

Programme Specification

Part 1: Basic Data			
Primary Programme Title	BSc (Hons) Sports Therapy		
Target Award Titles	Mode and Typical Duration of Study	Professional Accrediting Body Links	Study Abroad / Exchange / Credit Recognition
BSc (Hons) Sports Therapy	Stage 0 entry – Full time 4 years, part time 8 years. Stage 1 entry – Full time 3 years, Part time 6 years.	The Society of Sports Therapists	None
BSc (Hons) Sports Therapy with integrated placement year	Stage 0 entry – Full time 5 years, Part time 9 years. Stage 1 entry – Full time 4 years, Part time 7 years.	The Society of Sports Therapists	None
Interim Award Titles	BSc Sport Studies BSc Sport Studies with integrated placement year Diploma in Higher Education in Sport Studies Certificate of Higher Education in Sport Studies Undergraduate Certificate in Sport Studies Undergraduate Award in Sport Studies Higher Education Foundation Certificate in Academic Skills Higher Education Foundation Award in Academic Skills		
Teaching Delivery Method	Onsite		
Awarding Institution	Hartpury University		
Teaching Institution	Hartpury University		
Delivery Location	Hartpury		
Department Responsible for Programme	Sport		
Unit-E Code	BSHSSTXX		
Entry Criteria Information	Applicants will have achieved entry criteria appropriate for the stage of entry, which can be found through the Hartpury website (www.hartpury.ac.uk)		
Most Recent Validation Date	13 February 2025	Due for Re-validation By	01 September 2030
Amendment Approval Date		Approved With Effect From	V11.0 - 01 September 2025
Professional Accrediting Body Approval Date	14 September 2018	Date for Re-accreditation	31 January 2030
Version	11.0		

Part 2: Programme Overview

BSc (Hons) Sports Therapy graduates have subject-specific practical competencies and underpinning theoretical knowledge and key transferable skills. Graduates will be eligible to secure professional indemnity insurance in order to practice or seek accreditation by an accrediting body such as the Society of Sports Therapists (SST).

Graduates have underpinning theoretical knowledge of key disciplines within sports therapy practice (anatomy, physiology, biomechanics and psychology) and the subject-specific skills required to be a graduate sports therapist (injury prevention, protection and promotion, clinical examination and assessment, therapeutic interventions, rehabilitation, professional and equitable practice and acute care in the pre-hospital emergency setting).

From a vocational perspective the degree provides the opportunity to develop practical skills and competencies from the outset through applied skills opportunities. Students gain hands-on experience through the exclusive applied internal opportunities in the Hartpury sports therapy clinic and Sports Academy alongside external placement/s in the final year. The approach aims to equip students with industry-ready skills and graduate attributes in preparation for their careers on graduation

BSc (Hons) Sports Therapy with integrated placement year graduates have subject-specific practical competencies and underpinning theoretical knowledge and key transferable skills. Graduates will be eligible to secure professional indemnity insurance in order to practice or seek accreditation by an accrediting body such as the Society of Sports Therapists (SST).

Graduates have underpinning theoretical knowledge of key disciplines within sports therapy practice (anatomy, physiology, biomechanics and psychology) and the subject-specific skills required to be a graduate sports therapist (injury prevention, recognition and evaluation of injury, management, treatment and referral, rehabilitation, education and professional practice).

From a vocational perspective the degree provides the opportunity to develop practical skills and competencies from the outset through exclusive applied skills opportunities in the Hartpury sports therapy clinic and sports academy. On successful completion of all modules at Level 5, students undertook the integrated placement year route, to utilise the next academic year to gain greater industry experience before returning to complete level 6 study including external placement/s in the final year. The approach aims to equip students with industry-ready skills and graduate attributes in preparation for their careers on graduation.

Part 3: Programme Structure

This structure diagram demonstrates the student journey from enrolment through to graduation for a typical **full time student on the primary programme**, including:

- level and credit requirements
- award requirements that are in addition to those described in the Hartpury University Academic Regulations
- module diet, including core and optional modules.

Please note:

*PAB these modules are subject to additional and variant regulations as part of an accreditation by a professional accrediting body

+ core modules marked + are not eligible for compensation

¹ these modules are accredited by a professional awarding body, but are not subject to variant regulations

^{AV} these modules are subject to additional and variant regulations but are not accredited by a professional awarding body

^{EX} these modules are offered by exception

	Core Modules	Optional Modules	Target and Interim Awards
Foundation Stage	HANVRD-30-3 Professional Development in Practice OR HANV8B-30-3 Academic Skills in Practice <i>pre-2024 only</i>	None	<u>Higher Education Foundation Award in Academic Skills</u> <u>Higher Education Foundation Certificate in Academic Skills</u>
	HSPVSG-30-3 Business Enterprise and Management OR HANV8E-30-3 Foundation Biological Principles <i>pre-2024 only</i>		
	HANVQX-15-3 Academic Literacy for University Studies OR HANVG4-15-3 Foundation Skills Development <i>pre-2024 only</i>		
	HSPVRY-30-3 Principles of Sports Science OR HANVG3-30-3 Foundation Sports Science <i>pre-2024 only</i>		
	HANVRR-15-3 Exploring Current Concepts OR HANV8C-15-3 Reviewing Literature <i>pre-2024 only</i>		

