

## Programme Specification

Part 1: Basic Data			
<b>Primary Programme Title</b>	BSc (Hons) Sport and Exercise Nutrition		
<b>Target Award Titles</b>	<b>Mode and Typical Duration of Study</b>	<b>Professional Accrediting Body Links</b>	<b>Study Abroad / Exchange / Credit Recognition</b>
<b>BSc (Hons) Sport and Exercise Nutrition</b>	Stage 0 Entry: Full time, 4 years, Part time, 8 years Stage 1 Entry: Full time, 3 years Part time, 6 years	This course is endorsed by SENR, but not accredited.	<b>None</b>
<b>BSc (Hons) Sport and Exercise Nutrition with integrated placement year</b>	Stage 0 Entry: Full time, 5 years, Part time, 9 years Stage 1 Entry: Full time, 4 years Part time, 7 years	This course is endorsed by SENR, but not accredited.	<b>None</b>
<b>Interim Award Titles</b>	BSc Sport and Exercise Nutrition BSc Sport and Exercise Nutrition with integrated placement year BSc Sport Studies BSc Sport Studies with integrated placement year Diploma of Higher Education in Sport Studies Certificate of Higher Education in Sport Studies Undergraduate Certificate in Sport Studies Undergraduate Award in Sport Studies Higher Education Foundation Certificate in Academic Skills Higher Education Foundation Award in Academic Skills		
<b>Teaching Delivery Method</b>	Mixed		
<b>Awarding Institution</b>	Hartpury University		
<b>Teaching Institution</b>	Hartpury University		
<b>Delivery Location</b>	Hartpury		
<b>Department Responsible for Programme</b>	Sport		
<b>Unit-E Code</b>	<b>BSHSSENX</b>		
<b>Entry Criteria Information</b>	Applicants will have achieved entry criteria appropriate for the stage of entry, which can be found through the Hartpury website ( <a href="http://www.hartpury.ac.uk">www.hartpury.ac.uk</a> ).		
<b>Most Recent Validation Date</b>	13 February 2025	<b>Due for Re-validation By</b>	01 September 2030

<b>Amendment Approval Date</b>	V11.1 - 04 December 2025	<b>Approved With Effect From</b>	V11.1 - 01 September 2025
<b>Professional Accrediting Body Approval Date</b>	SENR endorsement 11/10/2021	<b>Date For Re-accreditation</b>	
<b>Version</b>	11.1		

## Part 2: Programme Overview

BSc (Hons) Sport and Exercise Nutrition graduates understand processes and practices central to professions across sport and exercise nutrition including exercise physiology, strength conditioning and health science. Graduates can apply theoretical, practical and research-based knowledge and skills to meet the needs of athletes and employers whether at the level of basic health or high-level sporting performance, as practitioners, educators and researchers. Graduates have the skills to pursue further postgraduate training and a career in sport and exercise nutrition, leading towards Sport and Exercise Nutritionist accreditation. Graduates are able to assist athletes in their pursuit of excellence.

BSc (Hons) Sport and Exercise Nutrition with integrated placement year graduates understand processes and practices central to professions across sport and exercise nutrition including exercise physiology, strength conditioning and health science. During the integrated placement year students have practically applied their discipline-specific knowledge to sport and exercise nutrition scenarios that are generated through engagement with their placement. Graduates can apply theoretical, practical and research-based knowledge and skills to meet the needs of athletes and employers whether at the level of basic health or high-level sporting performance, as practitioners, educators and researchers. Graduates have the skills to pursue further postgraduate training and a career in sport and exercise nutrition, leading towards Sport and Exercise Nutritionist accreditation. Graduates are able to assist athletes in their pursuit of excellence.

### Part 3: Programme Structure

This structure diagram demonstrates the student journey from enrolment through to graduation for a typical **full time student on the primary programme**, including:

- level and credit requirements
- award requirements that are in addition to those described in the Hartpury University Academic Regulations
- module diet, including core and optional modules.

Please note:

\*PAB these modules are subject to additional and variant regulations as part of an accreditation by a professional accrediting body

+ core modules marked + are not eligible for compensation

<sup>1</sup> these modules are accredited by a professional awarding body, but are not subject to variant regulations

<sup>AV</sup> these modules are subject to additional and variant regulations but are not accredited by a professional awarding body

	Core Modules	Optional Modules	Target and Interim Awards
Stage 0	<p>HANVRD-30-3 Professional Development in Practice OR HANV8B-30-3 Academic Skills in Practice <i>pre-2024 only</i></p> <p>HSPVSG-30-3 Business Enterprise and Management OR HANV8E-30-3 Foundation Biological Principles <i>pre-2024 only</i></p> <p>HANVQX-15-3 Academic Literacy for University Studies OR HANVG4-15-3 Foundation Skills Development <i>pre-2024 only</i></p> <p>HSPVRY-30-3 Principles of Sports Science OR HANVG3-30-3 Foundation Sports Science <i>pre-2024 only</i></p> <p>HANVRR-15-3 Exploring Current Concepts OR</p>	None	<p><u>Higher Education Foundation Award in Academic Skills</u></p> <p><u>Higher Education Foundation Certificate in Academic Skills</u></p>

