new 2022 template.</p> <p>Parts 3, 4 and 5: HSPVQA-45-6 Sport Research and Knowledge Exchange Project added as Level 6 core module.</p> <p>Parts 1 and 3 – interim awards updated, including addition of new 30 credit Certificate in Academic Skills.</p> <p>Part 5 - assessment for Level 5 core module The Sport and Exercise Scientist changed from 100% practical exam to 50% coursework, 50% practical.</p> <p>Foundation Biological Principles Component A changed from written report to practical skills logbook, Component B changed from coursework to written exam (test series); Level 4 core module Principles of Strength and Conditioning changed from practical exam to open material written examination;</p> <p>Level 6 optional module Recovery and Monitoring for Sport Performance changed from portfolio to practical skills assessment; Level 6 optional module Sports Conditioning and Return to Play changed to 60% coursework and 40% practical</p>	
<b>Material Alteration: Yes and is accompanied by the relevant course information document.</b>	
<b>Rationale:</b>	
<b>Revised as part of the Refresh 22 process</b>	
<b>Change requested by: Sarah Lee</b>	
<p>I can confirm that student representatives have been consulted about this change</p> <p>I can confirm that colleagues impacted by this change have been consulted</p> <p>I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report</p>	
<b>Signature:</b> S Lee	<b>Date:</b> 18/01/2022
<b>Name of Head of Department: Sarah Lee</b>	
<ul style="list-style-type: none"> <li>I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department</li> </ul>	
<b>Signature:</b> S Lee	<b>Date:</b> 18/01/2022
<b>Approval Committee and Date:</b>	Refresh Approval Panel action 2022 03 21
<b>Change approved with effect from:</b>	01 September 2022 (2020 intake onwards)
<b>Resulting new version number:</b>	9.0

<b>Current version number: 8.0</b>	
<b>Outline Change Details:</b>	
Part 6: Assessment Map - Principles of Strength and Conditioning (HSPXM3-15-4) assessment changed from oral assessment (presentation) to practical examination, to reflect the module change.	
<b>Material Alteration: No</b>	
<b>Rationale: to ensure accuracy</b>	
<b>Change requested by: CSP</b>	
N/A I can confirm that student representatives have been consulted about this change	
N/A I can confirm that colleagues impacted by this change have been consulted	
N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Approval Committee and Date:</b>	CSP Chair's action 2021 05 19
<b>Change approved with effect from:</b>	01 September 2021
<b>Resulting new version number:</b>	8.1 (2021 intake onwards)

<b>Current version number: 7.4</b>	
<b>Outline Change Details:</b>	
Parts 3 and 6 updated in line with module amendments:	
HANVG4-15-3 Foundation Skills Development	
Module code changed from HANV8A-30-3 to HANVG4-15-3 - reduced to 15 credits.	
Assessment component A changed from written exam to in class test.	
HANVG3-30-3 Foundation Sports Science	
Module code changed from HANV8F-15-3 to HANVG3-30-3 - increased to 30 credits.	

<p>Assessment component B changed from in class test to written examination.          Part 5 has been amended to include the following sentence:          As part of the 15 hours / week average contact time at Level 4, BSc Sport and Exercise Science students will receive 12 hours of scheduled sport science experience.          Parts 1 and 3: Foundation interim award updated to Higher Education Foundation Certificate in Academic Skills.          Part 6: Assessment map – Level 6 optional module ‘Special Populations’ corrected to coursework (report) to reflect module amendment due to come into effect in 2021.</p>	
<b>Material Alteration: No</b>	
<p><b>Rationale:</b>          Updated to reflect module changes: modules amended in response to students' request for more subject-specific content in the Foundation year second semester.          Part 5 updated as part of the formalisation of 15 hrs scheduled contact / week at Level 4 amendments.          Interim award - after a review of the interim award titles, it was agreed this revised title provided better clarity.</p>	
<p><b>Change requested by:</b> Thomas Legge          I can confirm that student representatives have been consulted about this change          I can confirm that colleagues impacted by this change have been consulted          I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report</p>	
<b>Signature:</b> TJLEGGE	<b>Date:</b> 23/02/2021
<p><b>Name of Head of Department:</b> Sarah Lee          I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department</p>	
<b>Signature:</b> 	<b>Date:</b> 4.3.21
<b>Approval Committee and Date:</b>	CVC Chair's action 2021 04 26
<b>Change approved with effect from:</b>	01 September 2021
<b>Resulting new version number:</b>	8.0 (2021 intake onwards)