	To progress to Stage 1 from Stage 0 you must achieve at least 90 credits.		
Stage 1	<p>HSPVSU-15-4 + Academic Skills for Sport and Exercise Scientists ¹</p> <p>HSPVTC-30-4 + Anatomy and Peripheral Joint Examination and Assessment *</p> <p>HSPVTQ-15-4 + Fundamentals of Professional Practice for Sports Therapists *</p> <p>HSPVU6-15-4 + Fundamentals of Movement and Exercise for Sports Therapists *</p> <p>HSPVUJ-30-4 + Fundamentals of Sport and Exercise Science for Sports Therapists *</p> <p>HSPVUW-15-4 + Soft Tissue Therapy and Practice *</p>	None	<p><u>Undergraduate Award in Sport Studies</u></p> <p><u>Undergraduate Certificate in Sport Studies</u></p> <p><u>Certificate of Higher Education in Sport Studies</u></p>
	<p>To progress to Stage 2 you must achieve at least 105 credits from Stage 1. For students who have enrolled on this programme after August 2024 - to progress to stage 2 the following modules must be passed:</p> <p>HSPVTC-30-4 Anatomy and Peripheral Joint Examination and Assessment</p> <p>HSPVTQ-15-4 Fundamental in Professional Practice for Sports Therapists</p> <p>HSPVU6-30-4 Fundamentals of Sport and Exercise Scientists for Sports Therapists</p> <p>HSPVU6-15-4 Fundamentals of Movement and Exercise for Sports Therapists</p> <p>HSPVUW-15-4 Soft Tissue Therapy and Practice</p>		
Stage 2	<p>HSPVUD-15-5 + Applied Professional Practice for Sports Therapists *</p> <p>HSPVTW-15-5 + Applied Sport and Exercise Science for Sports Therapists *</p> <p>HSPVUR-15-5 + Developing the Sports Therapy Practitioner *</p> <p>HSPVV7-15-5 + Manual Therapy 1 *</p> <p>HSPVTK-15-5 + Manual Therapy 2 *</p>	None	<p><u>Diploma in Higher Education in Sport Studies</u></p>

	<p>HSPVTX-15-5 + Spinal Joint Assessment *</p> <p>HSPXTM-15-5 + Sport and Exercise Rehabilitation *</p> <p>HSPVTB-15-5 + The Sport and Exercise Researcher ¹</p>		
Optional year	HANVK6-15-5 Integrated Placement Year		
	To progress to Stage 3 you must achieve all core modules at Stage 1 and Stage 2.		
Stage 3	<p>HSPVTJ-15-6 + Advanced Professional Practice for Sports Therapists *</p> <p>HSPVUN-15-6 + Applied Strength and Conditioning for Sports Therapists *</p> <p>HSPV4U-15-6 + Complete Injury Management*</p> <p>HSPVMK-15-6 + Injury Prevention and Return- to-Sport for Sports Therapists*</p> <p>HSPVAU-15-6 + Professional Placement for Sports Therapists *</p> <p>HSPVQA-45-6 + Sport Research Project ¹</p>	None	<p><u>BSc Sport Studies</u></p> <p><u>BSc Sport Studies with integrated placement year</u> Must include the Integrated Placement Year module.</p> <p><u>BSc (Hons) Sports Therapy</u> Must include all core modules.</p> <p><u>BSc (Hons) Sports Therapy with integrated placement year</u> Must include all core modules and the Integrated Placement Year module.</p>

Part time:

The part time student journey from entry through to graduation is individually negotiated with the student, but can be between 4-6 years.

Part 4: Programme Learning Outcomes

Modules in bold are core modules and modules not emboldened are optional modules.
 A denotes a module that assesses a learning outcome and B denotes a module aligned with a learning outcome.

Learning Outcomes:	Academic Skills for Sport and Exercise Scientists	Anatomy and Peripheral Joint Examination and Assessment	Fundamentals of Professional Practice for Sports Therapists	Fundamentals of Movement and Exercise for Sports Therapists	Fundamentals of Sport and Exercise Science for Sports Therapists	Soft Tissue Therapy and Practice	Applied Professional Practice for Sports Therapists	Applied Sport and Exercise Science for Sports Therapists	Developing the Sports Therapy Practitioner	Manual Therapy 1	Manual Therapy 2	Spinal Joint Assessment	Sport and Exercise Rehabilitation	The Sport and Exercise Researcher	Integrated Placement Year	Advanced Professional Practice for Sports Therapists	Applied Strength and Conditioning for Sports Therapists	Complete Injury Management	Injury Prevention and Return-to-Sport for Sports Therapists	Professional Placement for Sports Therapists	Sport Research Project	
A) Knowledge and Understanding of:																						
1. Application and theoretical understanding of musculoskeletal anatomy, pathology and injury.		A				A	A	B	A	A	A	A	A	B		A	A	A	A	A	A	A

2. Comprehension and application of the skills required for assessment and management of musculoskeletal injuries and conditions related to a range of populations and settings to support effective care pathways and promote healthy lifestyles.		B		B		B	B		B	B	B	B	B		A	A	A	A	A	A	
3. Contextualised theoretical principles and current insights of sport and exercise science in clinical and exercise settings to formulate screening, testing and management strategies				B	B			B					B		A			A		A	A
4. Underpinning research methods within the sub-disciplines of sports therapy to support practice.	B	B	B		B	B	B	B	B	B	B	B	B	B	A	A	A	A	A	A	A
5. The ethical, cultural, legal, sustainable considerations and professional conduct of a Graduate Sports Therapist within interdisciplinary practice in the wider sport, exercise and health sectors.			B					B								A				B	
B) Intellectual Skills																					
1. Critical awareness of current research to develop autonomy and clinical reasoning to make informed decisions to guide best practice in specific situations and contexts.		B	B	B		B	B		B	B	B	B	B		A	A			A	A	A

