

## Module Descriptor

Part 1: Basic Data					
Module Title	Developing the Evidence-Informed Sports Therapy Practitioner				
Module Code	HSPVTV-45-7	Level	7	Version	1.0
Credit Rating	45	ECTS Credit Rating	22.5		
Teaching Institution	Hartpury	Department	Sport	Module Type	Standard
Contributes towards	MSc Sports Therapy				
Professional Accrediting Body	The Society of Sports Therapists (SST)	Module Entry requirements	None		
Pre-requisites	None	Excluded Combinations	None		
Most recent Validation Date	12 February 2025	Due for re-validation by	01 September 2030		
Amendment Approval Date		Approved with effect from	V1.0 – 01 September 2025		

Part 2: Module Content	
Learning Outcomes	<p>On successful completion of this module students will be able to:</p> <ol style="list-style-type: none"> <li>1. Demonstrate knowledge and appropriate practical skills to administer basic and advanced life support, and acquisition of a suitable first aid certificate. (A)</li> <li>2. Critically use reflective theories for skill and personal development as an autonomous practitioner and for lifelong learning. (A, B)</li> <li>3. Apply current research concepts and findings to support clinical reasoning and problem solving in professional practice. (B)</li> <li>4. Evaluate the role of interpersonal skills, inclusivity and professional conduct within sports therapy practice. (B)</li> </ol>
Syllabus Outline	<ul style="list-style-type: none"> <li>• Emergency care procedures including creation and execution of action plans, infection control protocols, adherence to professional standards, appropriate documentation and handover procedures for transition to definitive care</li> <li>• Basic life support (BLS), first aid training and advanced life support: primary A-E, CPR and using an automated external defibrillator, airway adjuncts, medications and medical gases, manual spinal immobilisation techniques, guided by the Resuscitation Council UK</li> <li>• Management of medical emergencies including response protocols for cardiac arrest, head injuries and concussion, fractures, dislocations, spinal injuries, choking, shock, asthma, hypoglycaemia, seizure disorders, anaphylaxis, heat illness, hypothermia, drowning, chest trauma, haemorrhage, neurological injury</li> <li>• Pitch side acute sports injury assessment and management involving sports taping, strapping, protection, optimal loading, cryotherapy, compression and</li> </ul>

	<p>elevation, thermal modalities</p> <ul style="list-style-type: none"> <li>• Common injuries within immediate injury management. Recognise traumatic injury mechanisms and common injuries encountered in pitch side settings. Factors that can either facilitate or impede tissue healing. Introduction to forces that contribute to tissue adaptation, failure and healing</li> <li>• Professional standards set by The Society of Sports Therapists, including competencies, performance expectations including reflection and ethical guidelines, including scope of practice, working under supervision, professionalism, confidentiality, medico-legal responsibilities and best practices for record keeping and documentation</li> <li>• Patient and therapist welfare: health and safety, infection control and safeguarding in the workplace, chaperoning, travelling with teams, mental health and wellbeing, and responsible use of social media and digital media in professional practice</li> <li>• Continued professional development (CPD): emphasis on learning, personal development and reflective practice using available opportunities and resources. Developing evidence-informed approach to apply contemporary research findings and clinical reasoning to decision making. Emerging digital technology within professional practice</li> <li>• Employability skills: consideration of pathways across various environments and occupational settings. Developing career plans. Curriculum Vitae (CV). Preparing for employment as a Graduate Sports Therapist. Networking</li> <li>• Communication and self-awareness: different models of team or group working are explored in context of different environments including multidisciplinary team working, stakeholders in patient-centred care, self-awareness, managing conflict, emotional intelligence and resilience.</li> <li>• Equality, diversity and inclusivity (EDI) in healthcare, including understanding diverse needs within society, considering cultural, religious and sexual orientation factors, awareness of determinants of health, health inequalities, explore equitable, fair and non-discriminatory practice in local, national and global setting and issues</li> <li>• Sustainability and impact on environmental changes on population health trends and interventions at improving population health. Suitable sustainable practices within Sports Therapy and own practice</li> <li>• Clinical practice: development and application of professional competencies through applied internal opportunities and pre-approved external placement. Development of key communication, team working, problem solving, digital technology and decision-making skills through practice</li> <li>• Developing clinical reasoning to consider a range of models and factors to consider when working with a range of different populations and health care/ sports settings.</li> </ul> <p>The Society of Sports Therapist Educational competencies aligned with this module: 1.3, 1.4, 1.6, 3.1, 3.2, 3.3, 3.4, 5.1, 5.2, 5.3, 5.5, 5.6, 5.7, 5.8, 5.9, 5.10, 5.11, 5.12, 5.13, 5.14, 5.15. 6.1,6.2, 6.3, 6.4, 6.5, 6.6, 6.7, 6.8, 6.9.</p>
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### Part 3: Learning, Teaching and Assessment