	HANV8C-15-3 Reviewing Literature <i>pre-2024 only</i>		
	To progress to Stage 1 you must achieve at least 90 credits.		
<b>Stage 1</b>	HSPVSU-15-4 Academic Skills for Sport and Exercise Scientists  HSPVSW-15-4 Fundamentals of Sport and Exercise Biomechanics  HSPXL7-15-4 Introduction to Exercise Physiology <sup>1</sup>  HSPVVG-15-4 Introduction to Functional Anatomy <sup>1</sup>  HSPXLE-15-4 Introduction to Sport and Exercise Psychology <sup>1</sup>  HSPV5A-15-4 Introduction to Sports Nutrition <sup>1</sup>  HSPXM3-15-4 Principles of Strength and Conditioning <sup>1</sup>  HSPVTA-15-4 Research and Data Skills in Sport <sup>1</sup>	None	<a href="#"><u>Undergraduate Award in Sport Studies</u></a>  <a href="#"><u>Undergraduate Certificate in Sport Studies</u></a>  <a href="#"><u>Certificate of Higher Education in Sport Studies</u></a>
	To progress to Stage 2 you must achieve at least 90 credits from Stage 1.		
<b>Stage 2</b>	HSPV59-15-5 Applied Skills for Sport and Exercise Nutritionists <sup>1</sup>  HSPV9U-15-5 Ergogenic Practices and Nutritional Manipulation <sup>1</sup>  HSPXSB-15-5 Exercise Physiology <sup>1</sup>  HSPXS5-15-5 Health Related Exercise <sup>1</sup>  HSPVSP-15-5 Independent Report <sup>1</sup>	None	<a href="#"><u>Diploma of Higher Education in Sport Studies</u></a>

	HSPXRV-15-5 Sport and Exercise Psychology <sup>1</sup>  HSPVTB-15-5 The Sport and Exercise Researcher <sup>1</sup>  HSPVSV-15-5 The Sport and Exercise Scientist <sup>1</sup>		
<b>Optional Year</b>	HANVK6-15-5 Integrated Placement Year		
	To progress to Stage 3 you must achieve at least 210 credits from Stages 1 and 2.		
<b>Stage 3</b>	HSPV57-15-6 Advanced Sports Nutrition <sup>1</sup>  HSPV3T-15-6 Applied Sport and Exercise Physiology <sup>1</sup>  HSPVU8-15-6 Professional Practice for Applied Sport Scientists <sup>1</sup>  HSPVQA-45-6 Sport Research Project  HSPV56-15-6 Sports Nutrition for Elite Athletes <sup>1</sup>	HSPV4A-15-6 Applied Sport Psychology  HSPV55-15-6 Special Populations <sup>1</sup>	<u>BSc Sport Studies</u>  <u>BSc Sport Studies with integrated placement year</u> This must include the Integrated Placement Year module.  <u>BSc Sport and Exercise Nutrition</u> This must include all core modules except Sport Research Project.  <u>BSc Sport and Exercise Nutrition with integrated placement year</u> This must include all core modules except Sport Research Project and must include the Integrated Placement Year module.  <u>BSc (Hons) Sport and Exercise Nutrition</u> This must include all core modules.  <u>BSc (Hons) Sport and Exercise Nutrition with integrated placement year</u> This must include all core modules and must include the Integrated Placement Year module.

**Part time:**

The part time student journey from entry through to graduation is individually negotiated with the student.

## Part 4: Programme Learning Outcomes

Modules in bold are core modules and modules not emboldened are optional modules.

**A denotes a module that assesses a learning outcome and B denotes a module aligned with a learning outcome.**

Learning Outcomes:	Introduction to Exercise Physiology	Introduction to Sport and Exercise Psychology	Introduction to Sports Nutrition	Principles of Strength and Conditioning	Academic Skills for Sport and Exercise Scientists	Research and Data Skills in Sport	Introduction to Functional Anatomy	Fundamentals of Sport and Exercise Biomechanics	Applied Skills for Sport and Exercise Nutritionists	Ergogenic Practices and Nutritional Manipulation	Exercise Physiology	Health Related Exercise	The Sport and Exercise Scientist	The Sport and Exercise Researcher	Independent Report	Sport and Exercise Psychology	Integrated Placement Year	Advanced Sports Nutrition	Applied Sport and Exercise Physiology	Professional Practice for Applied Sport Scientists	Sports Nutrition for Elite Athletes	Sport Research Project	Special Population	Applied Sport Psychology
	A) Knowledge and Understanding of:																							
	1. The theoretical basis underpinning sport and exercise including the disciplines of anatomy, exercise physiology, sport psychology, sport biomechanics, sports conditioning, and health science.	B	B	B	B			B	B	A	A	A	A	A	A	A	A	B	A	A	A	A	A	A
	2. The role nutrition has in promoting human health.			A						A	A		B						A		A	A		
	3. The basic and advanced concepts within sports nutrition including expected nutritional habits of athletes from a broad range of sports,			B						A	A								A		A	A		
	4. The nature of different sports to ensure a multi-disciplinary approach to sports nutrition support.			B						A	B				A				B		A	A		
	5. How sports science disciplines interact to improve performance.		B	B	B	B	B		B	B	B				A	A	B	B	B	B	A	A		B