2. Critically analyse different types of data within health, sport and exercise science and sport therapy using relevant mathematical and statistical methods to inform practice.					B			B						B			A				A
3. Critically appraise underpinning theory and current research in sports therapy practice.	B	B	B	B	B	B	B	B	B	B	B	B	B	B	A	A	A		A	A	A
4. Demonstrate autonomy to clinically reason, make informed decisions and problem solve in specific situations and underpinning actions in different contexts.		A	A	A	B	A	B	A	A	A	A	A	A			A	A	A	A	A	
5. Critically reflect on assessment, treatment, rehabilitation and prevention associated with general health, exercise, sport and specific populations to facilitate appropriate care pathways and healthy active lifestyles.			B				B		B							A				A	
C) Performance and Practice																					
1. Apply anatomical knowledge to problem solve appropriate assessment, treatment and management strategies of musculoskeletal pathologies and injuries for the environment and stage of injury.		A	B	B		B	B		B	A	A	A	B		A		A	A	A	B	
2. Recognise, evaluate and refer musculoskeletal		A	B	B		A	B		B	B	B	A	B		A			A			

injuries, non musculoskeletal conditions and illness through appropriate clinical examination strategies tailored to the environment and stage.																					
3. Identify appropriate injury and illness risk factors, implement exercise programmes and prevention strategies in sport exercise science context.				B	B		B	B	B				A		A		B		A	B	
4. Demonstrate effective application of manual therapy and other treatment modalities and therapeutic interventions.			B			A	B		B	A	A				A			A	B		
5. Devise and deliver structured rehabilitation and reconditioning programmes appropriate to patients' needs.			B			A	B		B	A	A				A			A	B		
6. Devise and implement emergency first aid and acute care in the pre-hospital emergency settings with appropriate management, treatment, referral and documentation relevant to the scope of practice.			B				B								A			A		B	
7. Work within appropriate scope of practice at all times, demonstrating safe and effective practice and the highest professional standards of care.		A	B	A		A	B		B	A	A	A	A		A	B		A	A	B	
8. Meet the competency requirements of the Society of Sports Therapists.	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A

9. Enhanced ability to communicate effectively and be able to demonstrate person centred care, empathy, inclusivity to demonstrate cultural sensitivity across society.			B	B			B	B			B	B	B	B	B		A	B		A	A		A
10. Comply with ethical and medicolegal requirements within the scope of practice of a sports therapist and refer to appropriate care pathways when required.			A	B	A		A	B			B	A	A	A	A		A	B		A	A		B
D) Setting, Personal and Enabling Skills																							
1. Reflect on personal workloads and wellbeing, meeting deadlines, engaging confidently and competently in academic and professional communication with others.	A		B	A	B	B	B	A	B	A	B	B	B	B	B	A	B	A					A
2. Demonstrate, adapt and apply skills and competencies in an operational context within different environments in context of sports therapy.	A		A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
3. Be able to work independently and take responsibility for reflective practice learning and actions to achieve autonomy in lifelong learning.				A				A									A	A					A
4. Recognise and understand relationships with different populations, communicate and work collaboratively and effectively within				A				A			B						A	A	B				A

different environments and across the wider sport, exercise and health sector.																					
5. Utilise academic, research, digital and emerging technology skills to critically appraise current practice to implement evidence base problem-solving strategies.	B		B	B	B	B	B	B	B	B	B	B	B	B	A	A	A	A	A	A	A
6. Show an understanding of personal responsibility, promote the occupational scope of practice, professional codes of conduct and the employment landscape of the Graduate Sports Therapist.			B				B								A					A	
7. Show proactive leadership in a professional manner within the context of the environment and range of audiences.			B				B								A			A		B	B

Part 5: Learning, Teaching and Assessment

Learning, Teaching and Assessment Journey:

Learning, teaching and assessment strategies are aligned to the institutional strategies to ensure consistency across subject-specific programmes with respect to module weightings, assessment word equivalences and delivery modes, underpinned by the professional statutory regulatory body requirements. The educational aims of the programme are to develop autonomous Graduate Sports Therapists.

The programme has two points of entry from Foundation Year (Level 3) or entry to Stage 1 (Level 4). The Foundation year pathway provides students with an opportunity to develop general academic study skills and underpinning subject-specific skills and knowledge to assist with the transition to Stage 1.

The programme is designed to develop fundamental skills and concepts at Stage 1 (Level 4), and develop these in an applied context with greater underpinning understanding of theoretical concepts and discussion at Stage 2 (Level 5). As students progress into Stage 3 (Level 6), the programme is designed to develop autonomy and responsibility for learning, and develop the wider clinical reasoning and critical analysis skills that are expected on graduation.

Each student enters the programme with a different learning experience and therefore each student may have different learning needs. As a consequence, the programme utilises a wide range of innovative learning experiences and teaching strategies relevant to the subject area to assist, develop and facilitate effective learning from the outset. This can include practical sessions, seminars, laboratories, workshops, theory sessions and tutorials.

On enrolling on the programme, students are expected to commit to the learning and wider requirements of the programme. Students will be required to actively participate in all sessions, for example within hands-on tasks as both participant / model and experimenter / therapist in range of environments. This may be within the sports therapy context and / or the sport and exercise science environment. Within more theory / workshop-based sessions this may involve presentations, scenarios, discussions, task sheets, tutor delivered content, guest speakers, student led sessions, peer learning and group collaboration and utilising e-tools. An integral aspect to student learning is directed study. This includes pre-session preparation and post-session consolidation. Students can access module scheme of work for general guidance on commencement of the module, with wider resources available within module materials. The directed study aims to develop students' personal development, critical reflection and autonomy throughout all levels of the programme. Students are encouraged to utilise the wider university support available for academic, learning, wellbeing and career support, all of which aim to develop students' attributes by the time of graduation.

During each stage of their programme a student will be allocated an academic personal tutor.

Within the Foundation stage students are supported to adjust to studying at University through induction and embedded academic personal tutoring activities that facilitate the development of skills essential to academic study and professional success.

Part 5: Learning, Teaching and Assessment

With the aim to develop students into safe and effective practitioners in alignment with the competencies of The Society of Sports Therapists, the different modes of delivery assist different learning approaches of student supporting their experience to develop practical application underpinned by the required theoretical knowledge. Students are taught through a combination of face-to-face and online sessions, theoretical and applied seminars and practical sessions in clinical and applied settings to support the theory to practice ethos.

In addition, students can meet with an academic personal tutor. The tutorial focuses on academic guidance for personal development with a peer / group collaborative setting. In addition to this, students are able to arrange individual tutorials with their designated academic personal tutor for support and help with problems affecting academic work either at the subject level or by referring to other university support facilities.

