

## Programme Specification

<b>Part 1: Basic Data</b>			
<b>Primary Programme Title</b>	BSc (Hons) Sports Performance (Level 6 entry)		
<b>Target Award Titles</b>	<b>Mode and Typical Duration of Study</b>	<b>Professional Accrediting Body Links</b>	<b>Study Abroad / Exchange / Credit Recognition</b>
<b>BSc (Hons) Sports Performance</b>	Full time, 1 year	<b>None</b>	<b>None</b>
<b>Interim Award Titles</b>	BSc Sports Performance BSc Sport Studies Undergraduate Level 6 Award in Sport Studies		
<b>Teaching Delivery Method</b>	On-site		
<b>Awarding Institution</b>	Hartpury University		
<b>Teaching Institution</b>	Hartpury University		
<b>Delivery Location</b>	Hartpury		
<b>Department Responsible for Programme</b>	Sport		
<b>Unit-E Code</b>	<b>BSHSSFX6</b>		
<b>Entry Criteria Information</b>	Applicants will have achieved entry criteria appropriate for the stage of entry, which can be found through the Hartpury website ( <a href="http://www.hartpury.ac.uk">www.hartpury.ac.uk</a> ).		
<b>Most Recent Validation Date</b>	29 April 2026	<b>Due for Re-validation By</b>	01 September 2030
<b>Amendment Approval Date</b>		<b>Approved With Effect From</b>	V1.0 - 01 September 2027
<b>Professional Accrediting Body Approval Date</b>	None	<b>Date For Re-accreditation</b>	None
<b>Version</b>	1.0		

## Part 2: Programme Overview

The BSc (Hons) Sports Performance (Level 6 Entry) programme is designed for students progressing from a relevant Level 5 qualification who wish to advance their academic and applied expertise to achieve an honours degree. This one-year programme builds on existing sport and exercise knowledge while developing the professional skills required for sport performance environments.

The programme emphasises integration of academic study with applied, real-world practice through work-based learning. Throughout the year, students engage with advanced concepts in professional practice and interdisciplinary sports performance. Learning is purposefully applied, ensuring students continue to develop the professional skills, reflective capabilities, and industry awareness needed to contribute effectively within performance sport environments. Students will also complete an independent research project, enabling them to explore a specialist area of interest and develop advanced research and analytical skills.

The programme supports learners from diverse educational and vocational backgrounds, enabling them to consolidate prior experience while acquiring the academic and professional skills expected at honours level.

Graduates will build on their existing experience to develop knowledge, practical insight, and industry relevant skills aligned to sports performance roles. The specific skills developed will depend on the optional modules selected within the performance areas of strength and conditioning, applied performance analysis, nutrition or sports management. The programme's strong emphasis on research and evidence-informed practice provides opportunity for those wishing to pursue further academic study, including postgraduate degrees or practitioner qualifications within the sport sector.

### Part 3: Programme Structure

This structure diagram demonstrates the student journey from enrolment through to graduation for a typical **full time student on the primary programme**, including:

- level and credit requirements
- award requirements that are in addition to those described in the Hartpury University Academic Regulations
- module diet, including core and optional modules.

Please note:

\*PAB these modules are subject to additional and variant regulations as part of an accreditation by a professional accrediting body

+ core modules marked + are not eligible for compensation

<sup>1</sup> these modules are accredited by a professional awarding body, but are not subject to variant regulations

<sup>AV</sup> these modules are subject to additional and variant regulations but are not accredited by a professional awarding body

