

**MSc**

# Sports Therapy (Conversion)

**Our MSc Sports Therapy is a conversion course, specifically designed to develop the skills of sports scientists and other relevant degree holders, into industry ready practitioners with an accreditation to the Society of Sports Therapists (subject to validation)**

Graduate as a qualified sports therapist using our dedicated sports therapy clinic, working with the general population and athletes with support from industry experienced staff. You'll undertake a minimum of 250 placement hours during the course, providing you with the skills and experience that employers are looking for. You'll benefit from contextualised teaching and learning of theory underpinning practice alongside practical and professional skills, developing you as evidence informed practitioner.

## Key Information

**Course Duration:** 18 months full-time; part-time option available

**Level of Study:** Master's and PhDs

**Typical Offer:** 2:1 honours degree

## Course information

### Overview

By studying the MSc Sports Therapy (Conversion) at Hartpury University you'll benefit from our modern Sports Performance and rehabilitation facilities providing you with practical learning experience.

You'll assist with first aid pitch-side provision for our sports teams here on campus and provide care in the student-led sports injury clinic. You'll complete an external placement providing you with the skills and experience that employers are looking for. This will help you

develop into an independent sports therapist and provide you with an opportunity to grow your professional network whilst you complete your study.

Our programme bridges theory with practical practice from day one, preparing you for the realities of a career in sports therapy. You'll develop essential employment skills to ensure you are industry ready enabling you to take the next step in your career.

You'll be taught by our professionally qualified staff with industry experience in sporting and clinical environments.

Hartpury University covers the cost of your student membership to SST. This gives you access to valuable resources including student insurance for supervised placements (active upon completion of clinical modules). Upon course completion, you'll be eligible for membership and insurance with the SST allowing you to practice as a qualified sports therapist (visit [The Society of Sports Therapists](#) for full details of costs).

## Entry requirements

### Academic

Applicants should have at least either a 2:1 honours degree in Sport and Exercise Science or equivalent degree subject.

### Non-academic

Applicants should have at least a 2:1 in a degree that is supported by evidence of an aptitude for the subject applied for, or have equivalent experience of training, normally from their working environment.

### International

EU and international students need IELTS 7.0 overall (with a minimum of 6.5 in writing and speaking) or equivalent.

Please contact us for further information.

### Further information

It is important that your personal statement demonstrates evidence of:

- An understanding of the course, profession, and the regulatory body (The Society of Sports Therapists)
- Your experience in sports and exercise sciences (study and/or experience you have in sport and exercise related setting/role)
- Evidence of your personal and professional qualities
- Desire to study the subject applied for.

Applicants will need to pass our Fitness to Practise Process as part of application process

## **DBS Clearance**

The course will include working with children and vulnerable adults, and so you will be required to complete an enhanced DBS check at Level 4 of study. Having a criminal conviction may not exclude from joining the course but we may not be able to facilitate placements for applicants who have convictions of violent offences or offences against children or vulnerable adults. A criminal conviction may also mean that full professional membership to The SST is not possible.

## **Employability**

### **Your career**

Industry opportunities on this course are diverse to ensure you develop the skills, experience and connections needed for your graduate career. Many of our students secure graduate roles with their work placement employers.

## **Work placements and experience**

Throughout your course you will have the chance to complete several on-campus opportunities, ranging from pitch side to student-led clinics and other event opportunities. By the end of the course, you must have achieved a minimum of 250 hours placement experience to be eligible for the MSc and Society of Sports Therapist membership and insurance upon graduation.

Throughout your study you will gain practice based learning hours both on campus and through external, pre-approved, work placement opportunities. These hours will be logged as part of a logbook assessment. Please note, all placements and opportunities are unpaid, and have to be approved prior to commencing.

## **Guest lecturers and continued professional development**

As part of the programme, and to assist your professional development, you'll undertake an emergency first aid certificate. The one-day course provides students with standardised training for the environment of basic life support and allows you to carry out the applied opportunities.

Industry professionals and guest lecturers may form part of your learning, enabling you to gain different experiences and context of sports therapy.

Continued Professional Development is a key part of Sports Therapy. Although not compulsory, Hartpury University may host various extra-curricular activities and courses. Prices will vary depending on the nature and duration of the course, as well as the external provider.

# Graduate destinations

As a graduate sports therapist, you may progress into a variety of industries and sports therapy roles, including for clubs or teams, in private practices, or the fitness and health industry. Roles within the NHS and Ministry of Defence are also available, as is further postgraduate study.

## How you'll study

We're committed to supporting you to fulfil your unique potential while you're here so that you can achieve your personal and professional goals.