The programme provides opportunities for students to engage in "real world" and authentic learning through classroom, placement and assessment. Students are required to engage and commit to these opportunities from the outset. Student opportunities and placements have quality mechanisms in place for the programme with the university affirming suitability of opportunities and placements providers through an approval process. At Stage 1 (Level 4) students complete a first aid certificate and disclosure and barring service (DBS) checks to allow them to commence these opportunities, and students are registered for their student SST membership. Students are required to complete applied opportunities and / or placement at each level of study. These hours are accrued through on-campus pre-approved opportunities only, that meet the programme criteria. At Level 6 students must have fully passed and progressed to this stage, to meet the SST criteria for final year placement insurance. At Level 6 students are required to complete on-campus opportunities and pre-approved external placement and must achieve the minimum number of overall hours as stipulated by the SST irrespective of academic grades. All of these hours will be formally recorded and signed by an authorised signatory.

By the end of the programme the student must have achieved a minimum of 250 hours placement experience.

Those students on the integrated placement year have the opportunity, on successful completion of all modules at level 5, to study part time for the subsequent academic year and source an external placement and complete the work placement module, to return the following academic year to complete their level 6 modules full time.

The programme works with the institution's Achievement and Success Centre (ASC) to accommodate students' learning needs, aiming to make our services and provision accessible to users within the requirements of the programme.

ASSESSMENT

Assessment of knowledge, understanding, practical skills and competencies are assessed through a range of formative, developmental strategies and summative assessment methods. Assessment methods are there to challenge the student academically, demonstrate safe and effective practical skills and reinforce competencies in the context of sports therapy. The range of methods aims to facilitate student learning to demonstrate progression of student performance and achievement throughout the academic levels. Students therefore learn different skills to prepare in appropriate way for the method of assessment. For example, meeting deadline submissions, time constrained assessments, application of theory, knowledge and practical skills in variety

Part 5: Learning, Teaching and Assessment

of complex familiar and unfamiliar situations. The details of assessment methods are included within module documentation for each module.

Due to professional accrediting body requirements, variant regulations exist within the core modules of the programme.

This programme does have progression criteria, identified in Part 3 Programme Structure. This is due to strong link of skills and competencies across the stage, aligned to The SST educational competency framework and subsequent modules at the next stage of study, which may result in part time study. The aim is to allow a student to complete that stage of study, to assist future academic performance.

ATTENDANCE

The programme is underpinned by the skills, competencies and practical application associated with The Society of Sports Therapists. Attendance at all sessions is a requirement, and positive engagement will ensure that students are able to benefit from the interactive learning experience of each module fully. Therefore, there is an attendance requirement across the programme of a minimum of 80% attendance of the designated module sessions, as specified by The Society of Sports Therapists. Students that fail to attend the designated learning activities have not been provided with the opportunity to develop these competencies. Attendance at these designated sessions will be monitored and recorded. Students that fail to meet the attendance requirements for the module, may be required to repeat the module. Notification due to illness and / or exceptional circumstances must follow the programme absence procedures to prevent any impact on their assessment opportunity. Students are expected to meet the university institutional attendance requirements across the level of study.

It is important to note that, due to the professional and clinical nature of the programme, students must meet the fitness to study requirements on entry. Students are required to update the institution should these change through their duration of study and / or may be guided to be reviewed under the professional suitability academic regulations.

This programme will be assessed according to the approved Academic Regulations including specific variant regulations associated with the programme as professional statutory regulatory body and no condonement – AV3 applies to all module with a *.

Students are expected to actively engage and attend all scheduled sessions and modules. As a pre-requisite to meet the professional body requirements a minimum attendance requirement is stipulated. Attendance will be monitored in all sessions across modules. Failure to meet the attendance requirements may result in a student being unable to sit the assessment for a module at the scheduled first attempt due to the health and safety associated with the content of the module. Prior to re-assessment students will be expected to attend scheduled support sessions to fulfil the practical health and safety elements for eligibility for the re-sit opportunity. Students must be available on the dates scheduled as no alternative scheduled support sessions will be offered.

The following modules each have an attendance requirement, students must meet the minimum 80% attendance prior to the relevant assessment to be eligible to sit the assessment:

Level 4:

HSPVTC-30-4 Anatomy and Peripheral Joint Examination and Assessment

HSPVU6-15-4 Fundamentals of Movement and Exercise for Sports Therapists

Part 5: Learning, Teaching and Assessment

HSPVUW-15-4 Soft Tissue Therapy and Practice

Level 5:

HSPXTM-15-5 Sport and Exercise Rehabilitation

HSPVV7-15-5 Manual Therapy 1

HSPVTK-15-5 Manual Therapy 2

HSPVTX-15-5 Spinal Joint Assessment

Level 6:

HSPV4U-15-6 Complete Injury Management

HSPVMK-15- 6 Injury Prevention and Return-to-Sport for Sports Therapists

Students registered on this programme will have access to the Hartpury University professional support services.

The distinctive module used by the Programme Examination Board to inform recommending differential awards for students when considering borderline performance profiles will be:

Professional Placement for Sports Therapists

Professional Accrediting Body documents to which this programme is mapped and or aligned:

Society of Sports Therapists (mapped)

Assessment Map									
		Type of Assessment*							
		Coursework	Report	Portfolio	Written Examination	Written Test	Practical Skills Examination	Practical Skills Assessment	Oral Assessment
Core Modules Stage 0	Academic Literacy for University Studies							A (100) Graduate Skills Logbook	
	Professional Development in Practice			A (100) Industry Experience Portfolio					
	Exploring Current Concepts	A1 (20) Coursework A2 (80) Essay Based on a Case Study							
	Business Enterprise and Management	A (50) Essay							B (50) Group Oral Presentation with Questions, individually marked
	Principles of Sports Science				A (60) Written Examination				B (40) Group Oral Presentation with Questions, individually marked