<b>B) Intellectual Skills</b>																									
1. Critically evaluate research within sport, exercise, health and nutrition.																		A	A	A	A	A	A		
2. Synthesise a range of relevant information from appropriate sources to produce and support evidence-based arguments.	A	A	A	A	A	A		A	A	A	A	A	A	A	A	A		A	A	A	A	A	A	A	
3. Critically analyse and interpret results and disseminate subject-specific knowledge.																		A	A	A	A	A	A		
4. Take a strategic, analytical and creative approach to problem solving using evidence-based reasoning to make clear decisions when formulating advice about diets, nutrient intakes and nutritional status of athletes.																		A		A	A				
5. Be cognisant of a range of valid and reliable research methods appropriate to evidence-based practice in sport and exercise nutrition.						A			A	A		A		A	A			A		A	A	A			
<b>C) Performance and Practice</b>																									
1. Plan, design and execute practical scientific activities using appropriate techniques and procedures within sport and exercise.	B			B			B		B	B	A	A		B			B	A	A		A		A		
2. Use a range of tools to assess a client within a health, exercise and sports domain.		B		B			B	B	A		A	A				B		A	A	A			A	B	
3. Interpret measures competently, and in the light of identified personal goals, to design accurate nutrition plans for individuals.									A	B										A	A				
4. Undertake practical work with due regard for health and safety, ethics related to human sport and exercise nutrition, and the requirement for codes of practice.	B								A	A	A	A					B	A	A	A	A				
5. Evidence continued professional development (CPD) activities.									A	A							B			A					
<b>D) Setting, Personal and Enabling Skills</b>																									
1. Develop undergraduate study skills including core research techniques, reporting data, structure of written work and competence across a range of ICT platforms.	A	A		A	A	A		A	A	A	A	A	A	A	A	A		A	A	A	A	A	A	A	
2. Engage in academic enquiry, advanced research skills, and the ability to identify, develop and implement discipline-specific evidence-based problem-solving strategies.	A			A	A	A	A	A	A	A	A	A	A	A	A			A	A	A	A	A	A	A	
3. Critical appraisal of current practice and research with the purpose of synthesising information from a																		A		A	A	A	A	A	



range of sources to address complex challenges, including sustainable development, in sport and exercise nutrition.																												
<b>4.</b> Professional and graduate skills enhanced through industry knowledge, and a reflective philosophy when analysing professional effectiveness and wellbeing.								B	B	B						A		B	B		A	B						

## **Part 5: Learning, Teaching and Assessment**

The BSc (Hons) Sport and Exercise Nutrition programme is written in alignment with the knowledge competencies detailed by SENR required for endorsement of undergraduate programmes. The programme is endorsed by the Professional Accrediting Body, the Sport and Exercise Nutrition Register. Students must complete a Postgraduate Accredited course before applying for graduate status with the Register.

The programme will provide students with knowledge and understanding of the physiological, biochemical and nutritional responses to the physical activity and exercise involved in various forms of sport, and of the special circumstances that occur during training and competition. The programme will also enable students to develop practical competencies in preparation for a career in the sports nutrition industry.

Having entry points in both a Foundation Stage and at Stage One enables the programme experience to facilitate the development of a successful undergraduate supporting a wide range of study backgrounds. The Foundation Stage prepares students with general study skills and opportunities to develop subject specific skills and knowledge. Additionally, the Foundation Stage includes professional development activities enabling a student to put their skills into practice and develop an early appreciation of employment opportunities and attributes necessary for enhanced employability.

During each stage of their programme a student will be allocated an academic personal tutor.

Within the Foundation Stage students are supported to adjust to studying at university through spiral induction and embedded academic personal tutoring activities that facilitate the development of skills essential to academic study and professional success.

The programme is designed to become more challenging across the stages. In Stage 1, students will be introduced to sports nutrition, exercise physiology, and strength and conditioning. They are introduced to laboratory skills and practicals in order to prepare them for the applied study of exercise physiology and sport and exercise nutrition in Stages 2 and 3. In Stage 2, the curriculum develops to deliver specialist modules in sport and exercise nutrition, exercise physiology, and health science. Students will have a wide variety of learning opportunities including laboratory investigation into the human physiological and metabolic responses to exercise using a variety of equipment and dietary software. Students will discover the importance of sound research skills, data collection and analysis techniques. Throughout Stage 2, the emphasis will be on the development of a range of practical competencies. These competencies will then be employed in Stage 3, with a focus on specialist interventions. The programme evolves to include an increasing level of depth and complexity, requiring synthesis and critical evaluation of material as students become more independent. Students will be expected to engage in, and contribute to, current debates within Sport and Exercise Nutrition.

Individuals learn through different methods, hence a range of teaching and assessment techniques are used throughout the programme. Theoretical lectures, practicals, seminars and guest speakers from within the industry enhance the student's academic knowledge, whilst giving the student the opportunity to practice and develop applied skills needed within the industry. In addition to traditional classroom settings, students engage in laboratory and performance nutrition kitchen sessions to encourage the contextualisation of learning to real-world sports nutrition practice. To support the different learning approaches, a range of assessment methods are used. Intellectual

<p>skills, transferable skills, and the application of knowledge and understanding are assessed through a variety of formative and summative methods in accordance with Sport and Exercise Nutrition Register (SENr). The assessment design for the programme incorporates as many vocationally-relevant assessments as possible, which includes written examinations, coursework, practical skills assessments and oral presentations. Where students are introduced to a new assessment type they will be supported formatively.</p>
<p>This programme will be assessed according to the approved Academic Regulations.</p> <p>Students registered on this programme will have access to the Hartpurv University support services.</p> <p>The distinctive module used by the Programme Examination Board to inform recommending differential awards for students when considering borderline performance profiles will be: Advanced Sports Nutrition</p>
<p>Professional Accrediting Body documents to which this programme is mapped and or aligned: Sport and Exercise Nutrition Register (SENr).</p>