	Core Modules	Optional Modules	Target and Interim Awards
<b>Stage 3</b>	<p>HSPVTS-30-6 + Advanced Professional Practice in Sport</p> <p>HSPVA7-15-6 High Performing Teams</p> <p>HSPVQA-45-6 + Sport Research Project</p>	<p>HSPVV6-15-6 Developing the Youth Athlete</p> <p>HSPVA9-15-6 Performance Analysis in Practice</p> <p>HSPVU4-15-6 Performance Nutrition</p> <p>HSPV43-15-6 Sport and Social Media</p> <p>HSPV53-15-6 Sport Sponsorship and Brand Development</p> <p>The optional modules listed may require evidence of pre-requisite learning in order to enrol on the module.</p>	<p><u>Undergraduate Level 6 Award in Sport Studies</u></p> <p><u>BSc Sport Studies</u></p> <p><u>BSc Sports Performance</u> Must include HSPVTS-30-6 Advanced Professional Practice in Sport</p> <p><u>BSc (Hons) Sports Performance</u> Must include all core modules</p>

#### Part time:

The part time student journey from entry through to graduation is individually negotiated with the student.

## Part 4: Programme Learning Outcomes

Modules in bold are core modules and modules not emboldened are optional modules.

A denotes a module that assesses a learning outcome, and B denotes a module aligned with a learning outcome.

<b>Learning Outcomes:</b>	<b>Advanced Professional Practice in Sport</b>	<b>Sport Research Project</b>	<b>High Performing Teams</b>	Performance Analysis in Practice	Performance Nutrition	Sport and Social Media	Sport Sponsorship and Brand Development	Developing the Youth Athlete
<b>A) Knowledge and understanding of:</b>								
1. The theoretical and evidence-based principles underpinning athlete development, performance and injury risk.	A		B		B			A
2. Research methods, including quantitative and qualitative approaches, data collection, and analysis techniques, to address complex challenges in the sports performance industry.		A	B	B	B			
3.								
<b>B) Intellectual Skills</b>								
1. Critically analyse the efficacy of different approaches to enhance sports performance.		B	A	A				B
2. Critically evaluate academic and industry literature to adopt evidence-informed approaches.	A	A		A	A	B	B	B
3. Justify decision-making in order to address challenges to enhance practices within the sports performance sector.	A	A	A	A	B	B	B	B
4. Evaluate how current developments in sustainable and practitioner practice in the sports industry can enhance performance across diverse athlete populations.	A	B				B		B

<b>C) Performance and Practice</b>								
1. Reflect on, and develop, key personal attributes including flexibility, creativity, self-reliance, resilience, adaptability, interpersonal communication, leadership, and wellbeing.	A	B					B	
2. Devise a personal learning plan that aligns with professional development goals recognising the value of vocationally-relevant qualifications.	A							
3. Demonstrate readiness for professional entry into the sports industry by showcasing appropriate delivery skills aligned with industry standards through work-based learning.	A	A		B		B	B	B
4. Adapt to the evolving demands of the sports performance industry by developing problem-solving skills in complex and unpredictable circumstances.	A	B						B
5. Adhere to ethical, professional, and equality frameworks whilst engaging in work-based learning.	A	B						B
6. Design, conduct and critically reflect on an independent research project to address complex issues in sport performance practice.		A						
<b>D) Setting, Personal and Enabling Skills</b>								
1. Identify and prioritise learning and professional development goals, effectively managing time, well-being of self and others, and personal growth to enhance professional readiness.	A						B	
2. Exhibit and develop industry-aligned digital skills.	B	A		B				B
3. Communicate effectively and appropriately through a range of mediums across diverse professional and cultural performance settings.	A	A		A			B	B
4. Effectively utilise feedback to develop professional skills and adaptability across a range of academic and professional settings.	A			B			B	

## Part 5: Learning, Teaching and Assessment

Learning, Teaching and Assessment Journey:

The BSc (Hons) Sports Performance (Level 6 Entry) programme offers students a focused and engaging learning experience that builds directly on their prior Level 5 study. As a one-year top-up route, the programme is designed to refine and extend students' theoretical understanding and applied capabilities, preparing them for professional roles within the sports performance industry or further academic study.

Students will benefit from scheduled contact time that includes a mix of lectures, practical workshops, industry experience, and interactive seminars, all designed to equip them with the personal and professional skills and insights necessary for a career in the dynamic sports performance industry. Scheduled learning is enhanced further through independent activities such as academic reading, research, and assessment preparation.