## Duration

### 18 months, full-time

You will study full-time and subsequently complete within 18 months. The on campus teaching demands during semester 1 and 2 will be approximately 12 hours a week spread over two days. Please note weekly additional commitment is required for placement hours outside taught contact hours to achieve the minimum hours required as part of the programme, as stipulated by the Society of Sports Therapists. The remainder of programme will be largely independently led through placement and research but will still require attendance onto campus for placement commitments.

Independent study is a key part of post graduate study. A minimum of 24 hours a week of self-directed reading and learning is expected for full engagement on this professional accredited MSc.

### Three years, part-time

Alternatively, we offer flexible part-time options to help students to manage their studies alongside other commitments enabling you to complete your qualification in three years. Please enquire for further details.

## Your support network

You'll benefit from a strong support network from day one. This will range from your lecturers, supervisors and academic personal tutor to our specialist academic (Achievement and Success Centre), employability (Innovation, Careers and Enterprise) and wellbeing teams.

## Your learning experiences

You'll experience a range of teaching methods to strengthen your understanding of topics, lectures, workshops, practicals, placements and tutorials. Much of the teaching will take place practically in person on campus, but some theoretical and support sessions will be hosted online.

# Attendance requirements

You are expected to actively engage and attend all scheduled sessions and modules. As a pre-requisite to meet the professional body requirements, a minimum 80% attendance requirement is stipulated. Attendance will be monitored in all sessions across modules. Failure to meet the attendance requirements may result in a student being unable to sit the assessment for a module at the first attempt due to the health and safety associated with the content of the module. Prior to re-assessment, you'll be expected to attend scheduled support sessions to fulfil the practical health and safety elements for eligibility for the re-sit opportunity. You must be available on the dates scheduled.

# Qualifications and modules

## MSc degree

This conversion MSc will develop the skills of sports scientists and other relevant degree holders, into industry ready practitioners. Over the duration of the course, you will benefit from lectures, workshops, practicals, professional placements, and tutorials. Working individually and collaborating with peers and professionals, to share and evaluate best practice, enabling you to develop your clinical reasoning, whilst networking to stand out from the crowd in the employment market.

You'll gain a thorough grounding of the role of a sports therapist, in both sporting and clinical environments. Initially you will develop the skills and competencies to allow you to examine, assess, treat and rehabilitate musculoskeletal injuries; optimising performance and recovery across a range of individuals. Underpinning theory will be analysed to support practical hands-on skills taught, allowing you to develop advanced critical skills necessary to work within the field. Whilst also developing the 'wider' therapeutic skills needed to become an effective practitioner, through practical experiences.

As you develop your skills, the course will start to focus on the wider development of you as a practitioner. You will put into practice what you have learnt, accumulating 250 hours of supervised practice through on campus and external placements providing you with the skills and experience that employers are looking for. Professional practice skills are complimented by an applied research project allowing you to develop a personal interest or professional experience.

## Modules

Explore the compulsory modules for this course. All modules are compulsory for the MSc award and to be eligible to apply for membership and insurance with The Society of Sports Therapists.

# Module credits

Upon successful completion of your modules you'll gain academic credit that accumulates towards your award. The marks you gain may contribute towards your final master's degree differential award (pass, merit or distinction).

## Compulsory Modules

### **Clinical Examination and Assessment for Sports Therapists**

Through practical workshops this module will provide you with the knowledge of musculoskeletal anatomy and injury pathology alongside the principles and practical skills to complete a clinical assessment and interpret finding using clinical reasoning models.

### **Fundamental Treatment Skills for Sports Therapists**

Through practical workshops this module will introduce you to key treatment skills for neuromusculoskeletal injuries and theoretical skills related to healing, recovery and pain.

### **Developing the Evidence-Informed Sports Therapy Practitioner**

This module brings the evidence-informed practitioner strand to life through practice-based learning. You'll gain hands-on experience with supervised sports therapy placements, including internal opportunities within the Sports Academy and Sports Therapy Clinic, as well as external placements, preparing you for real-world practice.

### **Injury Prevention and Rehabilitation for Sports Therapists**

This module equips you with the expertise to design and deliver comprehensive injury prevention and rehabilitation programs tailored to workplace, recreational, and sports performance settings, with a focus on integrating psychosocial risk factors and interventions for a well-rounded approach.

### **Contemporary Treatment Skills for Sports Therapists**

This module develops your treatment skills for neuromusculoskeletal injuries, emphasising contemporary, evidence-based, and patient-informed approaches in clinical practice through practical workshops.

### **Evidence-Informed Sports Therapy Practice**

In this module, you will independently identify and address a research or practice gap within Sports Therapy, conducting a research project to explore your area of interest.

## Teaching modes

The modules contain a mixture of scheduled learning – lectures, workshops, practical sessions and online delivery – alongside independent learning. Students are expected to dedicate at least two to three hours of independent study per contact hour.