Assessment Map									
		Type of Assessment*							
		Coursework	Report	Portfolio	Written Examination	Written Test	Practical Skills Examination	Practical Skills Assessment	Oral Assessment
Core Modules Stage 0	Academic Literacy for University Studies							A (100) Graduate Skills Logbook	
	Professional Development in Practice			A (100) Industry Experience Portfolio					
	Exploring Current Concepts	A1 (20) Coursework A2 (80) Essay Based on a Case Study							
	Business Enterprise and Management	A (50) Essay							B (50) Group Oral Presentation with Questions individually marked
	Principles of Sports Science				A (60) Written Examination				B (40) Group Oral Presentation with Questions individually marked

<b>Core Modules Stage 1</b>	Introduction to Exercise Physiology							A (100) Practical Skills Logbook	
	Introduction to Sports Nutrition					A (60) Unseen Fixed-Time Test		B (40) Practical Skills Assessment	
	Introduction to Sport and Exercise Psychology	A (100) Essay							
	Principles of Strength and Conditioning				A (100) Open-Material Written Examination				
	Introduction to Functional Anatomy					A (100) Test Series			
	Fundamentals of Sport and Exercise Biomechanics	A (100) Coursework Series							
	Research and Data Skills in Sport							A (100) Practical Skills Logbook	
	Academic Skills for Sport and Exercise Scientists	A (30) Coursework							B (70) Oral Presentation
<b>Core Modules Stage 2</b>	Applied Skills for Sport and Exercise Nutritionists							A (100) Practical Assessment Series	
	Ergogenic Practices and Nutritional Manipulation		B (40) Case Study Report		A (60) Written Examination				
	Exercise Physiology		B (50) Case Study Report			A (50) Unseen Fixed-Time Test			

	Health Related Exercise			A (100) Coursework Portfolio					
	The Sport and Exercise Scientist							A (100) Practical Skills Logbook	
	The Sport and Exercise Researcher		A (100) Report						
	Independent Report		A (100) Literature Review						
	Sport and Exercise Psychology	A (100) Essay							
Optional Year	Integrated Placement Year			A (100) Industry Experience Portfolio					
Core Modules Stage 3	Sport Research Project		A (75) Project Report						B (25) Oral Assessment
	Sports Nutrition for Elite Athletes				A (60) Written Examination			B (40) Practical Skills Assessment	
	Advanced Sports Nutrition							A (100) Practical Assessment Series	
	Professional Practice for Applied Sports Scientists							A (100) Practical Assessment Series	
	Applied Sport and Exercise Physiology							A (100) Practical Skills Assessment	
Optional Modules Stage 3	Special Populations		A (100) Case Study Report						
	Applied Sport Psychology	A (100) Essay							

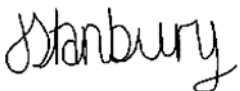
\*Indicative assessment types for new students enrolling on this programme after the date this specification takes effect (Part 1) are shown in terms of either **Coursework**, **Written Examination**, or **Practical Examination** as indicated by the colour coding above.

This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if they take full advantage of the learning opportunities that are provided. More detailed information on the learning outcomes, content and teaching, learning and assessment methods of individual modules can be found through Hartpury's website ([www.hartpury.ac.uk](http://www.hartpury.ac.uk)).

## Approved Programme Amendment Log

<b>Primary Programme Title:</b>	BSc (Hons) Sport and Exercise Nutrition
<b>Programme Code:</b>	BSHSSSENX
<b>Initial Approval Date:</b>	01 September 2017

**Changes:** *Most recent at the top of the page*

<b>Current version number: 11.0</b>	
<b>Outline Change Details:</b> Changes made to clarify that the programme is endorsed (not accredited), as requested by the professional body. Part 1: Professional Accrediting Body Links - entry changed to 'This course is endorsed by SENR, but not accredited'. Part 5: Learning, Teaching and Assessment - paragraph about accreditation of the programme updated as requested by the SENR, including addition of the statement 'the programme is endorsed by the Professional Accrediting Body, the Sport and Exercise Nutrition Register. Students must complete a Postgraduate Accredited course before applying for graduate status with the Register'. These changes have been exceptionally backdated to 1 September 2025.	
<b>Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No</b>	
<b>If yes, please provide the details of the changes:</b>	
<b>Material Alteration: No</b>	
<b>Rationale:</b> To ensure accuracy and clarify details of the programme endorsement, as requested by the professional body.	
<b>Change requested by: James Stanbury</b> I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report <div style="text-align: center; margin-top: 10px;">  </div>	
<b>Signature:</b>	<b>Date:</b> 04/12/2025
<b>Name of Head of Department: Sarah Lee</b> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
<b>Signature:</b> Sarah Lee	<b>Date:</b> 04.12.25
Approval Committee and Date:	CSP action 2025 12 04 (from CSP 2025 12 02)
Change approved with effect from:	01 September 2025
Resulting new version number:	11.1 (2025 intake onwards)

### 08/09/2025: correction to document

Part 3: Programme Structure - 'by exception' note removed. Following a review of the approach, it has been decided that this category of module will not be used.  
 Approved by CVC Chair's action 2025 09 08

<b>Current version number: 10.1</b>	
<b>Outline Change Details:</b> Part 1: interim awards updated in line with current regulations - Undergraduate Award in Sport Studies and Higher Education Foundation Award added, Certificate in Academic Skills removed. Parts 3, 4 and 5 updated to reflect changes to programme structure and module amendments. Stage 1: new modules HSPVVG-15-4 Introduction to Functional Anatomy and HSPVSW-15-4 Fundamentals of Sport and Exercise Biomechanics replace HSPXL8-30-4 Introduction to Functional	



Anatomy and Sports Biomechanics; HSPVSU-15-4 Academic Skills for Sport and Exercise Scientists and HSPVTA-15-4 Research and Data Skills in Sport replace HSPVC4-30-4 The Sport and Exercise Professional.