<b>Current version number: 7.3</b>	
<p><b>Outline Change Details:</b>          Part 6: Principles of Strength and Conditioning (HSPXM3-15-4) assessment changed from practical examination to presentation to reflect the module change.</p>	
<b>Material Alteration: No</b>	
<b>Rationale: to ensure accuracy</b>	
<p><b>Change requested by: CSP</b>          N/A I can confirm that student representatives have been consulted about this change          N/A I can confirm that colleagues impacted by this change have been consulted          N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report</p>	
<b>Signature:</b>	<b>Date:</b> 10/09/2020
<b>Approval Committee and Date:</b>	CSP Chair's action 2020 09 10
<b>Change approved with effect from:</b>	01 September 2020
<b>Resulting new version number:</b>	7.4 (intakes 2020+)

<b>Current version number: 7.1</b>	
<p><b>Outline Change Details:</b>          Parts 3, 4, 5 &amp; 6: Module HANVK6-15-5 name changed from Year Work Placement to Integrated Placement Year, in line with module amendment.          Part 6: assessment for component A of Foundation Biological Principles amended from practical exam to practical skills assessment; Assessment for Introduction to Exercise Physiology changed from written exam to in class test (A1 and A2) and written exam (A3); Introduction to Sport and Exercise Psychology</p>	

Component A changed from written exam to open book exam, in line with module amendments. Assessment map was also corrected to B (50) in written assignment for this module.

**Material Alteration: Yes and is accompanied by the relevant course information sheets.**

**Rationale: to ensure accuracy**

**Change requested by: CVC**

- n/a I can confirm that student representatives have been consulted about this change
- n/a I can confirm that colleagues impacted by this change have been consulted
- n/a I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

**Date: 30/07/2020**

**Approval Committee and Date:** CVC Chair's action 2020 08 14

**Change approved with effect from:** 1 September 2020

**Resulting new version number:** 7.3 (2020 intake)

16/06/2020 In part 3 and 6 correction of typographical error for HSPXRV-15-5 Sports Psychology amended to Sport Psychology.

**Current version number: 7.0**

**Outline Change Details:** Assessment for Level 5 optional module Independent Report (HANXR-15-5) changed from 25% exam and 75% coursework to 100% coursework, in line with amendment to module.

Interim awards updated in Parts 1 and 3: Higher Education Foundation Certificate added.

**Material Alteration: No**

**Rationale: to ensure accuracy**

**Change requested by: Ben Brilot**

- ☐ I can confirm that all programme managers have been consulted and support this change
- ☐ I can confirm that student representatives have been consulted about this change
- ☐ I have retained evidence of this consultation which has been placed in the Module File

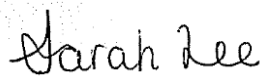


**Signature:**

**Date: 28/02/20**

**Name of Head of Department:**

- ☐ I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department



**Signature:**

**Date: 02/03/2020**

**Approval Committee and Date:** CVC Chair's action 2020 03 03

**Change approved with effect from:** 1 September 2020

**Resulting new version number:** 7.1 (intakes 2019+)

**Current version number: 6.0**

**Outline Change Details:**

Part 1

- Interim awards updated

Part 2 has been updated.

Part 3

- Some formatting changes to the foundation year section
- Level 4 removal of:

- Skill acquisition (15)
- Academic skills for sport (15)
- Introduction to sports coaching (15)
- Sport development and leadership (15)
- Level 4 insertion of:
  - The sport and exercise professional (30)
  - Principles of strength and conditioning (15)
  - Introduction to the sports industry (15)
- Level 5 removal of:
  - Fitness training and testing (15)
  - The injured athlete (15)
  - International academic study portfolio (15)
  - International academic study project (30)
  - International academic study extended project (45)
  - Study trip (15)
- Level 5 insertion of:
  - Applied performance analysis (15)
  - Strength and conditioning in practice (15)
- Level 6 removal of:
  - Sports science for coaches (15)
  - Performance analysis (15)
  - Sports injury assessment (15)
  - Injury prevention and rehabilitation (15)
  - Contemporary practice in sports conditioning (15)
- Level 6 insertion of:
  - Performance analysis in practice (15)
  - High performing teams (15)
  - Recovery and monitoring for sports performance (15)
  - Sports conditioning and return to play (15)