Core Modules Stage 1	Academic Skills for Sport and Exercise Scientists	A (30) Coursework							B (70) Oral Presentation
	Anatomy and Peripheral Joint Examination and Assessment					A (25) Unseen Fixed-Time Test	B (75) Practical Examination		
	Fundamentals of Professional Practice for Sports Therapists			A (100) Coursework Portfolio					
	Fundamentals of Movement and Exercise for Sports Therapists						A (100) Practical Examination		
	Fundamentals of Sport and Exercise Science for Sports Therapists		B (75) Report			A (25) In-Class Test			
	Soft Tissue Therapy and Practice						A (100) Practical Examination		
Core Modules Stage 2	Applied Professional Practice for Sports Therapists			A (100) Coursework Portfolio					
	Applied Sport and Exercise Science for Sports Therapists		A (100) Case Study Report						
	Sport and Exercise Rehabilitation						A (100) Practical Examination		
	Developing the Sports Therapy Practitioner	B (30) Poster Coursework	A (70) Literature Review						

	Manual Therapy 1						B (70) Practical Examination		A (30) Oral Presentation with Questions
	Manual Therapy 2						A (100) Practical Examination		
	Spinal Joint Assessment	A (40) Essay					B (60) Practical Examination		
	The Sport and Exercise Science Researcher		A (100) Report						
Optional Placement Year	Integrated Placement Year			A (100) Industry Experience Portfolio					
Core Modules Stage 3	Complete Injury Management						B (100) Practical Examination	A (P/F) Practical Skills Assessment	
	Advanced Professional Practice for Sports Therapists								A (100) Oral Presentation with Questions
	Professional Placement for Sports Therapists			A (100) Coursework Portfolio					
	Injury Prevention and Return-to- Sport for Sports Therapists	A (50) Poster Coursework					B (50) Practical Examination		
	Applied Strength and Conditioning for Sports Therapy		A (100) Case Study Report						
	Sport Research Project		A (75) Project Report						B (25) Oral Assessment

*Indicative assessment types for new students enrolling on this programme after the date this specification takes effect (Part 1) are shown in terms of either **Coursework**, **Written Examination**, or **Practical Examination** as indicated by the colour coding above.

This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if they take full advantage of the learning opportunities that are provided. More detailed information on the learning outcomes, content and teaching, learning and assessment methods of individual modules can be found through Hartpury's website (www.hartpury.ac.uk).


Approved Programme Amendment Log

Primary Programme Title:	BSc (Hons) Sports Therapy
Programme Code:	BSHSSTXX
Initial Approval Date:	01 September 2017

Changes: *Most recent at the top of the page*

<p>Current version number: 10.0</p> <p>Outline Change Details: Parts 3, 4 and 5 updated to reflect new suite of modules. All modules are now core. Stage 1 - new module HSPVSU-15-4 Academic Skills for Sport and Exercise Scientists replaces part of HSPVC4-30-4 The Sport and Exercise Professional; new module HSPVTC-30-4 Anatomy and Peripheral Joint Examination and Assessment replaces part of HSPVC8-30-4 Functional Anatomy and Biomechanics for Sports Therapists and HSPVC9-30-4 Fundamental Skills for Sports Therapists; new module HSPVTQ-15-4 Fundamentals of Professional Practice for Sports Therapists replaces part of HSPVC4-30-4 The Sport and Exercise Professional and HSPVC9-30-4 Fundamental Skills for Sports Therapists; new module HSPVU6-15-4 Fundamentals of Movement and Exercise for Sports Therapists replaces HSPVN8-15-4 Principles of Strength and Conditioning for Sports Therapy; new module HSPVUJ-30-4 Fundamentals of Sport and Exercise Science for Sports Therapist replaces part of HSPVC8-30-4 Functional Anatomy and Biomechanics for Sports Therapists and HSPXL7-15-4 Introduction to Exercise Physiology; new module HSPVUW-15-4 Soft Tissue Therapy and Practice replaces part of HSPVC9-30-4 Fundamental Skills for Sports Therapists. Stage 2 - new module HSPVUD-15-5 Applied Professional Practice for Sports Therapists replaces part of HSPXTK-30-5 Applied Skills for Sports Therapists; HSPVTW-15-5 Applied Sport and Exercise Science for Sports Therapists replaces part of HSPXS9-15-5 Sports Nutrition; new module HSPVUR-15-5 Developing the Sports Therapy Practitioner replaces part of HSPXTK-30-5 Applied Skills for Sports Therapists; new module HSPVV7-15-5 Manual Therapy 1 replaces part of HSPV9W-30-5 Joint Mobilisations; new module HSPVTK-15-5 Manual Therapy 2 replaces part of HSPV9W-30-5 Joint Mobilisations; new module HSPVTX-15-5 Spinal Joint Assessment replaces part of HSPV9W-30-5 Joint Mobilisations; new module HSPXTM-15-5 Sport and Exercise Rehabilitation replaces HSPXTM-15-5 Sports Rehabilitation); new module HSPVTB-15-5 The Sport and Exercise Researcher replaces (HSPV5Y-30-5 The Sport and Exercise Scientist; module HSPXTM-15-5 name changed from Sports Rehabilitation to Sport and Exercise Rehabilitation. Stage 3 - new module HSPVAU-16-6 Professional Placement for Sports Therapists replaces part of HSPVAU-15-6 Professional Practice in Sports Therapy; new module HSPVMK-15-6 Injury Prevention and Return-to-Sport for Sports Therapists replaces part of HSPV49-15-6 Screening and Prevention and HSPVMK -15-6 Sports Conditioning and Return-to-Play for Sports Therapy; new module HSPVTJ-15-6 Advanced Professional Practice for Sports Therapists replaces part of HSPVAU-15-6 Professional Practice in Sports Therapy); new module HSPVUN-15-6 Applied Strength and Conditioning for Sports Therapists replaces part of HSPVMK -15-6 Sports Conditioning and Return-to-Play for Sports Therapy) module HSPVQA-45-6 name changed from Sport Research and Knowledge Exchange Project to Sport Research Project; module HSPVMK-15-6 name changed from Sports Conditioning and Return-to-Play for Sports Therapy to Injury Prevention and Return-to-Sport for Sports Therapists; module HSPVAU-15-6 name changed from Professional Practice in Sports Therapy to Professional Placement for Sports Therapy; Part 2: Programme Overview updated. Part 4 Programme Learning outcomes reviewed and updated. Part 5: Learning, Teaching and Assessment reviewed and updated. Part 5: Assessment Map updated to reflect module amendments. Stage 2: Sports Rehabilitation – Poster Coursework removed. Stage 3: Injury Prevention and Return-to-Sport for Sports Therapists - Components A and B swapped round; Complete Injury Management - Essay removed, Practical Skills Assessment changed to Component A and changed to Pass / Fail.</p>
<p>Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? Yes</p> <p>If yes, please provide the details of the changes:</p> <p>The HAF document has been amended to update to the new set of modules to be mapped across the different criterion of the framework.</p>