Stage 2: HSPVSV-15-5 The Sport and Exercise Scientist and HSPVTB-15-5 The Sport and Exercise Researcher replace HSPV5Y-30-5 The Sport and Exercise Scientist; HSPXRV-15-5 Sport Psychology name changed to Sport and Exercise Psychology and changed from optional to core; HSPVSP-15-5 Independent Report changed from optional to core; optional modules HSPXTX-15-5 New Venture Creation and HSPXRV-15-5 Strength and Conditioning in Practice removed.

Stage 3: HSPVU8-15-6 Professional Practice for Applied Sport Scientists replaces HSPV58-15-6 Professional Practice in Sports Nutrition; HSPVQA-45-6 Sport Research and Knowledge Exchange Project name changed to Sport Research Project; HSPV4A-15-6 Sport Psychology in Action named changed to Applied Sport Psychology; HSPVA7-15-6 High Performing Teams removed as optional module.

Part 3: Programme Structure - 'transition' module removed as no longer needed - HANV3R-45-6 Undergraduate Dissertation

Part 3: Programme Structure - Stage 0 pre-2022 'transition modules' removed, as no longer needed.

Part 5: Assessment Map updated to reflect module amendments.

Stage 1: Introduction to Exercise Physiology changed from Test, Written Exam and Practical Skills Assessment to Practical Skills Logbook; Introduction to Sport and Exercise Psychology - Test removed.

Stage 2: Health Related Exercise - Written Exam removed.

**Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? Yes**

**If yes, please provide the details of the changes:**

Modules that have been removed from the programme have been removed from the HAF mapping. New module additions to the programme have been added to the HAF mapping.

**Material Alteration: Yes and is accompanied by the relevant course information document.**

**Rationale:**

Changes at level 4 to support the completion of 60 credits by the end of semester 1 whilst enhancing the student experience.

Optionality has been removed at Level 5, which will ensure a balanced curriculum. Sport and Exercise Psychology is compulsory to reflect the importance of psychology within wider nutrition studies, and Independent Report to support student progression through the programme.


Professional Practice has been redesigned to run alongside BSc (Hons) Sport and Exercise Science and BSc (Hons) Strength and Conditioning. The nature of this content has led to the removal of High Performing Teams from the optional modules as the content is now covered with High Performing Teams. Assessment strategies across the programme have been reviewed and changed where appropriate in line with strategic review aims.

**Change requested by: James Stanbury**

I can confirm that student representatives have been consulted about this change

I can confirm that colleagues impacted by this change have been consulted

I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

Signature: 

**Signature:**

**Date:** 02/12/2024

**Name of Head of Department: Sarah Lee**

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

**Signature:** Sarah Lee

**Date:** 02.12.24


<b>Approval Committee and Date:</b>	CVC Chair's action (LD) 2025 02 13 (from CVC 2025 01 30)
<b>Change approved with effect from:</b>	01 September 2025
<b>Resulting new version number:</b>	11.0 (2025 intake onwards)

**Current version number: 10.0**

**Outline Change Details:**

Part 3: Programme Structure – Stage 2 / Level 5 optional module Independent Report updated from HANXR-15-5 to HSPVSP-15-5, in line with module amendment.	
<b>Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No</b>	
<b>Material Alteration: No</b>	
<b>Rationale:</b> As programmes taking this module have altered the department responsible has moved to ensure they have actual insight into the module and can effectively manage it.	
<b>Change requested by: Ben Brilot</b> I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Signature:</b> B Brilot	<b>Date:</b> 05/03/24
<b>Name of Head of Department: Sarah Lee</b> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department; OR;	
<b>Signature:</b> Sarah Lee	<b>Date:</b> 06.03.24
<b>Approval Committee and Date:</b>	CSP Chair's Action 2024 03 20
<b>Change approved with effect from:</b>	01 September 2024
<b>Resulting new version number:</b>	10.1 (2021 intake onwards)


**17/01/2024: correction of typographical error – module name corrected from ‘Principles of’ to ‘Foundation’ for Stage 0 transition module HANVG3-30-3, as previously amended in error.**

<b>Current version number: 9.3</b>	
<b>Outline Change Details:</b> Parts 3 and 5 updated to reflect changes to Stage 0 / Level 3 modules: HANVQX-15-3 Academic Literacy for University Studies replaces HANVG4-15-3 Foundation Skills Development; HANVRD-30-3 Professional Development in Practice replaces HANV8B-30-3 Academic Skills in Practice; HANVRR-15-3 Exploring Current Concepts replaces HANV8C-15-3 Reviewing Literature; HSPVSG-30-3 Business Enterprise and Management replaces HANV8E-30-3 Foundation Biological Principles HSPVRY-30-3 Principles of Sports Science replaces HANVG3-30-3 Foundation Sports Science. Part 5: Learning, Teaching and Assessment - text regarding academic personal tutoring added.	
<b>Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No</b>	
<b>If yes, please provide the details of the changes:</b>	
<b>Material Alteration: Yes and is accompanied by the relevant course information document.</b>	
<b>Rationale:</b> to ensure accuracy following review of Level 3 modules.	
<b>Change requested by: Lucy Ractliffe</b> I can confirm that student representatives have been consulted about this change NO I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Signature:</b> 	<b>Date:</b> 15/11/2023
<b>Name of Head of Department: Sarah Lee</b>	

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
<b>Signature:</b> Sarah Lee	<b>Date:</b> 29.11.23
<b>Approval Committee and Date:</b>	CVC Chair's action 2024 01 10
<b>Change approved with effect from:</b>	01 September 2024
<b>Resulting new version number:</b>	10.0 (2021 intake onwards)