#### Part 4

- Modules have been changed to reflect the changes in part 3
- Insert learning outcome "how sports science disciplines interact to improve performance" under section A
- Removed LO4
- Insert learning outcome "adopt an inter-disciplinary approach in relation to supporting sporting performance" under section B
- Insert learning outcome "evidence continued professional development activities" under section C
- Tick marks have been inserted and removed where appropriate

#### Part 5

- Inserted section on placement learning "Placement learning allows students to have the opportunity to engage in an integrated placement year between level 5 and six, if they so wish, and will be supported in identifying potential opportunities"
- Careers section has been edited to "To support learners' career preparations, careers personnel visit the institution on a regular basis and the students can use all the online resources. Tutors will also offer subject specific careers advice through module sessions or individual tutorials. Careers fairs are arranged periodically to allow students to engage directly with employers from the industry sector." Essentially "The institutions employability team will assist students with their career planning and students will have access to a range of online resources"
- Removal of "or via the SMS text message service with which the institution has engaged with."

#### Part 6

- Assessment map has been edited to reflect module changes in part 3.
- Distinctive module (Undergraduate Dissertation) added in line with new template

#### Part 7

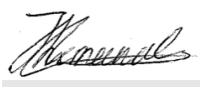
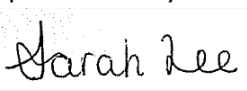
- This section has been re-written to reflect current practice.

#### Part 8

- This section has been removed.

**Material Alteration:** Yes and is accompanied by the relevant course information sheets.

**Rationale:**

<ul style="list-style-type: none"> <li>- The modules included on the programme have been edit to provide a greater provision of sport and exercise sciences core (e.g. biomechanics) and more prominent (e.g. performance analysis, strength and conditioning) type modules.</li> <li>- Moreover, the therapy type modules have typically been removed. It is unlikely that students will progression onto therapy type jobs after this course. Moreover, the volume of therapy modules means that students couldn't attain a final degree with a therapy leaning profile rather than one that fits the core disciplines.</li> <li>- Student have been consulted about these changes.</li> </ul>	
<b>Change requested by: John Fernandes</b> <input type="checkbox"/> I can confirm that student representatives have been consulted about this change <input type="checkbox"/> I can confirm that colleagues impacted by this change have been consulted <input type="checkbox"/> I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Signature:</b> 	<b>Date:</b> 9/2/2019
<b>Name of Head of Department: Sarah Lee</b> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department.	
<b>Signature:</b> 	<b>Date:</b> 11.02.19
<b>Approval Committee and Date:</b>	CVC 2019 02 27
<b>Change approved with effect from:</b>	01 September 2019 (for 2019 intake)
<b>Resulting new version number:</b>	7.0

#### Version 6.0 (2017+)

<b>Rationale:</b> After the successful application for University Title, amendments were required to all specifications.	
<b>Material Alteration:</b> Yes and <b>Course Information Sheet amended appropriately:</b> Not required	
<b>Outline Change Details:</b> 1. Part 1: Basic Data requires the Awarding Body to be amended from Hartpury College to Hartpury University. 2. Award Titles amended to replace (SW) with (IP).	
<b>Change requested by:</b>	Academic Registrar
<b>CVC approval date:</b>	31 August 2018
<b>Change approved with effect from:</b>	01 September 2018
<b>New version number:</b>	6.0

#### Version 4 (2017+) **Periodic Curriculum Review**

<b>Outline Change Details:</b> Update of valid to/from dates.	
<b>Rationale:</b> The Sport Periodic Curriculum Review (PCR) on 2 <sup>nd</sup> May 2018 confirmed revalidation of the programme.	
<b>Change requested by:</b>	PCR 02 May 2018
<b>PCR approval date:</b>	02 May 2018
<b>Change approved with effect from:</b>	01 September 2018

#### Version 2

<b>Outline Change Details:</b> Addition of foundation year	
<b>Rationale:</b> As above.	
<b>Change requested by:</b>	
<b>CVC approval date:</b>	
<b>Change approved with effect from:</b>	01 September 2017