Material Alteration: Yes and is accompanied by the relevant course information document.	
Rationale: Further to the Sport PSR, curriculum has been reviewed and updated. In addition, the programme has been mapped to the new educational competency framework for The Society of Sports Therapists.	
Change requested by: Claire Farquharson I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Signature: Claire Farquharson Date: 07/11/24	
Name of Head of Department: Sarah Lee I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
Signature: Sarah Lee Date: 29.10.24	
Approval Committee and Date:	CVC Chair's action (SD) 2025 02 13 (from CVC 2025 02 28)
Change approved with effect from:	01 September 2025
Resulting new version number:	11.0 (2025 intake onwards)

Current version number: 9.4	
Outline Change Details: Parts 3 and 5 updated to reflect changes to Stage 0 / Level 3 modules: HANVQX-15-3 Academic Literacy for University Studies replaces HANVG4-15-3 Foundation Skills Development; HANVRD-30-3 Professional Development in Practice replaces HANV8B-30-3 Academic Skills in Practice; HANVRR-15-3 Exploring Current Concepts replaces HANV8C-15-3 Reviewing Literature; HSPVSG-30-3 Business Enterprise and Management replaces HANV8E-30-3 Foundation Biological Principles; HSPVRY-30-3 Principles of Sports Science replaces HANVG3-30-3 Foundation Sports Science. Part 5: Assessment Map – Stage 3 transition module Undergraduate Dissertation removed, for consistency with other programmes. Part 5: Learning, Teaching and Assessment - text regarding academic personal tutoring added.	
Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No	
If yes, please provide the details of the changes:	
Material Alteration: Yes and is accompanied by the relevant course information document.	
Rationale: to ensure accuracy following review of Level 3 modules.	
Change requested by: Lucy Ractliffe I can confirm that student representatives have been consulted about this change NO I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Signature:  Date: 15/11/2023	
Name of Head of Department: Sarah Lee I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
Signature: Sarah Lee Date: 29.11.23	
Approval Committee and Date:	CVC Chair's action 2024 01 10
Change approved with effect from:	01 September 2024

Resulting new version number:	10.0 (2020 intake onwards)
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Current version number: 9.3	
Outline Change Details: Part 3: Programme Structure: HSPXM3-15-4 Principles of Strength and Conditioning added as 'transition' module (pre-2022 only).	
Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No If yes, please provide the details of the changes:	
Material Alteration: No	
Rationale: This transition module is needed to accommodate continuing students.	
Change requested by: Sarah Lee N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Signature: Sarah Lee	Date: 18.09.23
Name of Head of Department: Sarah Lee I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
Signature: Sarah Lee	Date: 18.09.23
Approval Committee and Date:	CSP Chair's Action LD 2023 09 19
Change approved with effect from:	01 September 2023
Resulting new version number:	9.4 (2020 intake onwards)

22/09/2022

Part 3 Programme Structure - Stage 0 / Level 3 transition modules added, as previously omitted in error.
Part 5: Assessment Map - Assessment for Level 6 optional module High Performing Teams amended from Seen Case Study Written Examination to Case Study Test, in line with module amendment.
Approved by CSP Chair's action 2022 09 22

Current version number: 9.1	
Outline Change Details: Parts 3, 4 and 5: HSPVMK15-6 Sports Conditioning and Return-to-Play for Sports Therapy added as an alternative to HSPV4C-15-6 Sports Conditioning and Return-to-Play.	
Material Alteration: No	
Rationale: A bespoke version of the module 'Sports Conditioning and Return-to-Play' is needed to accommodate the pre-requisite which only applies to Sports Therapy.	
Change requested by: Claire Farquharson N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Signature: C Farquharson	Date: 08/09/22
Name of Head of Department: Sarah Lee I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	

Signature: Sarah Lee	Date: 09.09.22
Approval Committee and Date:	CSP Chair's Action 2022 09 09
Change approved with effect from:	01 September 2022
Resulting new version number:	9.2 (2020 intake onwards)

Current version number: 9.0	
Outline Change Details: Part 5: Assessment Map – Introduction to Exercise Physiology assessment changed from two in-class tests and a written examination (all Component A) to in-class test (10%) and written examination (40%) (Component A) and Group Practical Skills Assessment individually marked (50%) (Component B), in line with module amendment.	
Material Alteration: Yes	
Rationale: to reflect module amendment.	
Change requested by: CVC N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Date: 21/07/2022	
Approval Committee and Date:	CVC
Change approved with effect from:	01 September 2022
Resulting new version number:	9.1 (2020 intake onwards)

04/07/2022: Part 1 – version number in ‘with effect from’ corrected from 8.0 to 9.0

07/06/2022 Parts 1 and 3 - interim award BSc (non-honours) corrected from Sports to Sport. Amendment approved by Deputy CVC Chair's action.