<b>Current version number: 9.2</b>	
<b>Outline Change Details:</b> Part 5: Learning Teaching and Assessment – wording regarding 15 hours a week contact removed following review.	
<b>Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No</b>	
<b>If yes, please provide the details of the changes:</b>	
<b>Material Alteration: Yes and is accompanied by the relevant course information document.</b>	
<b>Rationale:</b> In line with current institutional approach, which has removed the requirement for all level 3 and level 4 learners to be timetabled for at least 15 hours a week on average across teaching weeks, scheduled learning and independent study hours have been amended to improve the effectiveness of student timetables, encourage student engagement and ensure consistency of experience across the curriculum.	
<b>Change requested by: Alice Tocknell</b> I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Signature:</b> Alice Tocknell	<b>Date:</b> 28.09.23
<b>Name of Head of Department: Sarah Lee</b> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
<b>Signature:</b> Sarah Lee	<b>Date:</b> 27.09.23
<b>Approval Committee and Date:</b>	CVC nominee L Dumbell 2023 10 02
<b>Change approved with effect from:</b>	01 September 2024
<b>Resulting new version number:</b>	9.3 (2021 intake onwards)

<b>Current version number: 9.1</b>	
<b>Outline Change Details:</b> Part 5: Assessment Map updated to reflect module amendment - Stage 1 / Level 4 core module Introduction to Functional Anatomy and Sports Biomechanics Component B changed from Practical Skills Logbook to Test Series.	
<b>Do the changes presented alter the mapping against the Hartpury University Curriculum Framework (delete as appropriate)? No</b>	
<b>If yes, please provide the details of the changes:</b>	
<b>Material Alteration: Yes</b>	
<b>Rationale:</b> to ensure accuracy following change to module.	
<b>Change requested by: Laurence Protheroe</b> I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted	

I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Signature: 	Date: 15/02/23
<b>Name of Head of Department: Sarah Lee</b> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
Signature: Sarah Lee	Date: 14.02.23
<b>Approval Committee and Date:</b>	CVC Chair's action 2023 03 06
<b>Change approved with effect from:</b>	01 September 2023
<b>Resulting new version number:</b>	9.2 (2021 intake onwards)

22/09/2022

Part 3 Programme Structure - Stage 0 / Level 3 transition modules added, as previously omitted in error.  
 Part 5: Assessment Map - Assessment for Level 6 optional module High Performing Teams amended from Seen Case Study Written Examination to Case Study Test, in line with module amendment.  
 Approved by CSP Chair's action 2022 09 22

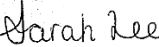
<b>Current version number: 9.0</b>	
<b>Outline Change Details:</b> Part 5: Assessment Map – Introduction to Exercise Physiology assessment changed from two in-class tests and a written examination (all Component A) to in-class test (10%) and written examination (40%) (Component A) and Group Practical Skills Assessment individually marked (50%) (Component B), in line with module amendment.	
<b>Material Alteration: Yes</b>	
<b>Rationale:</b> to reflect module amendment.	
<b>Change requested by: CVC</b> N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
Date: 21/07/2022	
<b>Approval Committee and Date:</b>	CVC 2022 07 21
<b>Change approved with effect from:</b>	01 September 2022
<b>Resulting new version number:</b>	9.1 (2020 intake onwards)

<b>Current version number: 8.1</b>
<b>Outline Change Details:</b> Document amended to meet requirements of new 2022 template. Parts 3, 4 and 5: HSPVQA-45-6 Sport Research and Knowledge Exchange Project added as Level 6 core module. Parts 1 and 3 – interim awards updated, including addition of new 30 credit Certificate in Academic Skills. Part 5 - assessment for Level 5 core module The Sport and Exercise Scientist changed from 100% practical exam to 50% coursework, 50% practical: Foundation Biological Principles Component A changed from written report to practical skills logbook, Component B changed from coursework to written exam (test series); Level 4 core module Principles of Strength and Conditioning changed from practical exam to open material written examination.
<b>Material Alteration: Yes and is accompanied by the relevant course information document.</b>
<b>Rationale:</b>

<b>Revised as part of the Refresh 22 process</b>	
<b>Change requested by: Sarah Lee</b>	
<input type="checkbox"/> I can confirm that student representatives have been consulted about this change <input type="checkbox"/> I can confirm that colleagues impacted by this change have been consulted <input type="checkbox"/> I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Signature:</b> S Lee	<b>Date:</b> 18/01/2022
<b>Name of Head of Department: Sarah Lee</b>	
<input type="checkbox"/> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department	
<b>Signature:</b> S Lee	<b>Date:</b> 18/01/2022
<b>Approval Committee and Date:</b>	Refresh Approval Panel action 2022 03 21
<b>Change approved with effect from:</b>	01 September 2022 (2020 intake onwards)
<b>Resulting new version number:</b>	9.0

<b>Current version number: 8.0</b>	
<b>Outline Change Details:</b>	
Part 6: Assessment Map - Principles of Strength and Conditioning (HSPXM3-15-4) assessment changed from oral assessment (presentation) to practical examination, to reflect the module change.	
<b>Material Alteration: No</b>	
<b>Rationale: to ensure accuracy</b>	
<b>Change requested by: CSP</b>	
N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Approval Committee and Date:</b>	CSP Chair's action 2021 05 19
<b>Change approved with effect from:</b>	01 September 2021
<b>Resulting new version number:</b>	8.1 (2021 intake onwards)