<b>Description of Learning and Teaching</b>	<p>This module is delivered using a combination of face-to-face onsite taught sessions alongside self-directed learning through internal applied opportunities and external placement.</p> <p>This module will be delivered across the duration of the course and sessions will run dependent on the nature of the material. Students will be expected to attend and engage with all taught sessions and opportunities / placement, in accordance with the programme attendance policy. The module will begin by introducing students to the key principles of pitch side and emergency care procedures including first aid certification, and reflective and professional practice, before internal applied opportunities begin. Later in the module, students will focus on wider and more complex equitable and professional practice topics, personal career development and development of their clinical reasoning skills to consider a range of populations and environments. Finally, the module will develop advanced life support skills and facilitate external placements alongside internal applied opportunities, to further develop students as evidence informed practitioners.</p> <p>Delivery will be through practical workshops where theory and practice can be applied through hands-on learning in the classroom. During delivery, students will be required to engage in reading and systematic reflection on contemporary sports therapy topics alongside engaging in practical practice of competencies acting as both model and therapist. Scenarios will be presented requiring individual student and group responses including the discussion of professional and equitable practice and clinical reasoning.</p> <p>Student will be provided with a placement handbook, detailing an account of expectations and responsibilities whilst on engaging with internal opportunities and external placement. Internal opportunities will utilise the sport therapy clinic and the Sports Academy, and be supported by the programme team. External placements must be supervised by suitable professionals as outlined in the handbook and must be approved before commencing. The course has several pre-approved external placement opportunities that students will be required to apply for, and support will be provided by the placement team to for approving additional external placement providers.</p> <p>Student will be required to engage with independent study and reflection to support all taught sessions and placement opportunities. In addition to the skills and topics that are covered throughout the module, attention will be placed on developing a range of key graduate attributes and transferable skills through the applied opportunities and external placements, in accordance with Hartpury Graduate Attributes.</p> <p><b>Students are required to achieve a minimum of 250 hours through pre-approved internal applied opportunities and external placement to meet the requirements of The SST.</b></p> <p>This module is supported by a virtual learning environment (VLE) where students will be able to find module information. Students are expected to conduct their own independent study. The VLE will be used to support delivery in three ways: 1) Resources for sessions and directed study to compliment delivery. 2) As a communication channel for module tutors to disseminate important information for the module. 3) To facilitate active engagement of the students in their learning through use of relevant interactive and collaborative approaches.</p>
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Resource Strategy	<p><b>Essential reading</b> Essential material will be indicated to the student via pre-course material, module guides and through their accessing a dedicated VLE presence. No requirement for the purchase of set text(s) will be made unless explicitly stated and students will have full access to library services, online applications, and inter-library loans.</p> <p><b>Further reading</b> Students are expected to identify all other reading relevant to their chosen topic for themselves. They will be required to read widely using the library catalogue, a variety of bibliographic and full text databases, and Internet resources. Many resources can be accessed remotely. The purpose of this further reading is to ensure students are familiar with current research, classic works and material specific to their interests from the academic literature and wider professional sources.</p> <p><b>Access and skills</b> Formal opportunities for students to develop their library and information skills are provided within the induction period and student skills sessions. Additional support is available through online resources. This includes interactive tutorials on finding books and journals, evaluation information and referencing. Sign up workshops are also offered.</p>
Assessment Strategy	<p>This module will be assessed according to the approved Hartpury Academic Regulations including any specific regulations detailed within the student's programme specification.</p> <p>Component A will be a portfolio. The portfolio allows students to demonstrate professional integrity through adherence to professional requirements, critical reflection, application of knowledge in real world scenarios and commitment to lifelong learning and career aspirations. The portfolio reflects the professional practice nature of the module and adheres to The SST requirements. It will include evidencing trauma competencies and first aid certification, evidencing practice-based learning hours across the programme (including internal applied opportunities, external placement and practice-based learning), feedback from supervisors, engagement in reflective practice and personal career development including CPD and CV. <b>This must include evidence that the completion of a minimum 250 hours of sports therapy placement has been achieved across the programme of study.</b></p> <p>Component B will be an oral presentation. The oral presentation allows students to develop professional verbal communication skills to engage audiences and address audience questions, demonstrating reflection, self-awareness, critical evaluation of research findings to inform practice and lifelong learning. The oral presentation will require student to reflect on their skill and personal development as an evidence-informed practitioner across the programme using their sports therapy placement and research project. Reflection should relate to clinical reasoning and research, professional and equitable practice, and career pathway goals.</p> <p>There will be formative feedback opportunities throughout the module including practical, peer and verbal feedback within scheduled teaching.</p> <p>The nature of the module and assessment demonstrates competency as set by the professional body therefore a student may apply for alternative means of assessment, if appropriate, but the professional body cannot provide a professional membership or related insurances to students who have not met all the competencies required. Each application will be considered individually, considering learning and assessment needs.</p>