Current version number: 8.1	
Outline Change Details:	
<ol style="list-style-type: none"> 1. Part 2: Programme Overview reworded. 2. Part 3: Programme Structure: stage progression statements added. 3. Part 4: programme learning outcomes: reworded to reflect programme (indicative module content not directly changed) in accordance with Refresh. 4. Part 5: Learning, Teaching and Assessment reworded. 5. Parts 3, 4 and 5 - HSPVN8-15-4 Principles of Strength and Conditioning for Sports Therapy replaces HSPXM3-15-4 Principles of Strength and Conditioning; HSPVQA-45-6 Sport Research and Knowledge Exchange Project added as Level 6 core module. 6. Part 5: Assessment Map - Assessment terminology and weightings amended in accordance with Refresh. <p>Foundation Biological Principles Component B changed from Portfolio (coursework) to Test Series (written exam); Level 4 core module Fundamental Skills for Sports Therapists changed from A (P/F) Practical Skills Assessment and B (100) Written Assessment to A1 (40) Essay, A2 (P/F) Coursework Portfolio and B1 (30) and B2 (30) Practical Examination; Level 4 core module Functional Anatomy and Biomechanics for Sports Therapists Component B changed from practical skills assessment to practical exam; Level 5 core module Applied Skills for Sports Therapists pass / fail element changed from practical exam to coursework portfolio; Level 4 core module Introduction to Exercise Physiology changed from 100% written exam to 70% written exam and 30% in-class tests; Level 5 core module Joint Mobilisations Component B changed from pass / fail to 60% and from practical skills assessment to practical exam, Component A changed from 100% to 40%; Level 5 core module Sports Nutrition Component A changed from written exam to written test, Level 5 core module The Sport and Exercise Scientist changed from 100% practical to 50% coursework, 50% practical; Level 6 module Sports Conditioning and Return-to-Play changed to 60% coursework and 40% practical; Level 6 core module Complete Injury Management changed from 60:40 practical skills assessment and coursework to 40:60 and pass / fail practical examination added..</p>	

Material Alteration: Yes and is accompanied by the relevant course information document.	
Rationale: Changes have been made in accordance with the Refresh documentation and curriculum framework.	
Change requested by: C Farquharson I can confirm that student representatives have been consulted about this change <input type="checkbox"/> I can confirm that colleagues impacted by this change have been consulted <input type="checkbox"/> I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Signature: C Farquharson Date: 03/02/22	
Name of Head of Department: Sarah Lee I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department;	
Signature: S Lee Date: 18/01/2022	
Approval Committee and Date:	Refresh Approval Panel action 2022 03 21
Change approved with effect from:	01 September 2022 (2020 intake onwards)
Resulting new version number:	9.0

Current version number: 8.0	
Outline Change Details: Part 6: Assessment Map - Principles of Strength and Conditioning (HSPXM3-15-4) assessment changed from oral assessment (presentation) to practical examination, to reflect the module change.	
Material Alteration: No	
Rationale: to ensure accuracy	
Change requested by: CSP N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Approval Committee and Date:	CSP Chair's action 2021 05 19
Change approved with effect from:	01 September 2021
Resulting new version number:	8.1 (2021 intake onwards)

Current version number: 7.6	
Outline Change Details: Parts 3 and 6 updated in line with module amendments: HANVG4-15-3 Foundation Skills Development Module code changed from HANV8A-30-3 to HANVG4-15-3 - reduced to 15 credits. Assessment component A changed from written exam to in class test. HANVG3-30-3 Foundation Sports Science Module code changed from HANV8F-15-3 to HANVG3-30-3 - increased to 30 credits. Assessment component B changed from in class test to written examination. Part 6: Assessment – Undergraduate Dissertation added as distinctive module, in line with current template. Part 1: UCAS code added for Foundation Year – CF12	
Material Alteration: Yes	
Rationale: Updated to reflect module changes: modules amended in response to students' request for more subject-specific content in the Foundation year second semester.	
Change requested by: Thomas Legge I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted	

I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Signature: TJLEGGE	Date: 23/02/2021
Name of Head of Department: Sarah Lee	
I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
Signature: <i>Sarah Lee</i>	Date: 01/03/21
Approval Committee and Date:	CVC Chair's action 2021 04 26
Change approved with effect from:	01 September 2021
Resulting new version number:	8.0 (2021 intake onwards)

Current version number: 7.4	
Outline Change Details:	
Part 3: Programme Structure – removal of asterisk from Integrated Placement Year (HANVK6-15-5) as this is not a PSRB module.	
Parts 1 and 3: Foundation interim award updated to Higher Education Foundation Certificate in Academic Skills.	
Material Alteration: No	
Rationale: to ensure accuracy	
Interim award: after a review of the interim award titles, it was agreed this revised title provided better clarity.	
Change requested by: Lucy Dumbell	
No I can confirm that student representatives have been consulted about this change	
Yes I can confirm that colleagues impacted by this change have been consulted	
Yes I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Signature: <i>Lucy Dumbell</i>	Date: 14-1-2021
Name of Head of Department: Sarah Lee	
I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
Signature: <i>Sarah Lee</i>	Date: 14.01.21
Approval Committee and Date:	CSP Chair's Action 14-1-2021
Change approved with effect from:	15-1-2021
Resulting new version number:	7.6 (2020 intake onwards)

Current version number: 7.2	
Outline Change Details:	
Part 3: programme structure: module code for Professional Practice in Sports Therapy corrected from HSPV5J-15-6 to HSPVAU-15-6.	
Parts 3, 4, 5 & 6: Module HANVK6-15-5 name changed from Year Work Placement to Integrated Placement Year, in line with module amendment.	
Part 6: assessment for component A of module HANV8E-30-3 Foundation Biological Principles amended from practical exam to practical skills assessment, in line with module amendment.	
Part 6: assessment for Joint Mobilisations changed to written assignment (100%) and practical skills assessment (pass/fail), in line with module amendment.	
Part 6: assessment for Principles of Strength and Conditioning (HSPXM3-15-4) changed from practical exam to presentation to reflect module change.	
Part 5: Professional practice – placement learning	
Paragraph changed from:	
Placement Learning	
By the end of the programme the student will benefit by having completed a minimum of 200	

hours of work placement. The student will have had the chance to learn new skills, to confidently put them into practice under the supervision of the work provider, and then to move on to improve their level of competency. This experience will have given each student a valuable insight into different aspects of the industry and may have helped formulate ideas of possible careers open to the new graduate.