<b>Current version number: 7.6</b>	
<b>Outline Change Details:</b>	
Parts 3 and 6 updated in line with module amendments: HANVG4-15-3 Foundation Skills Development Module code changed from HANV8A-30-3 to HANVG4-15-3 - reduced to 15 credits. Assessment component A changed from written exam to in class test. HANVG3-30-3 Foundation Sports Science Module code changed from HANV8F-15-3 to HANVG3-30-3 - increased to 30 credits. Assessment component B changed from in class test to written examination.  Parts 1 and 3: Foundation interim award updated to Higher Education Foundation Certificate in Academic Skills.	
<b>Material Alteration: Yes</b>	
<b>Rationale:</b>	
Updated to reflect module changes: modules amended in response to students' request for more subject-specific content in the Foundation year second semester. Interim award: after a review of the interim award titles, it was agreed this revised title provided better clarity.	
<b>Change requested by: Thomas Legge</b>	
I can confirm that student representatives have been consulted about this change I can confirm that colleagues impacted by this change have been consulted I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	


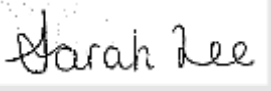
<b>Signature:</b> TJLEGGE		<b>Date:</b> 23/02/2021
<b>Name of Head of Department:</b> Sarah Lee I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department		
<b>Signature:</b> 		<b>Date:</b> 01/03/21
<b>Approval Committee and Date:</b>	CVC Chair's action 2021 04 26	
<b>Change approved with effect from:</b>	01 September 2021	
<b>Resulting new version number:</b>	8.0 (2021 intake onwards)	

<b>Current version number:</b> 7.4	
<b>Outline Change Details:</b> Parts 3 following text deleted from level 5 and level 6 in line with up to date template: Students are normally required to select 15 credits from the optional modules listed below:	
<b>Material Alteration:</b> No	
<b>Rationale:</b> to ensure accuracy	
<b>Approval Committee and Date:</b>	CSP Chair's action 2020 10 01
<b>Change approved with effect from:</b>	01 September 2020
<b>Resulting new version number:</b>	7.6 (2020 intake)

<b>Current version number:</b> 7.3	
<b>Outline Change Details:</b> Part 6: Principles of Strength and Conditioning (HSPXM3-15-4) assessment changed from practical examination to presentation to reflect the module change.	
<b>Material Alteration:</b> No	
<b>Rationale:</b> to ensure accuracy	
<b>Change requested by:</b> CSP N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Signature:</b>	
<b>Date:</b> 10/09/2020	
<b>Approval Committee and Date:</b>	CSP Chair's action 2020 09 10
<b>Change approved with effect from:</b>	01 September 2020
<b>Resulting new version number:</b>	7.4 (intakes 2020+)

<b>Current version number:</b> 7.1	
<b>Outline Change Details:</b> Addition of distinctive module – Advanced Sports Nutrition, in line with current template.  Parts 3, 4, 5 and 6: Module HANVK6-15-5 name changed from Year Work Placement to Integrated Placement Year, in line with module amendment.  Part 6: Assessment for component A of Foundation Biological Principles amended from practical exam to practical skills assessment; Sport Psychology changed from portfolio to written assignment; Introduction to Exercise Physiology changed from written exam to in class test (A1 and A2) and written exam (A3); Introduction to Sport and Exercise Psychology component A changed from written exam to open book exam; Sport Psychology changed from portfolio to written assignment, in line with module amendments.	
<b>Material Alteration:</b> Yes and is accompanied by the relevant course information sheets	
<b>Rationale:</b> to ensure accuracy	
<b>Change requested by:</b> CVC N/A I can confirm that student representatives have been consulted about this change N/A I can confirm that colleagues impacted by this change have been consulted	

N/A I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report	
<b>Signature:</b>	<b>Date:</b> 30/07/2020
<b>Approval Committee and Date:</b>	CVC Chair's action 2020 08 14
<b>Change approved with effect from:</b>	01 September 2020
<b>Resulting new version number:</b>	7.3 (intakes 2020+)

<b>Current version number: 7.0</b>	
<b>Outline Change Details:</b> Assessment for Level 5 optional module Independent Report (HANXRX-15-5) changed from 25% exam and 75% coursework to 100% coursework, in line with amendment to module.	
Interim awards updated in Parts 1 and 3: Higher Education Foundation Certificate added.	
<b>Material Alteration:</b> No	
<b>Rationale:</b> to ensure accuracy	
<input type="checkbox"/> <b>Change requested by: Ben Brilot</b> <input type="checkbox"/> I can confirm that all programme managers have been consulted and support this change <input type="checkbox"/> I can confirm that student representatives have been consulted about this change I have retained evidence of this consultation which has been placed in the Module File  	
<b>Signature:</b>	<b>Date:</b> 28/02/20
<b>Name of Head of Department:</b> <input type="checkbox"/> I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department  	
<b>Signature:</b>	<b>Date:</b> 02/03/2020
<b>Approval Committee and Date:</b>	CVC Chair's action 2020 03 03
<b>Change approved with effect from:</b>	1 September 2020
<b>Resulting new version number:</b>	7.1 (intakes 2019+)