Given that students enter the programme from a range of educational and vocational pathways, tailored academic support is embedded throughout the year. Each student is assigned an academic personal tutor who provides guidance on academic development, progression, and professional planning. The programme employs a variety of assessment strategies designed to reflect students' diverse backgrounds whilst ensuring alignment to Level 6 expectations. Assessment methods may include project reports, oral assessments, case studies, and portfolios, enabling students to demonstrate critical thinking, professional skills, and independent research capability.

A core feature of the Level 6 Top-Up programme is its emphasis on applied professional practice. Students engage with performance sport environments through core modules, enabling them to consolidate and extend their practical experience as well as refine their skills required for their chosen career path. Work-based learning opportunities support students in developing professional behaviours, applied problem-solving skills, communication, and reflective practice.

Other industry-linked opportunities may include:

- Collaborating with guest speakers from professional sport, who will share insights into current industry trends and best practices.
- Participating in work-based learning and action research projects that allow students to apply their skills in live, industry-specific scenarios.

These experiences are designed to develop students' confidence and readiness for professional entry into the sports industry.

Students also undertake a substantial independent research project. This provides the opportunity to design and conduct research aligned with their professional interests, developing advanced research literacy, analytical thinking, and project management skills. Throughout this project, students contribute to current discussions within sports performance and strengthen their readiness for postgraduate or practitioner pathways.

Students also benefit from Hartpury University's wider academic support services. The Achievement and Success Centre (ASC) provide workshops and one-to-one guidance on academic writing, research skills, and study strategies. The University Library offers extensive resources including textbooks, e-books, academic journals, and digital databases, all aligned to the needs of sports performance students. These resources are reviewed to ensure they support current curriculum content and reflect developments within the professional sports industry.

## **Part 5: Learning, Teaching and Assessment**

This programme will be assessed according to the approved Academic Regulations.

Students registered on this programme will have access to the Hartpury University support services.

The distinctive module used by the Programme Examination Board to inform recommending differential awards for students when considering borderline performance profiles will be:

Advanced Professional Practice in Sport

Professional Accrediting Body documents to which this programme is mapped and or aligned:  
None

## Assessment Map

### Type of Assessment\*

		Coursework	Report	Portfolio	Written Examination	Written Test	Practical Skills Examination	Practical Skills Assessment	Oral Assessment
<b>Core Modules Stage 3</b>	Advanced Professional Practice in Sport	A (30) Coursework							B (70) Oral Assessment
	Sport Research Project		A (75) Project Report						B (25) Oral Assessment
	High Performing Teams					A (100) Case Study Test			
<b>Optional Modules Stage 3</b>	Performance Analysis in Practice								A (100) Poster Defence
	Performance Nutrition		A (100) Case Study Report						
	Sport and Social Media		A (100) Project Report						
	Sport Sponsorship and Brand Development								A (100) Group Oral Presentation with Questions, individually marked
	Developing the Youth Athlete			A (100) Coursework Portfolio					

\*Indicative assessment types for new students enrolling on this programme after the date this specification takes effect (Part 1) are shown in terms of either **Coursework**, **Written Examination**, or **Practical Examination** as indicated by the colour coding above.

This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if they take full advantage of the learning opportunities that are provided. More detailed information on the learning outcomes, content and teaching, learning and assessment methods of individual modules can be found through Hartpury's website ([www.hartpury.ac.uk](http://www.hartpury.ac.uk)).

## Approved Programme Amendment Log

<b>Primary Programme Title:</b>	BSc (Hons) Sports Performance (Level 6 entry)
<b>Programme Code:</b>	BHSSFX6
<b>Initial Approval Date:</b>	29 April 2026

**Changes:** *Most recent at the top of the page*

This programme has been developed based on the BSc (Hons) Sports Performance BHSSFX

<b>Outline Change Details:</b> New programme.	
<b>Approval Committee and Date:</b>	CVC action 2026 04 29 (from CVC circulation 2026 04 15)
<b>Change approved with effect from:</b>	01 September 2027
<b>Resulting new version number:</b>	1.0