To:

Placement Learning

By the end of the programme the student will benefit by having completed a minimum of 200 hours of placement opportunities. The student will have had the chance to learn new skills, to confidently put them into practice under the supervision of pre-approved providers, and then to move on to improve their level of competency. These experiences will have given each student a valuable insight into different aspects of the industry and may have helped formulate ideas of possible careers open to the new graduate.

Material Alteration: Yes and is accompanied by the relevant course information sheets.

Rationale: Students to have the opportunity to accrue hours over the 3 years, with emphasis on level 6 to allow a wider skills development and consolidation.

- Change requested by: Claire Farquharson**
- / I can confirm that student representatives have been consulted about this change
- / I can confirm that colleagues impacted by this change have been consulted
- / I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

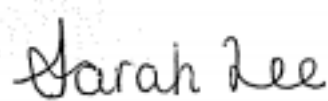


Signature:

Date: 18/06/2020

Name of Head of Department:

- I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department



Signature:

Date: 18/06/2020

Approval Committee and Date:	CVC Chair's action 2020 09 10
Change approved with effect from:	1 September 2020
Resulting new version number:	7.4 (intakes 2020+)

Current version number: 7.1	
Outline Change Details: interim awards updated in Parts 1 and 3	
Rationale: To improve clarity.	
Approval Committee and Date:	CSP Chair's action 2020 03 05
Change approved with effect from:	1 September 2019
Resulting new version number:	7.2

Current version number: 7.0	
Outline Change Details: PSRB involvement – review of modules with asterisk in programme structure and addition of the wording 'The programme includes some professional practice modules, indicated in the table below with a star, and these are subject to variant academic regulations (see part 6)'	

Rationale: To improve clarity.	
Approval Committee and Date:	CVC 2019 08 06
Change approved with effect from:	1 September 2019
Resulting new version number:	7.1

<p>Current version number: 6.0</p> <p>Outline Change Details:</p> <p>Part 1 Interim awards updated</p> <p>Part 2 'Graduate' added to paragraph Wording changed.</p> <p>Part 3</p> <p>Removed modules: Level 4 Academic Skills for Sport Introductory Skills for Sports Therapists Emergency Care for Sports Therapists Sports Massage Introduction Functional Anatomy and Biomechanics for Sports Therapists Level 5 Exercise Physiology Peripheral Mobilisation Vertebral Mobilisation Undergraduate Research Process Level 6 Undergraduate Dissertation for Sports Therapists</p> <p>New modules: Level 4 The Sport and Exercise Professional Fundamental Skills for Sports Therapists Functional Anatomy and Biomechanics for Sports Therapists Level 5 Joint Mobilisations The Sport and Exercise Scientist Level 6 Undergraduate Dissertation High Performing Teams</p> <p>Credit changes Introductory Skills for Sports Therapists from 15 to 30 credits (level 4) Professional Practice in Sports Therapy 30 credits to 15 credits (Level 6)</p> <p>Awards section: Addition of Cert Sport Studies 'Applied' removed from other interim awards</p> <p>Part 4 Modules updated A7 – new learning outcome C6 – new learning outcome C7 – new Learning outcome</p> <p>Part 5 Paragraph outlining benefits of SST to students included.</p>
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Part 6 Assessment Map

Assessment Matrix revised to reflect module changes detailed in part 3.

Part 7: Re-written to reflect current practice

Part 8: removed in line with current template

Material Alteration: Yes and is accompanied by the relevant course information sheets.

Rationale: Changes have been implemented following the sport Periodic Curriculum Review

Change requested by: Gareth Knox

/ I can confirm that student representatives have been consulted about this change

/ I can confirm that colleagues impacted by this change have been consulted

/ I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Signature: G J Knox

Date: 30/1/19

Name of Head of Department:

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

Signature:

Sarah Lee

Date: 30/01/19

Approval Committee and Date: CVC 2019 03 12

Change approved with effect from: 1 September 2019

Resulting new version number: 7.0

Version 6.0

Rationale: After the successful application for University Title, amendments were required to all specifications.

Material Alteration: Yes and Course Information Sheet amended appropriately: Not required

Outline Change Details: 1. Part 1: Basic Data requires the Awarding Body to be amended from Hartpury College to Hartpury University. 2. Award Titles amended to replace (SW) with (IP)

Change requested by: Academic Registrar

CVC approval date: 31 August 2018

Change approved with effect from: 01 September 2018

New version number: 6.0

Version 4.0 (intake 2017) Periodic Curriculum Review

Outline Change Details: Update of valid to/from dates.

Rationale: The Sport Periodic Curriculum Review (PCR) on 2nd May 2018 confirmed revalidation of the programme.

Change requested by: PCR 02 May 2018

PCR approval date: 02 May 2018

Change approved with effect from: 01 September 2018

Version 2.1

Outline Change Details: Changes to assessments for HSPV4U-15-6 Complete Injury Management

Rationale: Assessment changes are a recommendation from both external examiners and student consultation.

Change requested by: Richard Mack

CVC approval date: 13 February 2018

Change approved with effect from: 01 September 2018

Version 2.0

Outline Change Details: Additon of foundation year as an entry point on to programme and therefore this has been reflected in the appropriate sections.	
Rationale: To increase access and widening participation opportunities for this programme.	
Change requested by:	Sarah Lee
CVC approval date:	13 February 2018
Change approved with effect from:	01 September 2018