Identify final assessment component and element	B1	
% weighting between components A and B	A:	B:
	50%	50%
<b>First Sit</b>		
<b>Component A</b> Description of each element	Element weighting (as % of component)	
1. Coursework Portfolio (equivalent to 3000 words), including evidence of completion of 250 hours of practice-based learning, first aid certificate and trauma competencies	100%	
<b>Component B</b> Description of each element	Element weighting (as % of component)	
1. Oral Presentation with Questions (30 minutes)	100%	

Resit (further attendance at taught classes is not required)	
Component A Description of each element	Element weighting (as % of component)
1. Coursework Portfolio (equivalent to 3000 words), including evidence of completion of 250 hours of practice-based learning, first aid certificate and trauma competencies	100%
Component B Description of each element	Element weighting (as % of component)
1. Oral Presentation with Questions (30 minutes)	100%
Please note: If a student is permitted a retake of the module under the Academic Regulations, the assessment will be that indicated by the Module Specification at the time that retake commences.	

Part 4: Comparative Information				
Information	Information has to be produced at programme level to produce comparable sets of standardised information about courses allowing prospective students to compare and contrast between programmes they are interested in applying for.			
	Expected learning hours for the module:			
	Hours to be allocated	Scheduled learning and teaching study hours	Independent study hours	Placement study hours
	450	60	140	250
	Please note that this is the total of various types of assessment and will not necessarily reflect the component and module weightings in the Assessment section of this module description:			
	Total assessment of the module		Percentage	
	Written Examination (Written Examination / Written Test)		0%	
	Coursework (Coursework / Report / Portfolio)		50%	
	Practical Examination (Practical Skills Examination / Practical Skills Assessment / Oral Assessment)		50%	
	Total		100%	

## Module Amendment Log

<b>Module Title:</b>	Developing the Evidence-Informed Sports Therapy Practitioner
<b>Module Code:</b>	HSPVTV-45-7
<b>Initial Approval Date:</b>	12 February 2025

### Approved Module Changes (most recent at the top):

<b>Outline Change Details:</b> new module	
<b>Approval Committee and Date:</b>	CVC Chair's action (SD) 2025 02 12 (from CVC 2025 01 28)
<b>Change approved with effect from:</b>	01 September 2025
<b>Resulting new version number:</b>	1.0

<b>Initial HECOS code:</b>	100475 Sports Therapy
<b>Initial module description for Course Marketing Purposes:</b> This module brings the evidence-informed practitioner strand to life through practice-based learning. You'll gain hands-on experience with supervised sports therapy placements, including internal opportunities within the Sports Academy and Sports Therapy Clinic, as well as external placements, preparing you for real-world practice.	