The course is taught in English.

	Contact learning	Placement learning	Independent learning
MSc degree	18%	14%	68%

### Teaching contact time

Teaching contact time and method will vary depending on the module that you are studying.

## Assessment and Feedback

You'll be assessed through a mixture of practical exams and written assignments. Many of the modules will be marked based on a mixture of assessment types, whilst others will be based solely on one type of assessment.

Feedback will be given in written form, with the option to discuss all feedback with academic staff.

	Written exam	Practical exam	Coursework
MSc degree	5%	54%	41%

## Timetables

You will study full-time and subsequently complete within 18 months. The on campus teaching demands during semester 1 and 2 will be approximately 12 hours a week spread over two days. Please note weekly additional commitment is required for placement hours outside taught contact hours to achieve the minimum hours required as part of the programme, as stipulated by the Society of Sports Therapists.

The remainder of programme will be largely independently led through placement and research but will still require attendance onto campus for placement commitments.

Flexible part-time options are available to help students manage their studies alongside other commitments.



## Fees and funding

Please visit our [student finance page](#) for information on tuition fees and student loans, as well as non-repayable grants, bursaries and scholarships, eligible to different groups, to support with study costs.

### Studentship scheme

Our [Postgraduate Studentship Scheme](#) provides a fantastic development opportunity, enabling you to complement your postgraduate study with important real-world research within a paid position at Hartpury.

### Clothing and footwear (circa £150)

You'll need to purchase appropriate clothing and footwear before you enrol, or during enrolment week. We'll let you know exactly what you need to purchase in your enrolment guide.

### Additional costs

In the module of the course, students are expected to source an external placement that meets the accredited criteria. This may have additional travel costs.

Hartpury University may host various extra-curricular activities and courses, prices may vary dependent on the nature and duration of the course and external provider, but these are not compulsory.

### Performance Sports Academy membership

Find out costs and details for joining one of our performance Sports Academy teams.

[Explore Sports Academies](#)

### Hartpury gym

Find out about [costs and details for joining the Hartpury gym](#).

[Discover more](#)

### Accommodation and living costs

Please [visit our student accommodation page](#) for details.



## Further course details

Our [\*\*\*Resource Library\*\*\*](#) is where you'll find all the essential details about Hartpury University's courses. It includes *Programme* and *Module Specifications*, along with *Course Information Sheets* for every course. You can easily download a complete revision history for each of these, clearly showing the dates changes were made.

**Course Information Sheets:** These are PDF versions of the course webpages. They provide an overview of the course, what to expect during your studies, and the topics covered.

**Programme Specifications:** These are detailed, validated documents containing academic specifics for each programme. They include descriptions of the programme, its aims, learning outcomes, year and module structure, as well as teaching, learning, and assessment strategies.

**Module Specifications:** Each Programme consists of several Modules. Our Module Specifications outline the topics covered and the expected outcomes for students studying each Module.

 **Resource library**

## Meet the programme manager

Danielle Parker is a Senior Lecturer in Sports Therapy.



“My role at Hartpury is multi-faceted, combining my clinical, research and academic interests. I initially qualified as a Chartered Physiotherapist before working in elite rugby for almost two decades. I completed my Masters in Sports Medicine and I've been a lecturer on the undergraduate Sports Therapy degree since 2016, seeing the profession go from strength to strength during this time. In addition to my Senior Lecturer role, I am also the Head of Medical Services and Lead Physiotherapist for Hartpury University RFC. Some of the excellent staff currently working in the medical department here at Hartpury are alumni of the Hartpury Sports Therapy Programme.”

**Richard Mack, Senior Lecturer, Head of Medical Services and Lead Physiotherapist for Hartpury University RFC**



## World-class facilities

Develop hands-on expertise and undertake research in our over £10 million Sports Academy, enabling our students to learn using some of the most advanced technologies in the UK.

Develop your practical skills using industry-standard equipment that's utilised by professional coaches to enhance strength, power, speed and injury prevention qualities.

**Watch via YouTube**

## Get in touch

Ask us a question about postgraduate study at Hartpury University or enter your contact details to receive updates on news, events and updates on opportunities to visit us.

Full Name \*

First name

First Name

Last name

Last Name

Email address \*

your.name@company.com

Home country \*

Select an Option

Next ▶

## Important information

Every effort has been made to ensure the accuracy of our published course information, however our programmes are reviewed and developed regularly. Changes or cancellation of courses may be necessary to ensure alignment with emerging employment areas, to comply with accrediting body requirements, revisions to subject benchmark statements or as a result of student feedback. We reserve the right to make necessary changes and will notify all offer-holders of changes as and when they occur.