<b>Current version number: 6.0</b>
<b>Outline Change Details and rationale</b> <b>Part 1 "applied" removed from interim award titles</b> <b>Part 2: Educational Aims of the Programme</b> 1. Have taken the below out at the start as it does not add anything "The BSc (Hons) Sport and Exercise Nutrition will apply the science of nutrition to exercise and sport performance. It will examine the effects of diet and dietary components on athletic performance, and how exercise affects the metabolism of nutrients in the body as well as the body's requirements for nutrients" 2. I have changed any Level 1,2 and 3 to 4, 5 and 6.  3. Have taken strength and conditioning out of the below sentence as it is no longer a core module at Level 5 "At Level 5 the curriculum develops to deliver specialist modules in sports nutrition, exercise physiology and health science" 4. Adding in this sentence to highlight the development of new facility since last PCR Students will have access to a bespoke performance nutrition kitchen <b>Part 3: Programme Structure for BSc (Hons) Sport and Exercise Nutrition</b> Year one (Level 4) updated: <b>New Module:</b> The Sport and Exercise Professional 30 credits Principles of Strength and Conditioning (non S and C module) 15 credits

**Taken Out:**

Skill Acquisition 15 credits

Academic Skills for Sport 15 credits

Principles of Strength and Conditioning 15 credits

Year Two (Level 5) amended:

**New Modules in:**

The Sport and Exercise Scientist 30 credits

Ergogenic Practices and Nutritional Manipulation 15 credits

Strength and Conditioning in practice 15 Credits

**Out:**

Applied Strength and Conditioning 30 credits

Undergraduate Research Process 15 credits

Sport Psychology now is an optional module as opposed to compulsory

Year Three (Level 6) amended:

**In**

High Performing Teams 15 credits (optional module)

**Out**

Sport Science for Coaches 15 credits

**Part 4: Learning Outcomes of the Programme****A) Knowledge and understanding of:**

A4 - Changed the word interdisciplinary to multi-disciplinary

A5 – new learning outcome

**(C) Subject/Professional/Practical Skills**

C5 – new learning outcome

**REMOVE learning outcome B6:**

Critically self-reflect upon learning experiences and apply learned experience to guide continual professional development

**Part 5: Student Learning and Student Support****Description of the teaching resources provided for students**

Changed to:

Two all-weather 3G sports pitches, grass pitches, sports halls, human performance laboratory, performance nutrition kitchen and the training facilities (power gym, cardiovascular gym, tennis court) within the institutions Academy of Sport are fully utilised to support the teaching and learning experience.

Students engage in laboratory and performance nutrition kitchen sessions to encourage the contextualisation of learning to real-world sports nutrition practice. Students will use industry standard software within the bespoke Sport and Exercise Nutrition modules.

Students with specific learning requirements will be supported through the HE Learning Support Service which works with the individual student to facilitate them accessing support through government schemes, provides them with study advice to maximise their chances of success and where necessary guides them through applying for alternative means of assessment.

**Description of any distinctive features**

Text added:

*There is an external driver from employers for graduates to have gained appropriate work experience and to have developed relevant skills alongside their studies. To support this, the course has developed a series of sport and exercise nutrition internships and placement opportunities.*

*Student gain first-hand experience of understanding athletes' lifestyle and training demands. Students are equipped for this interaction with athletes through the programme via peer and mentor observations.*

*Hartpury have also introduced additional workshops for all students on the Sport and Exercise Nutrition course who want to gain applied experience. They are delivered through applied practitioner workshops, which cover working in Sport and Exercise Nutrition, interviewing skills, dietary analysis, dietary interpretation and intervention, professional conduct and standards. At Level 5 students also have the opportunity to gain a Level 2 Food Safety and Handling Qualification.*

**Part 6 Assessment Map**

Updated to reflect new modules

**Assessment strategy has been updated with more specific information**



Assessment Matrix revised to reflect module changes detailed in part 3.

**Part 7**

**Re-written to reflect current practice**

Part 8: removed in line with current template

**Material Alteration: Yes and is accompanied by the relevant course information sheets.**

**Rationale:**

**Change requested by: Andrew Dodson**

I can confirm that student representatives have been consulted about this change

I can confirm that colleagues impacted by this change have been consulted

I have retained evidence of these consultations, which will be summarized within the Programme Enhancement Report

**Signature:** Andrew Dobson

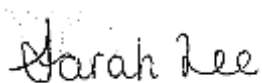


**Date:** 19.1.19

**Name of Head of Department: Sarah Lee**

I confirm that this change does not require additional resources beyond the scope of those already present or planned for by the department

**Signature:**



**Date:** 21.01.19

**Approval Committee and Date:** CVC 2019 02 27

**Change approved with effect from:** 1 September 2019 (for 2019 intake)

**Resulting new version number:** 7.0

**Version 6.0 (2017+)**

**Rationale:** After the successful application for University Title, amendments were required to all specifications.

**Material Alteration: Yes and Course Information Sheet amended appropriately:** Not required

**Outline Change Details:** 1. Part 1: Basic Data requires the Awarding Body to be amended from Hartpury College to Hartpury University. 2. Award Titles amended to replace (SW) with (IP).

**Change requested by:** Academic Registrar

**CVC approval date:** 31 August 2018

**Change approved with effect from:** 01 September 2018

**New version number:** 6.0

**Version 4 (2017+) Periodic Curriculum Review**

**Outline Change Details:** Update of valid to/from dates.

**Rationale:** The Sport Periodic Curriculum Review (PCR) on 2<sup>nd</sup> May 2018 confirmed revalidation of the programme.

**Change requested by:** PCR 02 May 2018

**PCR approval date:** 02 May 2018

**Change approved with effect from:** 01 September 2018

**Version 2**

**Outline Change Details:** Addition of foundation year

**Rationale:** As above.

**Change requested by:**

**CVC approval date:** 01 September 2017

**Change approved with effect from:** 01 September 2017